



**RACE ANALYSIS**  
**5000 Metres Women - Round 1**

6 Fantu WORKU										ETH 29 Mar 99										15:02.74																																																																																																			
1	18.90	2	20.13	3	19.62	4	19.69	5	19.66	6	18.61	7	19.78	8	18.79	9	18.77	10	18.56	11	18.68	12	17.61	13	19.15	14	18.63	15	18.30	16	19.55	17	17.75	18	17.84	19	18.12	20	17.99	21	17.87	22	18.21	23	19.30	24	19.34	25	19.55	26	18.89	27	19.35	28	18.75	29	19.29	30	18.64	31	19.26	32	18.06	33	17.48	34	16.84	35	17.21	36	17.68	37	18.01	38	17.12	39	16.64	40	16.65	41	16.73	42	16.44	43	16.88	44	16.59	45	16.73	46	16.05	47	15.75	48	15.72	49	15.46			12:37.00 (5)	12:53.44 (3)	13:10.32 (5)	13:26.91 (5)	13:43.64 (5)	13:59.69 (3)	14:15.44 (3)	14:31.16 (4)	14:46.62 (3)											

7 Anna Emilie MØLLER										DEN 28 Jul 97										15:11.76																																																																																																			
1	19.09	2	19.54	3	19.77	4	20.07	5	19.52	6	18.68	7	19.46	8	19.14	9	19.05	10	18.49	11	18.70	12	17.73	13	19.43	14	18.37	15	18.31	16	19.57	17	18.60	18	17.64	19	18.27	20	17.81	21	17.87	22	17.66	23	19.29	24	19.16	25	19.62	26	18.60	27	19.27	28	19.02	29	18.83	30	18.48	31	19.36	32	18.46	33	17.53	34	16.97	35	16.99	36	17.62	37	17.89	38	17.17	39	16.94	40	16.64	41	16.77	42	16.63	43	16.81	44	16.79	45	17.03	46	17.04	47	17.19	48	17.66	49	17.93			12:37.38 (7)	12:54.01 (7)	13:10.82 (7)	13:27.61 (7)	13:44.64 (7)	14:01.68 (7)	14:18.87 (7)	14:36.53 (7)	14:54.46 (7)											

8 Rachel SCHNEIDER										USA 18 Jul 91										15:30.00																																																																																																			
1	18.95	2	20.17	3	19.79	4	19.64	5	19.58	6	18.40	7	19.45	8	19.14	9	18.96	10	18.58	11	18.37	12	18.34	13	19.12	14	18.60	15	18.45	16	19.33	17	18.34	18	17.84	19	18.07	20	18.03	21	17.74	22	17.89	23	19.29	24	19.31	25	19.47	26	18.94	27	19.19	28	18.99	29	18.71	30	18.22	31	19.26	32	19.03	33	17.45	34	16.90	35	16.98	36	17.64	37	17.96	38	17.14	39	17.13	40	17.61	41	18.03	42	18.37	43	18.62	44	18.88	45	19.07	46	18.98	47	19.09	48	19.01	49	19.11			12:40.03 (8)	12:58.40 (8)	13:17.02 (8)	13:35.90 (8)	13:54.97 (8)	14:13.95 (8)	14:33.04 (8)	14:52.05 (8)	15:11.16 (8)											

9 Melissa DUNCAN										AUS 30 Jan 90										15:37.37																																																																																																			
1	18.53	2	20.24	3	19.85	4	19.66	5	19.65	6	18.39	7	19.07	8	19.18	9	18.99	10	18.59	11	18.62	12	18.35	13	19.07	14	18.62	15	18.48	16	19.41	17	18.17	18	17.94	19	18.07	20	18.00	21	17.74	22	17.97	23	19.18	24	19.35	25	19.50	26	18.89	27	19.32	28	18.72	29	19.13	30	18.56	31	19.09	32	18.88	33	17.23	34	17.14	35	17.20	36	17.62	37	17.97	38	18.16	39	18.51	40	18.86	41	19.36	42	19.04	43	19.65	44	19.50	45	19.70	46	19.66	47	19.53	48	18.77	49	18.70			12:45.26 (9)	13:04.30 (9)	13:23.95 (9)	13:43.45 (9)	14:03.15 (9)	14:22.81 (9)	14:42.34 (9)	15:01.11 (9)	15:19.81 (9)											

