

RACE ANALYSIS



3000 Metres Steeplechase Men - Final

18 July 2022 19:22 START TIME 26° C 43 %
TEMPERATURE HUMIDITY

1	100 m	2	200 m	3	300 m	4	400 m	5	500 m	6	600 m	7	700 m	8	800 m	9	900 m	10	1000 m
11	1100 m	12	1200 m	13	1300 m	14	1400 m	15	1500 m	16	1600 m	17	1700 m	18	1800 m	19	1900 m	20	2000 m
21	2100 m	22	2200 m	23	2300 m	24	2400 m	25	2500 m	26	2600 m	27	2700 m	28	2800 m	29	2900 m		

1 2126 Soufiane EL BAKKALI										MAR					7 Jan 96		8:25.13		
1	15.81	2	17.11	3	17.86	4	18.74	5	18.10	6	18.63	7	18.98	8	18.62	9	18.12	10	17.17
	15.81 (2)		32.92 (3)		50.78 (4)		1:09.52 (4)		1:27.62 (8)		1:46.25 (9)		2:05.23 (10)		2:23.85 (10)		2:41.97 (10)		2:59.14 (11)
11	16.59	12	16.84	13	17.53	14	16.93	15	18.43	16	17.85	17	17.87	18	17.84	19	17.17	20	17.25
	3:15.73 (8)		3:32.57 (8)		3:50.10 (7)		4:07.03 (7)		4:25.46 (8)		4:43.31 (8)		5:01.18 (7)		5:19.02 (11)		5:36.19 (9)		5:53.44 (12)
21	16.86	22	16.03	23	16.40	24	15.36	25	15.39	26	14.30	27	15.08	28	14.25	29	14.34		13.68
	6:10.30 (12)		6:26.33 (12)		6:42.73 (10)		6:58.09 (9)		7:13.48 (7)		7:27.78 (5)		7:42.86 (5)		7:57.11 (3)		8:11.45 (1)		

2 1798 Lamecha GIRMA										ETH					26 Nov 00		8:26.01		
1	17.18	2	16.95	3	17.87	4	18.47	5	18.02	6	18.34	7	18.97	8	18.60	9	17.63	10	15.98
	17.18 (15)		34.13 (15)		52.00 (15)		1:10.47 (14)		1:28.49 (15)		1:46.83 (14)		2:05.80 (14)		2:24.40 (15)		2:42.03 (11)		2:58.01 (1)
11	16.63	12	17.14	13	17.70	14	17.22	15	18.36	16	17.95	17	18.07	18	17.85	19	17.60	20	17.00
	3:14.64 (1)		3:31.78 (2)		3:49.48 (1)		4:06.70 (1)		4:25.06 (4)		4:43.01 (4)		5:01.08 (6)		5:18.93 (10)		5:36.53 (11)		5:53.53 (13)
21	16.93	22	16.16	23	16.37	24	15.28	25	15.41	26	14.24	27	15.32	28	13.98	29	14.74		14.05
	6:10.46 (12)		6:26.62 (13)		6:42.99 (12)		6:58.27 (11)		7:13.68 (10)		7:27.92 (7)		7:43.24 (6)		7:57.22 (4)		8:11.96 (2)		

3 2090 Coneslus KIPRUTO										KEN					8 Dec 94		8:27.92		
1	15.78	2	17.04	3	17.84	4	18.58	5	17.85	6	18.54	7	18.81	8	18.57	9	18.38	10	16.92
	15.78 (1)		32.82 (2)		50.66 (2)		1:09.24 (3)		1:27.09 (3)		1:45.63 (3)		2:04.44 (3)		2:23.01 (3)		2:41.39 (4)		2:58.31 (5)
11	16.90	12	16.49	13	17.88	14	17.21	15	18.01	16	18.09	17	17.75	18	17.61	19	17.15	20	17.04
	3:15.21 (3)		3:31.70 (1)		3:49.58 (3)		4:06.79 (3)		4:24.80 (1)		4:42.89 (1)		5:00.64 (1)		5:18.25 (1)		5:35.40 (1)		5:52.44 (1)
21	16.95	22	15.97	23	16.22	24	16.04	25	15.46	26	14.58	27	14.97	28	14.05	29	15.43		15.81
	6:09.39 (1)		6:25.36 (3)		6:41.58 (2)		6:57.62 (3)		7:13.08 (4)		7:27.66 (4)		7:42.63 (4)		7:56.68 (2)		8:12.11 (3)		

