



## Resultados/Results

Pos	Dorsal	Atleta	Pais	Km 5	T. Neto	Marca	Ritmo	Dif.
Pos	Bib	Athlete	Country	Km 5	Net Time	Time	Pace	Dif.

### Mujeres/Females

1	20	LINET MASAI	KEN	0:15:29	0:31:38	<b>0:31:38</b>	03:09	
2	25	CLEMENCE CALVIN	FRA	0:15:52	0:32:40	<b>0:32:41</b>	03:15	0:01:04
3	28	IWONA LEWANDOWSKA	POL	0:15:59	0:32:53	<b>0:32:53</b>	03:17	0:01:15
4	22	SALOME ROCHA	POR	0:15:59	0:32:57	<b>0:32:58</b>	03:17	0:01:20
5	27	KATE HULLS	GBR	0:16:14	0:33:33	<b>0:33:35</b>	03:21	0:01:57
6	21	NURIA FERNANDEZ	ESP	0:16:49	0:33:45	<b>0:33:45</b>	03:22	0:02:07
7	47	ANA LOZANO	ESP	0:16:49	0:34:13	<b>0:34:14</b>	03:25	0:02:37
8	39	ISABEL MARTINEZ	ESP	0:17:20	0:35:18	<b>0:35:19</b>	03:31	0:03:41
9	26	CHARLOTTE GREEN	GBR	0:17:03	0:35:32	<b>0:35:33</b>	03:33	0:03:56
10	37	LETICIA GARCIA	ESP	0:17:28	0:35:44	<b>0:35:46</b>	03:34	0:04:08
11	139	FLOREN VILLANUEVA SCRAFTON	ESP	0:17:34	0:36:43	<b>0:36:44</b>	03:40	0:05:07
12	76	CYNTHIA RAMIREZ	ESP	0:18:00	0:36:46	<b>0:36:47</b>	03:40	0:05:10
13	29	RAQUEL LANDIN	ESP	0:17:41	0:37:00	<b>0:37:01</b>	03:41	0:05:23
14	42	LEYRE MENE	ESP	0:18:00	0:37:19	<b>0:37:21</b>	03:43	0:05:43
15	883	CRISTINA BLAZQUEZ VILLACASTIN	ESP	0:18:07	0:37:25	<b>0:37:28</b>	03:44	0:05:50
16	48	ROSAURA CASADO	ESP	0:18:02	0:37:29	<b>0:37:30</b>	03:44	0:05:53
17	23	KHADIJA RAHMOUNI	ESP	0:18:00	0:37:30	<b>0:37:31</b>	03:45	0:05:54
18	1138	PAULA GARCIA GODINO	ESP	0:18:13	0:37:19	<b>0:37:32</b>	03:43	0:05:55
19	1983	NÚRIA GIL CLAPER	ESP	0:18:12	0:37:48	<b>0:37:54</b>	03:46	0:06:16
20	952	LAURA ANN SERRES	ESP	0:18:21	0:37:53	<b>0:38:02</b>	03:47	0:06:25
21	430	CARMEN SANCHEZ TORIBIO	ESP	0:18:12	0:38:04	<b>0:38:09</b>	03:48	0:06:32
22	950	NOELIA MANSILLA ARRIBA	ESP	0:18:39	0:38:25	<b>0:38:32</b>	03:50	0:06:54
23	947	LAURA MOLINA LÓPEZ	ESP	0:18:47	0:38:47	<b>0:38:50</b>	03:52	0:07:12
24	1093	MARTA MOLPECERES ALVAREZ	ESP	0:18:59	0:38:56	<b>0:39:03</b>	03:53	0:07:26
25	1135	MARTA BAGNATI	ESP	0:19:04	0:39:06	<b>0:39:09</b>	03:54	0:07:32