10 Rachel CLIFF										CAN 1 Apr 88										15:41.27																																																																																																			
1	18.77	2	20.19	3	19.91	4	19.92	5	19.55	6	18.56	7	19.27	8	19.20	9	18.79	10	18.69	11	18.53	12	18.25	13	19.07	14	18.61	15	18.48	16	19.21	17	18.47	18	17.92	19	18.11	20	17.94	21	18.04	22	17.72	23	19.21	24	19.16	25	19.41	26	19.01	27	19.23	28	18.84	29	18.91	30	18.46	31	19.33	32	18.76	33	18.28	34	17.64	35	18.35	36	18.59	37	18.82	38	18.79	39	18.89	40	18.45	41	19.10	42	19.26	43	19.16	44	19.04	45	19.16	46	19.16	47	18.94	48	18.80	49	19.02			12:50.43 (10)	13:09.69 (10)	13:28.85 (10)	13:47.89 (10)	14:07.05 (10)	14:26.21 (10)	14:45.15 (10)	15:03.95 (10)	15:22.97 (10)											



**RACE ANALYSIS**  
**5000 Metres Women - Round 1**

**11 Jessica JUDD GBR 7 Jan 95 15:51.48**

1	18.48	2	19.94	3	19.74	4	19.75	5	19.52	6	18.69	7	19.06	8	19.12	9	19.05	10	18.54
	18.48 (2)	<b>38.42</b> (1)	<b>58.16</b> (1)	<b>1:17.91</b> (1)	<b>1:37.43</b> (1)	1:56.12 (3)	<b>2:15.18</b> (1)	<b>2:34.30</b> (1)	<b>2:53.35</b> (1)	<b>3:11.89</b> (1)									
11	18.85	12	18.59	13	19.72	14	18.47	15	18.62	16	18.47	17	18.65	18	18.16	19	18.24	20	17.82
	3:30.74 (3)	3:49.33 (10)	4:09.05 (13)	4:27.52 (13)	4:46.14 (13)	5:04.61 (6)	5:23.26 (9)	5:41.42 (13)	5:59.66 (13)	6:17.48 (13)									
21	17.93	22	17.57	23	19.25	24	18.93	25	19.55	26	18.29	27	19.17	28	18.76	29	19.17	30	18.66
	6:35.41 (12)	6:52.98 (12)	7:12.23 (11)	7:31.16 (8)	7:50.71 (8)	<b>8:09.00</b> (1)	8:28.17 (2)	8:46.93 (2)	9:06.10 (2)	9:24.76 (4)									
31	19.21	32	19.10	33	18.02	34	18.12	35	18.36	36	18.59	37	18.81	38	18.87	39	19.24	40	19.29
	9:43.97 (5)	10:03.07 (7)	10:21.09 (10)	10:39.21 (10)	10:57.57 (10)	11:16.16 (10)	11:34.97 (10)	11:53.84 (10)	12:13.08 (11)	12:32.37 (11)									
41	19.47	42	19.70	43	20.05	44	20.05	45	20.15	46	19.93	47	20.00	48	20.16	49	20.06		
	12:51.84 (11)	13:11.54 (11)	13:31.59 (11)	13:51.64 (11)	14:11.79 (11)	14:31.72 (11)	14:51.72 (11)	15:11.88 (11)	15:31.94 (11)										

**12 Valeriya ZHANDAROVA GEO 17 Mar 94 15:52.11**

1	19.53	2	20.06	3	19.91	4	19.35	5	19.49	6	18.18	7	19.27	8	19.56	9	19.29	10	18.32
	19.53 (14)	39.59 (14)	59.50 (14)	1:18.85 (12)	1:38.34 (13)	1:56.52 (7)	2:15.79 (6)	2:35.35 (12)	2:54.64 (14)	3:12.96 (13)									
11	18.45	12	18.40	13	19.45	14	18.41	15	18.80	16	18.70	17	18.81	18	18.13	19	18.33	20	18.17
	3:31.41 (12)	3:49.81 (14)	4:09.26 (14)	4:27.67 (14)	4:46.47 (14)	5:05.17 (14)	5:23.98 (14)	5:42.11 (14)	6:00.44 (14)	6:18.61 (14)									
21	18.87	22	18.72	23	19.02	24	18.85	25	19.13	26	18.90	27	19.15	28	19.00	29	19.28	30	19.11
	6:37.48 (14)	6:56.20 (14)	7:15.22 (14)	7:34.07 (14)	7:53.20 (14)	8:12.10 (14)	8:31.25 (14)	8:50.25 (14)	9:09.53 (14)	9:28.64 (14)									
31	19.38	32	19.36	33	19.44	34	19.11	35	19.61	36	19.66	37	19.64	38	19.49	39	19.69	40	19.54
	9:48.02 (14)	10:07.38 (14)	10:26.82 (14)	10:45.93 (14)	11:05.54 (14)	11:25.20 (14)	11:44.84 (14)	12:04.33 (14)	12:24.02 (14)	12:43.56 (14)									
41	19.73	42	19.52	43	19.99	44	19.46	45	19.29	46	18.65	47	19.00	48	18.49	49	17.99		
	13:03.29 (14)	13:22.81 (13)	13:42.80 (13)	14:02.26 (13)	14:21.55 (13)	14:40.20 (13)	14:59.20 (13)	15:17.69 (13)	15:35.68 (13)										