4 1806 Getnet WALE										ETH					16 Jul 00		8:28.68		
1	16.06	2	17.27	3	17.96	4	18.82	5	17.37	6	18.51	7	18.67	8	18.64	9	18.09	10	17.24
	16.06 (5)		33.33 (7)		51.29 (8)		1:10.11 (10)		1:27.48 (6)		1:45.99 (6)		2:04.66 (6)		2:23.30 (6)		2:41.39 (5)		2:58.63 (7)
11	16.75	12	16.76	13	17.58	14	17.24	15	17.98	16	18.05	17	17.70	18	17.62	19	17.13	20	17.24
	3:15.38 (5)		3:32.14 (4)		3:49.72 (4)		4:06.96 (5)		4:24.94 (3)		4:42.99 (3)		5:00.69 (2)		5:18.31 (2)		5:35.44 (2)		5:52.68 (4)
21	16.75	22	15.87	23	16.18	24	16.04	25	15.37	26	14.42	27	15.13	28	14.23	29	15.87		16.14
	6:09.43 (3)		6:25.30 (1)		6:41.48 (1)		6:57.52 (1)		7:12.89 (2)		7:27.31 (2)		7:42.44 (2)		7:56.67 (1)		8:12.54 (4)		

5 2087 Abraham KIBIWOT										KEN					6 Apr 96		8:28.95		
1	16.24	2	17.10	3	17.89	4	18.48	5	17.84	6	18.62	7	18.72	8	18.81	9	17.85	10	17.46
	16.24 (8)		33.34 (8)		51.23 (7)		1:09.71 (7)		1:27.55 (7)		1:46.17 (8)		2:04.89 (8)		2:23.70 (8)		2:41.55 (7)		2:59.01 (10)
11	16.95	12	16.84	13	17.69	14	16.80	15	17.90	16	17.88	17	17.77	18	17.83	19	17.36	20	17.14
	3:15.96 (10)		3:32.80 (11)		3:50.49 (11)		4:07.29 (9)		4:25.19 (6)		4:43.07 (6)		5:00.84 (4)		5:18.67 (7)		5:36.03 (8)		5:53.17 (9)
21	16.75	22	16.21	23	16.37	24	15.67	25	15.77	26	14.51	27	14.93	28	15.14	29	16.24		14.19
	6:09.92 (10)		6:26.13 (10)		6:42.50 (8)		6:58.17 (10)		7:13.94 (11)		7:28.45 (11)		7:43.38 (8)		7:58.52 (7)		8:14.76 (10)		

6 2388 Evan JAGER										USA					8 Mar 89		8:29.08		
1	16.51	2	16.93	3	17.60	4	18.08	5	17.83	6	18.57	7	18.68	8	18.74	9	18.20	10	17.15
	16.51 (10)		33.44 (10)		51.04 (5)		1:09.12 (2)		1:26.95 (2)		1:45.52 (2)		2:04.20 (2)		2:22.94 (2)		2:41.14 (2)		2:58.29 (4)
11	17.03	12	16.84	13	17.62	14	17.19	15	18.32	16	17.95	17	17.95	18	17.53	19	17.09	20	17.08
	3:15.32 (4)		3:32.16 (5)		3:49.78 (5)		4:06.97 (6)		4:25.29 (7)		4:43.24 (7)		5:01.19 (8)		5:18.72 (8)		5:35.81 (5)		5:52.89 (7)
21	16.85	22	15.93	23	16.38	24	15.94	25	15.63	26	14.69	27	15.39	28	15.10	29	15.67		14.61
	6:09.74 (8)		6:25.67 (7)		6:42.05 (6)		6:57.99 (8)		7:13.62 (9)		7:28.31 (10)		7:43.70 (10)		7:58.80 (10)		8:14.47 (9)		

