



IAAF COMPETITION RULES 2018-2019

Amendments to Technical Rules

Rule 230.7(c)

(Approved by the IAAF Council on 5 March 2018, with immediate effect – amendments in bold)

...

Disqualification

7. ...

- (c) A Pit Lane shall be used for any race where the applicable regulations for the competition so provide and may be used for other races as determined by the relevant governing body or Organisers. In such cases, an athlete will be required to enter the Pit Lane and remain there for the applicable period once they have received three Red Cards and are so advised by the Chief Judge or someone delegated by him.

The applicable period in the Pit Lane shall be as follows:

Races up to and including	Time
5000m/5km	0.5min
10,000m/10km	1min
20,000m/20km	2min
30,000m/30km	3min
40,000m/40km	4min
50,000m/50km	5min

An athlete who fails to enter the Pit Lane when required to do so, or remain there for the applicable period, shall be disqualified by the Chief Judge. **If an athlete receives a third Red Card and it is no longer practicable to direct him to enter the Pit Lane before the end of the race, the Referee shall add the time he would have been required to spend in the Pit Lane to his finishing time and adjust the finishing order as may be necessary.** If, at any time, the athlete receives an additional Red Card from a Judge other than one of the three who had previously sent a Red Card, he shall be disqualified.

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