

Endurance Medicine Conference //

World Championships
Oregon 22



THE WORLD ATHLETICS HEALTH AND SCIENCE DEPARTMENT INVITES YOU TO THE ENDURANCE RACE MEDICINE CONFERENCE //



156 Straub Hall, University of Oregon, Eugene



Tuesday July the 19th 2022, starting at 8:30am

This conference is intended for physicians, coaches, physical therapists, sport scientists and other health care providers who have an interest in endurance performance and quality medical care at endurance events.

OUTLINE //

We will discuss four main aspects of endurance world races:



Evolution of running and injury risk



Physiological determinants in endurance performance



Medical care organisation at international mass running events



Prevention and treatment of heat-related illnesses

Speakers will present the supporting scientific evidence on which practical strategies are implemented and allow for a safe competition.



LEARNING OUTCOMES //

During the conference participants will improve their knowledge on how to organise medical care for endurance athletes participating in mass participation running events.

Discover how to prevent/ treat heat related illnesses and injuries occurring during endurance events.

PROGRAMME //

TUESDAY 19 JULY 2022

8:30-8:40 //	Introduction (Stéphane Bermon, MD, PhD)
8:40-9:30 //	40 Years of Endurance Race Medicine (Chris Trojanos, ATC and William O. Roberts, MD, MS)
9:30-9:40 //	Q&A
9:40-10:05 //	Evolution of Running and Injury Risk (Irene S. Davis, PhD, PT)
10:05-10:15 //	Q&A
10:15-10:40 //	Key Physiological Determinants in Endurance Performance (Trent Stellingwerff, PhD)
10:40-10:50 //	Q&A
10:50-11:00 //	Launch of the World Academy for Endurance Medicine (powered by World Athletics) (Chris Trojanos, ATC and Stéphane Bermon, MD, PhD)
11:00-11:20 //	Break
11:20-12:10 //	Medical Care Organization at International Mass Running Events (John Cianca, MD and George T. Chiampas, DO)
12:10-12:20 //	Q&A
12:20-12:45 //	Prevention & Treatment of Heat Related Illnesses (Yuri Hosokawa, PhD)
12:45-12:55 //	Q&A
12:55-13:35 //	2021 • 2022 World Athletics ACSM Awards Presentations and discussion (Amy-Lee Bowler, PhD candidate; John J. Davies, PhD candidate)
13:35-13:40 //	Closing Remarks (Paolo Emilio Adami, MD, PhD)

The conference is free of charge. However, **registration is mandatory**. Please scan the QR to access the registration form.

For any further information, please do not hesitate to contact:
healthscienceevents@worldathletics.org