7 1748 Yemane HAILESELASSIE										ERI					21 Feb 98		8:29.40		
1	16.08	2	17.09	3	18.17	4	18.57	5	17.95	6	18.22	7	18.79	8	18.74	9	18.01	10	17.00
	16.08 (6)		33.17 (6)		51.34 (9)		1:09.91 (8)		1:27.86 (10)		1:46.08 (7)		2:04.87 (7)		2:23.61 (7)		2:41.62 (8)		2:58.62 (6)
11	17.20	12	16.87	13	17.66	14	17.03	15	18.31	16	17.96	17	17.97	18	17.25	19	17.32	20	17.12
	3:15.82 (9)		3:32.69 (10)		3:50.35 (10)		4:07.38 (10)		4:25.69 (11)		4:43.65 (11)		5:01.62 (13)		5:18.87 (9)		5:36.19 (10)		5:53.31 (11)
21	16.61	22	16.04	23	16.55	24	15.10	25	15.00	26	14.41	27	15.16	28	15.95	29	15.81		15.46
	6:09.92 (9)		6:25.96 (9)		6:42.51 (9)		6:57.61 (2)		7:12.61 (1)		7:27.02 (1)		7:42.18 (1)		7:58.13 (5)		8:13.94 (5)		



RACE ANALYSIS
3000 Metres Steeplechase Men - Final

8 2359 Hillary BOR										USA		22 Nov 89		8:29.77					
1	15.97	2	17.03	3	17.74	4	18.78	5	17.70	6	18.48	7	18.79	8	18.62	9	18.15	10	16.95
	15.97 (3)		33.00 (4)		50.74 (3)		1:09.52 (5)		1:27.22 (4)		1:45.70 (4)		2:04.49 (4)		2:23.11 (4)		2:41.26 (3)		2:58.21 (3)
11	16.64	12	17.09	13	17.62	14	17.23	15	18.10	16	18.08	17	17.81	18	17.66	19	17.17	20	17.10
	3:14.85 (2)		3:31.94 (3)		3:49.56 (2)		4:06.79 (2)		4:24.89 (2)		4:42.97 (2)		5:00.78 (3)		5:18.44 (4)		5:35.61 (4)		5:52.71 (5)
21	16.76	22	16.06	23	16.36	24	15.76	25	15.31	26	14.83	27	15.53	28	15.42	29	15.57		15.46
	6:09.47 (4)		6:25.53 (5)		6:41.89 (5)		6:57.65 (4)		7:12.96 (3)		7:27.79 (6)		7:43.32 (7)		7:58.74 (9)		8:14.31 (7)		

9 1755 Daniel ARCE										ESP		22 Apr 92		8:30.05					
1	17.15	2	16.98	3	17.87	4	18.48	5	17.73	6	18.76	7	18.84	8	18.51	9	18.07	10	17.20
	17.15 (14)		34.13 (14)		52.00 (14)		1:10.48 (15)		1:28.21 (14)		1:46.97 (15)		2:05.81 (15)		2:24.32 (14)		2:42.39 (14)		2:59.59 (15)
11	17.06	12	17.03	13	17.50	14	16.89	15	18.10	16	17.52	17	17.82	18	17.55	19	17.64	20	16.06
	3:16.65 (15)		3:33.68 (15)		3:51.18 (15)		4:08.07 (15)		4:26.17 (14)		4:43.69 (12)		5:01.51 (12)		5:19.06 (12)		5:36.70 (13)		5:52.76 (6)
21	16.80	22	16.87	23	16.42	24	15.76	25	15.31	26	14.69	27	15.32	28	14.95	29	15.77		15.82
	6:09.56 (6)		6:25.43 (4)		6:41.85 (4)		6:57.78 (5)		7:13.50 (8)		7:28.19 (8)		7:43.51 (9)		7:58.46 (6)		8:14.23 (6)		