**13 Tomoka KIMURA JPN 12 Nov 94 15:53.08**

1	19.24	2	20.07	3	19.80	4	19.68	5	19.18	6	18.20	7	19.65	8	19.01	9	18.94	10	18.50
	19.24 (13)	39.31 (13)	59.11 (12)	1:18.79 (11)	1:37.97 (6)	1:56.17 (4)	2:15.82 (7)	2:34.83 (5)	2:53.77 (4)	3:12.27 (5)									
11	18.89	12	18.26	13	19.37	14	18.48	15	18.44	16	19.21	17	18.69	18	17.59	19	18.12	20	17.98
	3:31.16 (8)	3:49.42 (12)	4:08.79 (12)	4:27.27 (11)	4:45.71 (10)	5:04.92 (12)	5:23.61 (13)	5:41.20 (11)	5:59.32 (10)	6:17.30 (11)									
21	17.94	22	17.72	23	19.29	24	19.17	25	19.53	26	18.78	27	19.31	28	18.71	29	19.13	30	18.59
	6:35.24 (11)	6:52.96 (11)	7:12.25 (12)	7:31.42 (12)	7:50.95 (12)	8:09.73 (11)	8:29.04 (12)	8:47.75 (11)	9:06.88 (11)	9:25.47 (13)									
31	19.20	32	18.83	33	18.06	34	18.85	35	19.19	36	19.98	37	20.01	38	19.67	39	19.85	40	20.22
	9:44.67 (12)	10:03.50 (12)	10:21.56 (11)	10:40.41 (12)	10:59.60 (12)	11:19.58 (12)	11:39.59 (12)	11:59.26 (12)	12:19.11 (12)	12:39.33 (12)									
41	19.41	42	19.38	43	19.61	44	19.95	45	19.62	46	19.39	47	19.47	48	19.41	49	18.70		
	12:58.74 (12)	13:18.12 (12)	13:37.73 (12)	13:57.68 (12)	14:17.30 (12)	14:36.69 (12)	14:56.16 (12)	15:15.57 (12)	15:34.27 (12)										

**Tigist GASHAW BRN 25 Dec 96 DNF**

1	18.40	2	20.20	3	19.77	4	19.78	5	19.53	6	18.18	7	19.50	8	19.17	9	19.07	10	18.54
	<b>18.40</b> (1)	38.60 (2)	58.37 (3)	1:18.15 (3)	1:37.68 (3)	<b>1:55.86</b> (1)	2:15.36 (2)	2:34.53 (2)	2:53.60 (3)	3:12.14 (3)									
11	18.22	12	18.40	13	19.13	14	18.61	15	18.16	16	19.64	17	18.28	18	17.92	19	18.06	20	18.04
	3:30.36 (2)	3:48.76 (2)	4:07.89 (2)	4:26.50 (2)	4:44.66 (2)	5:04.30 (2)	5:22.58 (3)	5:40.50 (4)	5:58.56 (3)	6:16.60 (3)									
21	17.95	22	17.86	23	19.51	24	19.27	25	19.55	26	18.47	27	19.43	28	18.89	29	19.35	30	18.33
	6:34.55 (4)	6:52.41 (5)	7:11.92 (8)	7:31.19 (9)	7:50.74 (9)	8:09.21 (4)	8:28.64 (7)	8:47.53 (8)	9:06.88 (12)	9:25.21 (9)									
31	19.36	32	18.90	33	18.74	34	18.62	35	19.39	36	19.75	37	20.23	38	19.50	39	19.73	40	20.44
	9:44.57 (10)	10:03.47 (11)	10:22.21 (13)	10:40.83 (13)	11:00.22 (13)	11:19.97 (13)	11:40.20 (13)	11:59.70 (13)	12:19.43 (13)	12:39.87 (13)									
41	20.58																		
	13:00.45 (13)																		