## Resultados/Results

Pos	Dorsal	Atleta	Pais	Km 5	T. Neto	Marca	Ritmo	Dif.
Pos	Bib	Athlete	Country	Km 5	Net Time	Time	Pace	Dif.
26	949	BEGOÑA NAVAS ESCOBAR	ESP	0:19:04	0:39:03	<b>0:39:12</b>	03:54	0:07:35
27	948	LAURA REAL SAIZ	ESP	0:19:03	0:39:17	<b>0:39:21</b>	03:55	0:07:43
28	973	ROCÍO RODRÍGUEZ VALLEJO	ESP	0:19:12	0:39:33	<b>0:39:39</b>	03:57	0:08:01
29	955	LAURA SAEZ GARCES	ESP	0:19:53	0:39:46	<b>0:39:59</b>	03:58	0:08:21
30	957	MARTA GONZÁLEZ GARCÍA	ESP	0:19:33	0:39:57	<b>0:39:59</b>	03:59	0:08:22
31	953	ELENA PEREZ LOPEZ	ESP	0:19:21	0:40:04	<b>0:40:08</b>	04:00	0:08:30
32	990	ABIGAIL MYERS	ESP	0:19:49	0:40:07	<b>0:40:15</b>	04:00	0:08:38
33	954	ESTELA ALVAREZ GALLARDO	ESP	0:19:37	0:40:10	<b>0:40:19</b>	04:00	0:08:42
34	2068	LARA ARIAS URUEÑA	ESP	0:19:26	0:40:16	<b>0:40:29</b>	04:01	0:08:51
35	1062	EVA GARCIA GONZALEZ	ESP	0:19:37	0:40:28	<b>0:40:32</b>	04:02	0:08:55
36	1991	VERONICA PLAZA SANTAMARIA	ESP	0:20:00	0:40:11	<b>0:40:34</b>	04:01	0:08:56
37	956	NATALIA DIAZ-GUIJARRO ROMAN	ESP	0:19:36	0:40:30	<b>0:40:38</b>	04:02	0:09:01
38	966	NOELIA MORA SIMÓN	ESP	0:19:17	0:40:27	<b>0:40:42</b>	04:02	0:09:05
39	960	GALA GARCÍA GUARDDON	ESP	0:19:58	0:40:59	<b>0:41:04</b>	04:05	0:09:26
40	968	BELÉN DÍEZ CAMACHO	ESP	0:20:06	0:41:03	<b>0:41:12</b>	04:06	0:09:35
41	965	CHUS ALAMEDA VÁZQUEZ	ESP	0:20:17	0:41:05	<b>0:41:19</b>	04:06	0:09:41
42	969	LAURA MUELAS GÓMEZ	ESP	0:20:38	0:41:12	<b>0:41:19</b>	04:07	0:09:42
43	959	CLARA RUIZ MARTINEZ	ESP	0:19:54	0:41:13	<b>0:41:28</b>	04:07	0:09:50
44	967	ELENA CUADRILLERO GARCÍA	ESP	0:19:45	0:41:28	<b>0:41:38</b>	04:08	0:10:00
45	981	UXIA GARCIA DIAZ	ESP	0:20:10	0:41:36	<b>0:41:46</b>	04:09	0:10:08
46	974	YOLANDA SANTOS LAMATA	ESP	0:20:09	0:42:00	<b>0:42:06</b>	04:11	0:10:28
47	1011	LAURA MAZO LACCOURREYE	ESP	0:20:28	0:42:07	<b>0:42:23</b>	04:12	0:10:45
48	970	EMILY JENKINS	ESP	0:20:41	0:42:23	<b>0:42:30</b>	04:14	0:10:52
49	972	INÉS MARÍN PADILLA	ESP	0:20:55	0:42:18	<b>0:42:30</b>	04:13	0:10:53
50	1076	MARÍA MATO MIGUEL	ESP	0:20:31	0:42:28	<b>0:42:31</b>	04:14	0:10:54
51	986	SOL HARO RIVAS	ESP	0:20:31	0:42:33	<b>0:42:39</b>	04:15	0:11:02
52	1147	ANA MARTIN FERNANDEZ	ESP	0:20:32	0:42:41	<b>0:42:47</b>	04:16	0:11:10





## Resultados/Results

Pos	Dorsal	Atleta	Pais	Km 5	T. Neto	Marca	Ritmo	Dif.
Pos	Bib	Athlete	Country	Km 5	Net Time	Time	Pace	Dif.