10 1788 Hailemariam AMARE										ETH		22 Feb 97		8:31.54					
1	16.51	2	16.92	3	18.07	4	18.71	5	17.87	6	18.25	7	18.87	8	18.69	9	18.00	10	16.90
	16.51 (9)		33.43 (9)		51.50 (10)		1:10.21 (11)		1:28.08 (11)		1:46.33 (10)		2:05.20 (9)		2:23.89 (11)		2:41.89 (9)		2:58.79 (9)
11	17.26	12	16.62	13	17.45	14	17.03	15	18.34	16	18.02	17	17.77	18	17.27	19	17.34	20	17.04
	3:16.05 (11)		3:32.67 (9)		3:50.12 (8)		4:07.15 (8)		4:25.49 (9)		4:43.51 (9)		5:01.28 (9)		5:18.55 (6)		5:35.89 (7)		5:52.93 (8)
21	16.69	22	15.98	23	16.59	24	15.65	25	15.46	26	14.31	27	14.85	28	16.08	29	15.92		17.08
	6:09.62 (7)		6:25.60 (6)		6:42.19 (7)		6:57.84 (6)		7:13.30 (6)		7:27.61 (3)		7:42.46 (3)		7:58.54 (8)		8:14.46 (8)		

11 1963 Avinash Mukund SABLE										IND		13 Sep 94		8:31.75					
1	16.84	2	17.06	3	17.61	4	18.54	5	17.80	6	18.74	7	18.92	8	18.50	9	18.34	10	17.11
	16.84 (13)		33.90 (13)		51.51 (11)		1:10.05 (9)		1:27.85 (9)		1:46.59 (12)		2:05.51 (12)		2:24.01 (12)		2:42.35 (13)		2:59.46 (14)
11	16.97	12	16.97	13	17.26	14	16.81	15	18.20	16	18.13	17	17.90	18	17.55	19	17.59	20	16.88
	3:16.43 (13)		3:33.40 (14)		3:50.66 (12)		4:07.47 (11)		4:25.67 (10)		4:43.80 (13)		5:01.70 (14)		5:19.25 (14)		5:36.84 (14)		5:53.72 (14)
21	16.92	22	16.21	23	16.49	24	16.20	25	15.32	26	14.74	27	15.27	28	15.13	29	16.03		15.72
	6:10.64 (14)		6:26.85 (14)		6:43.34 (14)		6:59.54 (13)		7:14.86 (12)		7:29.60 (12)		7:44.87 (12)		8:00.00 (12)		8:16.03 (11)		

12 1988 Ahmed ABDELWAHAD										ITA		26 May 96		8:33.43					
1	16.77	2	17.05	3	18.01	4	18.46	5	17.90	6	18.36	7	18.99	8	18.24	9	18.42	10	17.07
	16.77 (12)		33.82 (12)		51.83 (13)		1:10.29 (12)		1:28.19 (13)		1:46.55 (11)		2:05.54 (13)		2:23.78 (9)		2:42.20 (12)		2:59.27 (13)
11	17.17	12	16.90	13	17.68	14	17.02	15	18.20	16	17.80	17	17.77	18	17.62	19	17.74	20	16.60
	3:16.44 (14)		3:33.34 (13)		3:51.02 (14)		4:08.04 (14)		4:26.24 (15)		4:44.04 (15)		5:01.81 (15)		5:19.43 (15)		5:37.17 (15)		5:53.77 (15)
21	16.96	22	16.19	23	16.55	24	15.81	25	16.07	26	15.35	27	15.83	28	15.78	29	16.54		14.58
	6:10.73 (15)		6:26.92 (15)		6:43.47 (15)		6:59.28 (12)		7:15.35 (13)		7:30.70 (13)		7:46.53 (13)		8:02.31 (13)		8:18.85 (13)		

