



Competition Medical Guidelines for World Athletics Series Events

Appendix B
Recommended staff and equipment for WAS events
October 2020 – Second Edition

Appendix B

Recommended staff and equipment for WAS Events

Recommended numbers of medical and paramedical personnel for In-Stadium athletics events

	Medical Doctor				Pharmacist	Nurse	EMT	Physiotherapist	Room Manager	Receptionist	Translator
	General Practitioner	Emergency Physician	Traumatology Physician	Sports Physician							
Main Stadium											
Athlete's Medical Center	1	1	1	1	1	2	2	1	1	1	several
Finish Line				1			2				
Track Perimeter		4 (any of 3 specialties)				4	4				
Post Event Control Room							2				
VIP Area						1	1				
Media Area							1				
Warm Up Area											
Medical Center				1		1	2		1		
LOC Physio Room								10		1	

	Medical Doctor				Pharmacist	Nurse	EMT	Physiotherapist	Room Manager	Receptionist	Translator
	General Practitioner	Emergency Physician	Traumatology Physician	Sports Physician							
Training Venue											
First Aid Station				1			1	1			
Athletes' Accommodation											
Medical Center	1			1		2				1	several
LOC Physio Room								5		1	
VIP Hotel											
First Aid Station	1					1					

Recommended numbers of medical and paramedical personnel for Out-of-Stadium athletics events

Road Races and Race Walking Events

	Medical Doctor				Pharmacist	Nurse	EMT	Physiotherapist	Room Manager	Receptionist	Translator
	General Practitioner	Emergency Physician	Traumatology Physician	Sports Physician							
Start and Finish											
Main Medical Center		1	1	2		5	4	1	1	2	several
Finish Line		1					8				
Post event recovery room							2				
On the course											
First aid station (staff per/station)*				1		1	2				
Roving vehicles *							2				

Note: numbers and suggested coverage locations can vary based on weather conditions and course route (point to point or a loop course).

**Please refer to paragraphs 8 and following of the chapter on out Stadium events*

Recommended medical equipment and supply for In-Stadium athletics events

		AED	Ambulance	Cold water Immersion	Crutches	Diag Echo	ECG monitor	Ice maker	IV Drip kits*	Oxygen	Oxygen saturation monitor	Stretcher	WBGT	Wheelchair
Main Stadium														
Athletes' Medical Center	Close to the finish line, ample space, 6 beds	2	1	tbd	4 pairs	1	1	1	5*	2	1	2		2
Finish Line												4		2
Track Perimeter		1										2	1	2
Post Event Control Room												1		
VIP Area		1							1	1	1	1		1
Media Area		1							1	1	1	1		1
Warm Up Area														
Medical Center	2 beds	1	1		2 pairs		1	1	2	1		1		1
LOC Physio Room	10 boxes							1						
Team Physio Room	30 boxes			2-4				2						
Training Venue														
First aid station	1 bed	1	1					1				1	1	
Team Physio Room	3 boxes							1						
Athletes' Accommodation														
Medical Center	3 beds	1			4 pairs				2	1	1			
LOC Physio Room	10 boxes							1						
Team Physio Room	10 boxes							1						
VIP Hotel														
First aid station	1 bed	1					1		1	1	1			1

* These figures of Drip IV are a suggested minimum. Increase if in severe weather conditions (hot).

Recommended medical equipment and supply for Out-of-Stadium athletics events

Road Races and Race Walking Events

		AED	Ambulance	Cold water Immersion	Crutches	Diag Echo	ECG monitor	Ice maker	IV Drip kits*	Oxygen	Oxygen saturation monitor	Stretcher	WBGT	Wheelchair	
Start and Finish															
Main Medical Center	Ample space. Should be able to accommodate and treat between 1 and 5% of the number of athletes competing	1	2	3	2 pairs		1	1	10	3	1	2	1	2	
Finish Line												4		2	
Post event recovery room												2			
On the course															
First aid stations	Fixed tent or mobile	1	1						1	1		1			

* These figures of Drip IV are a suggested minimum. Increase if in severe weather conditions (hot).

Recommended numbers of medical and paramedical personnel in World Athletics Cross Country Championships

	Medical Doctor				Pharmacist	Nurse	EMT	Physiotherapist	Room Manager	Receptionist	Translator
	General Practitioner	Emergency Physician	Traumatology Physician	Sports Physician							
Start and Finish											
Main Medical Center		2 (any of 3 specialties)				4	4	1	1	2	several
Finish Line		1					8				
Post event recovery room							2	2			
On the course											
First aid station (staff per/station)*				1		1	1				
Roving vehicles *							2				
Athletes' Accommodation											
Medical Center	1		1	1	1	2			1	2	several
LOC Physio Room								8		1	
VIP Hotel											
First Aid Station	1 (on call)					1					

Note: numbers and suggested coverage locations can vary based on weather conditions and course route (point to point or a loop course). *Please refer to paragraphs 8 and following of the chapter on out Stadium events

Recommended medical equipment and supply for World Athletics Cross Country Championships

		AED	Ambulance	Cold water Immersion	Crutches	Diag Echo	ECG monitor	Ice maker	IV Drip kits*	Oxygen	Oxygen saturation monitor	Stretcher	WBGT	Wheelchair	
Start and Finish															
Main Medical Center	Ample space. Should be able to accommodate and treat between 1 and 5 % of the number of athletes competing	1	2	3	2 pairs		1	1	10	3	1	2		2	
Finish Line		1										6	1	4	
Post event recovery room												2		2	
On the course															
First aid stations		1								1	1	1			
Athletes' Accommodation															
Medical Center	2 beds	1			2 pairs	1	1	1	6	1	1				
LOC Physio Room	5 boxes														
Team Physio Room	10 boxes														
VIP Hotel															
First Aid Station		1					1			1	1			1	



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