

RACE ANALYSIS



3000 Metres Steeplechase Men - Round 1

First 3 of each heat (Q) plus 6 fastest times (q) qualify to Final

Heat 3 3

15 July 2022 17:42 START TIME 28° C TEMPERATURE 35 % HUMIDITY

1	100 m	2	200 m	3	300 m	4	400 m	5	500 m	6	600 m	7	700 m	8	800 m	9	900 m	10	1000 m
11	1100 m	12	1200 m	13	1300 m	14	1400 m	15	1500 m	16	1600 m	17	1700 m	18	1800 m	19	1900 m	20	2000 m
21	2100 m	22	2200 m	23	2300 m	24	2400 m	25	2500 m	26	2600 m	27	2700 m	28	2800 m	29	2900 m		

1 1788 Hailemariyam AMARE

ETH 22 Feb 97 **8:18.34**

1	17.12	2	16.79	3	17.27	4	17.43	5	16.78	6	17.11	7	17.51	8	17.29	9	17.40	10	17.20
	17.12 (8)		33.91 (11)		51.18 (12)		1:08.61 (11)		1:25.39 (12)		1:42.50 (12)		2:00.01 (13)		2:17.30 (10)		2:34.70 (13)		2:51.90 (13)
11	17.23	12	17.16	13	17.15	14	17.00	15	17.31	16	16.96	17	16.64	18	16.38	19	16.82	20	15.85
	3:09.13 (13)		3:26.29 (13)		3:43.44 (11)		4:00.44 (12)		4:17.75 (11)		4:34.71 (11)		4:51.35 (8)		5:07.73 (7)		5:24.55 (7)		5:40.40 (4)
21	15.97	22	15.85	23	16.56	24	15.86	25	15.73	26	15.44	27	15.98	28	15.46	29	15.63		15.46
	5:56.37 (4)		6:12.22 (3)		6:28.78 (2)		6:44.64 (3)		7:00.37 (2)		7:15.81 (1)		7:31.79 (2)		7:47.25 (1)		8:02.88 (1)		

2 2388 Evan JAGER

USA 8 Mar 89 **8:18.44**

1	16.67	2	16.45	3	16.85	4	16.82	5	17.05	6	17.55	7	17.12	8	17.22	9	17.48	10	17.26
	16.67 (2)		33.12 (2)		49.97 (2)		1:06.79 (2)		1:23.84 (2)		1:41.39 (2)		1:58.51 (2)		2:15.73 (2)		2:33.21 (2)		2:50.47 (2)
11	17.23	12	17.23	13	17.50	14	16.86	15	17.08	16	17.39	17	16.48	18	16.82	19	16.44	20	16.29
	3:07.70 (2)		3:24.93 (2)		3:42.43 (2)		3:59.29 (2)		4:16.37 (2)		4:33.76 (1)		4:50.24 (1)		5:07.06 (1)		5:23.50 (1)		5:39.79 (1)
21	16.08	22	16.15	23	16.40	24	15.91	25	15.79	26	15.71	27	15.95	28	15.56	29	15.55		15.55
	5:55.87 (1)		6:12.02 (1)		6:28.42 (1)		6:44.33 (1)		7:00.12 (1)		7:15.83 (5)		7:31.78 (1)		7:47.34 (2)		8:02.89 (2)		

3 1963 Avinash Mukund SABLE

IND 13 Sep 94 **8:18.75**

1	16.30	2	16.67	3	16.75	4	16.90	5	17.14	6	17.55	7	17.08	8	17.20	9	17.55	10	17.19
	16.30 (1)		32.97 (1)		49.72 (1)		1:06.62 (1)		1:23.76 (1)		1:41.31 (1)		1:58.39 (1)		2:15.59 (1)		2:33.14 (1)		2:50.33 (1)
11	17.11	12	17.44	13	17.47	14	16.86	15	17.12	16	17.86	17	16.92	18	16.20	19	16.99	20	16.39
	3:07.44 (1)		3:24.88 (1)		3:42.35 (1)		3:59.21 (1)		4:16.33 (1)		4:34.19 (4)		4:51.11 (6)		5:07.31 (4)		5:24.30 (5)		5:40.69 (5)
21	16.11	22	15.54	23	17.20	24	15.60	25	16.02	26	15.43	27	15.87	28	15.40	29	16.09		14.80
	5:56.80 (6)		6:12.34 (6)		6:29.54 (6)		6:45.14 (6)		7:01.16 (6)		7:16.59 (8)		7:32.46 (6)		7:47.86 (5)		8:03.95 (3)		