### Hombres/Males

1	3	MIKE KIGEN	KEN	0:13:30	0:27:35	<b>0:27:35</b>	02:45	
2	2	EVAN JAGER	USA	0:14:22	0:28:53	<b>0:28:54</b>	02:53	0:01:20
3	10	ILIAS FIFA	ESP	0:14:20	0:28:56	<b>0:28:56</b>	02:53	0:01:22
4	13	ALBERTO SANCHEZ	ESP	0:14:21	0:29:00	<b>0:29:00</b>	02:53	0:01:25
5	4	ANTONIO ABADIA	ESP	0:14:21	0:29:04	<b>0:29:04</b>	02:54	0:01:30
6	5	ROBERTO ALAIZ	ESP	0:14:21	0:29:08	<b>0:29:08</b>	02:54	0:01:34
7	12	FERNANDO CARRO	ESP	0:14:20	0:29:22	<b>0:29:22</b>	02:56	0:01:48
8	141	DAVID NILSSON	ESP	0:14:21	0:29:21	<b>0:29:22</b>	02:56	0:01:48
9	19	JOSE ESPAÑA	ESP	0:14:22	0:29:40	<b>0:29:40</b>	02:57	0:02:06
10	6	SEBASTIAN MARTOS	ESP	0:14:21	0:29:44	<b>0:29:44</b>	02:58	0:02:10
11	15	MARVIN BLANCO	VEN	0:14:21	0:29:54	<b>0:29:54</b>	02:59	0:02:20
12	71	AITOR FERNANDEZ	ESP	0:14:37	0:29:55	<b>0:29:55</b>	02:59	0:02:21
13	9	MARC ALCALA	ESP	0:14:22	0:29:55	<b>0:29:56</b>	02:59	0:02:22
14	35	DAVID MARTINEZ	ESP	0:14:25	0:29:55	<b>0:29:56</b>	02:59	0:02:22
15	134	JESUS RAMOS REVIEJO	ESP	0:14:38	0:29:57	<b>0:29:58</b>	02:59	0:02:24
16	11	VICTOR GARCIA	ESP	0:14:38	0:29:59	<b>0:30:00</b>	02:59	0:02:25
17	50	MARCEL BERNI	SUI	0:14:37	0:30:20	<b>0:30:20</b>	03:01	0:02:46
18	18	JORGE BLANCO	ESP	0:14:43	0:30:30	<b>0:30:30</b>	03:02	0:02:55
19	8	DAVID BUSTOS	ESP	0:14:28	0:30:33	<b>0:30:33</b>	03:03	0:02:59
20	44	FRANCISCO MARTOS	ESP	0:14:55	0:30:35	<b>0:30:36</b>	03:03	0:03:01
21	1	EZEKIEL KEMBOI	KEN	0:14:47	0:30:36	<b>0:30:36</b>	03:03	0:03:02
22	43	AMIN HOUKMI	ESP	0:14:55	0:30:37	<b>0:30:37</b>	03:03	0:03:03
23	16	LLORENC SALES	ESP	0:14:48	0:30:39	<b>0:30:40</b>	03:03	0:03:05
24	33	ALBERTO IMEDIO	ESP	0:14:56	0:30:42	<b>0:30:42</b>	03:04	0:03:08
25	31	TIAGO COSTA	POR	0:15:01	0:30:45	<b>0:30:46</b>	03:04	0:03:12