13 1822 Mehdi BELHADJ										FRA		10 Jun 95		8:34.49					
1	15.97	2	17.19	3	17.91	4	18.56	5	17.70	6	18.57	7	18.73	8	18.61	9	18.25	10	17.21
	15.97 (4)		33.16 (5)		51.07 (6)		1:09.63 (6)		1:27.33 (5)		1:45.90 (5)		2:04.63 (5)		2:23.24 (5)		2:41.49 (6)		2:58.70 (8)
11	16.78	12	16.87	13	17.57	14	16.98	15	18.21	16	17.93	17	17.89	18	17.59	19	17.03	20	17.00
	3:15.48 (6)		3:32.35 (6)		3:49.92 (6)		4:06.90 (4)		4:25.11 (5)		4:43.04 (5)		5:00.93 (5)		5:18.52 (5)		5:35.55 (3)		5:52.55 (3)
21	17.00	22	15.76	23	16.40	24	16.26	25	15.28	26	14.94	27	15.80	28	16.01	29	17.09		17.40
	6:09.55 (5)		6:25.31 (2)		6:41.71 (3)		6:57.97 (7)		7:13.25 (5)		7:28.19 (9)		7:43.99 (11)		8:00.00 (11)		8:17.09 (12)		

14 1773 Sebastián MARTOS										ESP		20 Jun 89		8:36.66					
1	16.22	2	16.57	3	17.86	4	18.40	5	17.82	6	18.57	7	18.68	8	18.72	9	18.20	10	17.00
	16.22 (7)		32.79 (1)		50.65 (1)		1:09.05 (1)		1:26.87 (1)		1:45.44 (1)		2:04.12 (1)		2:22.84 (1)		2:41.04 (1)		2:58.04 (2)
11	17.49	12	16.89	13	17.82	14	17.39	15	18.24	16	18.02	17	17.42	18	17.08	19	17.42	20	16.64
	3:15.53 (7)		3:32.42 (7)		3:50.24 (9)		4:07.63 (12)		4:25.87 (12)		4:43.89 (14)		5:01.31 (10)		5:18.39 (3)		5:35.81 (6)		5:52.45 (2)
21	16.94	22	16.36	23	17.15	24	16.69	25	16.47	26	15.63	27	16.56	28	16.97	29	16.62		14.82
	6:09.39 (2)		6:25.75 (8)		6:42.90 (11)		6:59.59 (14)		7:16.06 (14)		7:31.69 (15)		7:48.25 (14)		8:05.22 (14)		8:21.84 (14)		

15 2081 Leonard Kipkemai BETT										KEN		3 Nov 00		8:36.74					
1	16.60	2	17.13	3	18.06	4	18.63	5	17.67	6	18.59	7	18.80	8	18.78	9	18.37	10	16.60
	16.60 (11)		33.73 (11)		51.79 (12)		1:10.42 (13)		1:28.09 (12)		1:46.68 (13)		2:05.48 (11)		2:24.26 (13)		2:42.63 (15)		2:59.23 (12)
11	16.85	12	16.86	13	17.87	14	16.83	15	18.37	16	17.62	17	17.78	18	17.78	19	17.35	20	16.76
	3:16.08 (12)		3:32.94 (12)		3:50.81 (13)		4:07.64 (13)		4:26.01 (13)		4:43.63 (10)		5:01.41 (11)		5:19.19 (13)		5:36.54 (12)		5:53.30 (10)
21	16.86	22	16.13	23	16.89	24	17.53	25	15.89	26	15.07	27	17.24	28	16.82	29	16.64		14.37
	6:10.16 (11)		6:26.29 (11)		6:43.18 (13)		7:00.71 (15)		7:16.60 (15)		7:31.67 (14)		7:48.91 (15)		8:05.73 (15)		8:22.37 (15)		