4 1748 Yemane HAILESELASSIE

ERI 21 Feb 98 **8:18.75 SB**

1	17.12	2	16.76	3	17.27	4	17.72	5	17.14	6	16.02	7	17.43	8	17.39	9	17.02	10	17.15
	17.12 (9)		33.88 (9)		51.15 (11)		1:08.87 (13)		1:26.01 (13)		1:42.03 (7)		1:59.46 (8)		2:16.85 (7)		2:33.87 (8)		2:51.02 (7)
11	17.23	12	17.31	13	17.57	14	16.69	15	17.27	16	17.11	17	16.48	18	16.77	19	16.79	20	16.07
	3:08.25 (6)		3:25.56 (7)		3:43.13 (8)		3:59.82 (8)		4:17.09 (7)		4:34.20 (5)		4:50.68 (3)		5:07.45 (5)		5:24.24 (4)		5:40.31 (3)
21	15.94	22	16.09	23	16.75	24	15.54	25	15.83	26	15.36	27	16.41	28	15.23	29	16.76		14.53
	5:56.25 (3)		6:12.34 (7)		6:29.09 (5)		6:44.63 (2)		7:00.46 (3)		7:15.82 (3)		7:32.23 (4)		7:47.46 (4)		8:04.22 (4)		

5 1755 Daniel ARCE

ESP 22 Apr 92 **8:21.06**

1	17.31	2	16.58	3	17.20	4	16.84	5	16.62	6	17.26	7	17.22	8	17.21	9	17.39	10	17.37
	17.31 (11)		33.89 (10)		51.09 (10)		1:07.93 (6)		1:24.55 (5)		1:41.81 (5)		1:59.03 (4)		2:16.24 (4)		2:33.63 (6)		2:51.00 (6)
11	17.11	12	17.28	13	17.37	14	17.08	15	16.98	16	17.45	17	16.61	18	16.22	19	16.73	20	16.25
	3:08.11 (5)		3:25.39 (5)		3:42.76 (5)		3:59.84 (9)		4:16.82 (5)		4:34.27 (6)		4:50.88 (4)		5:07.10 (2)		5:23.83 (2)		5:40.08 (2)
21	15.88	22	16.26	23	16.85	24	15.74	25	15.79	26	15.22	27	16.53	28	16.19	29	16.54		15.98
	5:55.96 (2)		6:12.22 (5)		6:29.07 (4)		6:44.81 (4)		7:00.60 (4)		7:15.82 (3)		7:32.35 (5)		7:48.54 (6)		8:05.08 (5)		

6 2325 Mohamed Amin JHINAUI

TUN 2 Apr 97 **8:22.00**

1	16.67	2	16.77	3	17.11	4	17.18	5	16.65	6	17.43	7	17.29	8	17.18	9	17.20	10	17.37
	16.67 (2)		33.44 (4)		50.55 (5)		1:07.73 (4)		1:24.38 (4)		1:41.81 (4)		1:59.10 (5)		2:16.28 (5)		2:33.48 (5)		2:50.85 (5)
11	17.11	12	17.32	13	17.32	14	17.02	15	17.05	16	17.38	17	16.95	18	16.52	19	16.90	20	16.41
	3:07.96 (3)		3:25.28 (4)		3:42.60 (4)		3:59.62 (5)		4:16.67 (3)		4:34.05 (3)		4:51.00 (5)		5:07.52 (6)		5:24.42 (6)		5:40.83 (7)
21	16.03	22	16.17	23	16.78	24	16.05	25	16.32	26	13.65	27	19.31	28	16.03	29	15.82		15.01
	5:56.86 (7)		6:13.03 (9)		6:29.81 (7)		6:45.86 (7)		7:02.18 (7)		7:15.83 (5)		7:35.14 (8)		7:51.17 (7)		8:06.99 (7)		

7 2088 Benjamin KIGEN

KEN 5 Jul 93 **8:22.52**

1	16.89	2	16.54	3	16.96	4	17.01	5	16.80	6	17.54	7	17.19	8	17.26	9	17.20	10	17.33
	16.89 (7)		33.43 (3)		50.39 (4)		1:07.40 (3)		1:24.20 (3)		1:41.74 (3)		1:58.93 (3)		2:16.19 (3)		2:33.39 (3)		2:50.72 (3)
11	17.27	12	17.13	13	17.46	14	16.96	15	17.17	16	17.17	17	16.62	18	16.70	19	16.74	20	16.79
	3:07.99 (4)		3:25.12 (3)		3:42.58 (3)		3:59.54 (4)		4:16.71 (4)		4:33.88 (2)		4:50.50 (2)		5:07.20 (3)		5:23.94 (3)		5:40.73 (6)
21	15.94	22	15.35	23	17.04	24	16.02	25	15.67	26	15.08	27	16.39	28	15.15	29	17.72		17.43
	5:56.67 (5)		6:12.02 (1)		6:29.06 (3)		6:45.08 (5)		7:00.75 (5)		7:15.83 (5)		7:32.22 (3)		7:47.37 (3)		8:05.09 (6)		