## Resultados/Results

Pos	Dorsal	Atleta	Pais	Km 5	T. Neto	Marca	Ritmo	Dif.
Pos	Bib	Athlete	Country	Km 5	Net Time	Time	Pace	Dif.
26	32	ENRIQUE MENESES	ESP	0:15:01	0:30:56	<b>0:30:56</b>	03:05	0:03:22
27	361	GUILLEM ADELL MATEU	ESP	0:15:01	0:31:01	<b>0:31:03</b>	03:06	0:03:28
28	7	MANUEL OLMEDO	ESP	0:15:28	0:31:05	<b>0:31:06</b>	03:06	0:03:32
29	53	MIGUEL CAMINERO	ESP	0:15:11	0:31:13	<b>0:31:14</b>	03:07	0:03:40
30	98	SANTIAGO DE LA FUENTE MARTÍN	ESP	0:15:02	0:31:15	<b>0:31:16</b>	03:07	0:03:42
31	55	GUILLERMO GARCÍA	ESP	0:15:01	0:31:17	<b>0:31:18</b>	03:07	0:03:44
32	75	GUILLEM DURAN	ESP	0:15:18	0:31:18	<b>0:31:20</b>	03:07	0:03:46
33	110	FREDRIK UHRBOM	ESP	0:15:18	0:31:20	<b>0:31:22</b>	03:07	0:03:47
34	40	AKKA ESSAADAoui	MAR	0:15:06	0:31:22	<b>0:31:23</b>	03:08	0:03:48
35	138	ISAAC RICO DE LA FUENTE	ESP	0:15:27	0:31:35	<b>0:31:37</b>	03:09	0:04:02
36	133	ABDELILAH FOURSİ	ESP	0:15:03	0:31:46	<b>0:31:46</b>	03:10	0:04:12
37	41	JAIME GONZALEZ	ESP	0:15:30	0:31:47	<b>0:31:48</b>	03:10	0:04:14
38	180	DERMOT MCDERMOTT	ESP	0:15:29	0:31:47	<b>0:31:51</b>	03:10	0:04:17
39	115	ZAK TOBIAS	ESP	0:15:21	0:31:52	<b>0:31:53</b>	03:11	0:04:19
40	172	MARIO CORCHERO PLAZA	ESP	0:15:30	0:31:54	<b>0:31:57</b>	03:11	0:04:23
41	121	EDUARDO ORDAX DUQUE	ESP	0:15:25	0:31:57	<b>0:31:58</b>	03:11	0:04:24
42	118	ROBERTO ÁLVAREZ ÁLVAREZ	ESP	0:15:39	0:32:02	<b>0:32:03</b>	03:12	0:04:29
43	119	MARCOS RAMOS FERNANDEZ	ESP	0:15:49	0:32:06	<b>0:32:06</b>	03:12	0:04:32
44	127	HIGINIO GALLEG0 PAVON	ESP	0:15:27	0:32:06	<b>0:32:07</b>	03:12	0:04:33
45	153	ISMAEL MINGO MINGO	ESP	0:15:33	0:32:05	<b>0:32:10</b>	03:12	0:04:35
46	135	LUIS JAVIER CASAS BIEDMA	ESP	0:15:32	0:32:11	<b>0:32:13</b>	03:13	0:04:38
47	36	ANTONIO SANTOS	ESP	0:15:31	0:32:13	<b>0:32:14</b>	03:13	0:04:40
48	160	ENRIQUE DE DIEGO	ESP	0:15:33	0:32:13	<b>0:32:18</b>	03:13	0:04:44
49	124	ROBERTO MORATILLA FARIÑAS	ESP	0:15:29	0:32:18	<b>0:32:20</b>	03:13	0:04:45
50	140	JULIO BARDAVIO ATIENZA	ESP	0:15:39	0:32:23	<b>0:32:23</b>	03:14	0:04:49
51	167	ZEUS GUTIÉRREZ OCHOA	ESP	0:15:39	0:32:26	<b>0:32:27</b>	03:14	0:04:53
52	163	CARLOS MANUEL CHACON RIFON	ESP	0:15:38	0:32:28	<b>0:32:30</b>	03:14	0:04:56

