

Rule 30.1.1 of the Technical Rules
(amendments in red/ bold font)

30. (Rule 185) Long Jump

Competition

30.1 An athlete fails if:

30.1.1 they while taking off, break the vertical plane of the take-off line with any part of their foot / shoe, whether running up without jumping or in the act of jumping;
or

[Rule 30.1.1 amended in June 2019 and in force from 1 November **2021**. For the current edition of rule please refer to Competition Rule 185.1.]

2018-2019 Competition Rules

Rule 185.1(a)

Rule 185 Long Jump

Competition

1. *An athlete fails if:*

(a) he while taking off, touches the ground (including any part of the plasticine board) beyond the take-off line with any part of his body, whether running up without jumping or in the act of jumping; or