RACE ANALYSIS
3000 Metres Steeplechase Men - Round 1

8 1896 Karl BEBENDORF											GER	7 May 96	8:25.73 ^{SB}						
1	16.77	2	16.99	3	17.11	4	17.17	5	16.73	6	17.40	7	17.61	8	17.62	9	16.73	10	17.13
	16.77 (5)		33.76 (7)		50.87 (8)		1:08.04 (8)		1:24.77 (7)		1:42.17 (8)		1:59.78 (11)		2:17.40 (12)		2:34.13 (10)		2:51.26 (9)
11	17.43	12	17.12	13	17.37	14	16.96	15	17.24	16	17.20	17	17.35	18	16.65	19	16.33	20	16.28
	3:08.69 (9)		3:25.81 (9)		3:43.18 (9)		4:00.14 (10)		4:17.38 (9)		4:34.58 (9)		4:51.93 (12)		5:08.58 (11)		5:24.91 (9)		5:41.19 (8)
21	15.84	22	16.36	23	16.69	24	16.09	25	16.12	26	15.93	27	16.51	28	16.83	29	17.02		17.15
	5:57.03 (8)		6:13.39 (10)		6:30.08 (8)		6:46.17 (8)		7:02.29 (8)		7:18.22 (9)		7:34.73 (7)		7:51.56 (8)		8:08.58 (8)		

9 2185 Jacob BOUTERA											NOR	29 Apr 96	8:31.47						
1	16.87	2	16.74	3	17.16	4	17.03	5	16.89	6	17.27	7	17.40	8	17.56	9	16.47	10	17.33
	16.87 (6)		33.61 (6)		50.77 (7)		1:07.80 (5)		1:24.69 (6)		1:41.96 (6)		1:59.36 (7)		2:16.92 (8)		2:33.39 (3)		2:50.72 (3)
11	17.78	12	17.21	13	17.33	14	16.75	15	17.46	16	17.34	17	17.15	18	16.43	19	16.78	20	16.54
	3:08.50 (8)		3:25.71 (8)		3:43.04 (7)		3:59.79 (6)		4:17.25 (8)		4:34.59 (10)		4:51.74 (10)		5:08.17 (9)		5:24.95 (10)		5:41.49 (9)
21	16.15	22	14.87	23	18.23	24	16.50	25	16.43	26	17.24	27	17.80	28	17.86	29	17.74		17.16
	5:57.64 (9)		6:12.51 (8)		6:30.74 (9)		6:47.24 (9)		7:03.67 (10)		7:20.91 (10)		7:38.71 (9)		7:56.57 (9)		8:14.31 (9)		

10 2299 Vidar JOHANSSON											SWE	8 Oct 96	8:33.51						
1	17.45	2	16.62	3	17.27	4	17.30	5	16.61	6	17.29	7	17.35	8	17.56	9	16.99	10	17.33
	17.45 (12)		34.07 (12)		51.34 (13)		1:08.64 (12)		1:25.25 (11)		1:42.54 (13)		1:59.89 (12)		2:17.45 (13)		2:34.44 (12)		2:51.77 (12)
11	17.34	12	16.95	13	17.53	14	17.13	15	17.43	16	16.90	17	16.75	18	16.88	19	17.16	20	17.00
	3:09.11 (12)		3:26.06 (12)		3:43.59 (13)		4:00.72 (13)		4:18.15 (13)		4:35.05 (13)		4:51.80 (11)		5:08.68 (12)		5:25.84 (12)		5:42.84 (12)
21	17.02	22	17.12	23	17.21	24	17.15	25	16.92	26	16.99	27	17.31	28	17.42	29	16.97		16.56
	5:59.86 (12)		6:16.98 (12)		6:34.19 (11)		6:51.34 (11)		7:08.26 (12)		7:25.25 (11)		7:42.56 (10)		7:59.98 (10)		8:16.95 (10)		

11 2047 Ryoma AOKI											JPN	16 Jun 97	8:33.89						
1	17.23	2	16.55	3	17.20	4	17.36	5	16.77	6	17.28	7	17.28	8	17.44	9	16.94	10	17.35
	17.23 (10)		33.78 (8)		50.98 (9)		1:08.34 (9)		1:25.11 (10)		1:42.39 (11)		1:59.67 (9)		2:17.11 (9)		2:34.05 (9)		2:51.40 (10)
11	17.30	12	17.34	13	17.28	14	17.05	15	17.18	16	16.95	17	16.99	18	16.86	19	17.10	20	16.74
	3:08.70 (10)		3:26.04 (11)		3:43.32 (10)		4:00.37 (11)		4:17.55 (10)		4:34.50 (8)		4:51.49 (9)		5:08.35 (10)		5:25.45 (11)		5:42.19 (11)
21	16.41	22	17.07	23	17.57	24	17.12	25	17.80	26	17.48	27	17.53	28	18.12	29	17.04		15.56
	5:58.60 (10)		6:15.67 (11)		6:33.24 (10)		6:50.36 (10)		7:08.16 (11)		7:25.64 (12)		7:43.17 (11)		8:01.29 (11)		8:18.33 (11)		

12 1641 Jean-Simon DESGAGNÉS											CAN	26 Jul 98	8:40.90						
1	16.72	2	16.85	3	17.16	4	17.26	5	17.03	6	17.19	7	17.54	8	17.61	9	16.97	10	17.08
	16.72 (4)		33.57 (5)		50.73 (6)		1:07.99 (7)		1:25.02 (9)		1:42.21 (9)		1:59.75 (10)		2:17.36 (11)		2:34.33 (11)		2:51.41 (11)
11	17.55	12	16.99	13	17.49	14	15.85	15	18.56	16	17.02	17	17.70	18	17.04	19	17.11	20	17.28
	3:08.96 (11)		3:25.95 (10)		3:43.44 (11)		3:59.29 (2)		4:17.85 (12)		4:34.87 (12)		4:52.57 (13)		5:09.61 (13)		5:26.72 (13)		5:44.00 (13)
21	17.55	22	10.67	23	25.00	24	17.83	25	18.09	26	2.67	27	33.55	28	18.39	29	17.28		15.87
	6:01.55 (14)		6:12.22 (3)		6:37.22 (13)		6:55.05 (13)		7:13.14 (14)		7:15.81 (1)		7:49.36 (12)		8:07.75 (12)		8:25.03 (12)		

13 1819 Topi RAITANEN											FIN	7 Feb 96	8:43.01						
1	17.81	2	16.70	3	17.29	4	17.37	5	17.23	6	16.64	7	17.46	8	17.40	9	17.20	10	17.32
	17.81 (14)		34.51 (14)		51.80 (14)		1:09.17 (14)		1:26.40 (14)		1:43.04 (14)		2:00.50 (14)		2:17.90 (14)		2:35.10 (14)		2:52.42 (14)
11	17.19	12	17.12	13	17.30	14	17.21	15	17.27	16	17.10	17	17.30	18	16.97	19	17.26	20	17.21
	3:09.61 (14)		3:26.73 (14)		3:44.03 (14)		4:01.24 (14)		4:18.51 (14)		4:35.61 (14)		4:52.91 (14)		5:09.88 (14)		5:27.14 (14)		5:44.35 (14)
21	17.10	22	17.69	23	17.68	24	17.88	25	18.32	26	18.14	27	18.68	28	18.26	29	18.05		16.86
	6:01.45 (13)		6:19.14 (13)		6:36.82 (12)		6:54.70 (12)		7:13.02 (13)		7:31.16 (13)		7:49.84 (13)		8:08.10 (13)		8:26.15 (13)		

2134 Mohamed TINDOUFF											MAR	12 Mar 93	DNF						
1	17.74	2	16.45	3	15.78	4	18.39	5	16.41	6	17.59	7	16.88	8	17.55	9	17.00	10	17.28
	17.74 (13)		34.19 (13)		49.97 (2)		1:08.36 (10)		1:24.77 (7)		1:42.36 (10)		1:59.24 (6)		2:16.79 (6)		2:33.79 (7)		2:51.07 (8)
11	17.19	12	17.25	13	17.42	14	16.86	15	17.18	16	17.45	17	16.88	18	16.61	19	16.83	20	16.88
	3:08.26 (7)		3:25.51 (6)		3:42.93 (6)		3:59.79 (6)		4:16.97 (6)		4:34.42 (7)		4:51.30 (7)		5:07.91 (8)		5:24.74 (8)		5:41.62 (10)
21	17.36	22	1:00.63	25															
	5:58.98 (11)		6:59.61 (14)		7:02.29 (8)														