

# All you need to know to follow the WORLD ATHLETICS™ INDOOR TOUR

## DATES AND DISCIPLINES

| BOSTON<br>25 JAN    | KARLSRUHE<br>31 JAN | DÜSSELDORF<br>4 FEB | TORUN<br>8 FEB      | GLASGOW<br>15 FEB   | LIÉVIN<br>19 FEB    | MADRID<br>21 FEB    |
|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|
| Men's 60m           | Men's 800m          | Men's 60m           | Men's 60m           | Men's 60m           | Men's 60m           | Men's 60m           |
| Men's 800m (1000m)  | Men's 3000m         | Men's 800m          | Men's 800m          | Men's 800m          | Men's 800m          | Men's 800m          |
| Men's 3000m         | Men's pole vault    | Men's 3000m         | Men's pole vault    | Men's pole vault    | Men's 3000m         | Men's 3000m         |
| Men's triple jump   | Women's 400m        | Men's pole vault    | Men's shot put      | Women's 400m        | Men's pole vault    | Men's pole vault    |
| Women's 400m (300m) | Women's 1500m       | Men's shot put      | Women's 400m        | Women's 1500m       | Men's triple jump   | Men's triple jump   |
| Women's 1500m       | Women's 60m hurdles | Women's 400m        | Women's 1500m       | Women's 60m hurdles | Women's 1500m       | Men's shot put      |
| Women's 60m hurdles | Women's high jump   | Women's 1500m       | Women's 60m hurdles | Women's high jump   | Women's 60m hurdles | Women's 400m        |
| Women's high jump   | Women's long jump   | Women's 60m hurdles | Women's long jump   | Women's long jump   | Women's long jump   | Women's 1500m       |
|                     |                     |                     |                     |                     |                     | Women's 60m hurdles |

## FOLLOW YOUR FAVOURITES

**Men's 60m:** Boston, Dusseldorf, Torun, Glasgow, Lievin, Madrid

**Men's 800m:** Boston, Karlsruhe, Dusseldorf, Torun, Glasgow, Lievin, Madrid

**Men's 3000/5000m:** Boston, Karlsruhe, Dusseldorf, Lievin, Madrid

**Men's pole vault:** Karlsruhe, Dusseldorf, Torun, Glasgow, Lievin, Madrid

**Men's triple jump:** Boston, Lievin, Madrid

**Men's shot put:** Dusseldorf, Torun, Madrid

**Women's 400m:** Boston, Karlsruhe, Dusseldorf, Torun, Glasgow, Madrid

**Women's 1500m:** Boston, Karlsruhe, Dusseldorf, Torun, Glasgow, Lievin, Madrid

**Women's 60m hurdles:** Boston, Karlsruhe, Dusseldorf, Torun, Glasgow, Lievin, Madrid

**Women's high jump:** Boston, Karlsruhe, Glasgow

**Women's long jump:** Karlsruhe, Torun, Glasgow, Lievin

**Note:** the scoring disciplines in the World Athletics Indoor Tour rotate each year.

This year's scoring disciplines will be next year's non-scoring disciplines.

## SCORING

**1st:** 10 points. **2nd:** 7 points. **3rd:** 5 points. **4th:** 3 points.

**World record:** 3 bonus points.

- Best three results count towards point score.
- Most points at end of the series wins Tour discipline.
- Tour series winners receive US\$20,000 and automatically qualify for the World Athletics Indoor Championships Nanjing 2020 by wild card



WORLD ATHLETICS  
INDOOR TOUR

# WORLD ATHLETICS™ INDOOR TOUR

## Dates and disciplines



**BOSTON**  
25 JAN

Men's 60m, 1000m,  
3000m, triple jump  
Women's 300m, 1500m,  
60m hurdles, high jump



**KARLSRUHE**  
31 JAN

Men's 800m, 3000m, pole vault  
Women's 400m, 1500m,  
60m hurdles, high jump,  
long jump



**DÜSSELDORF**  
4 FEB

Men's 60m, 800m, 3000m,  
pole vault, shot put  
Women's 400m, 1500m,  
60m hurdles



**TORUN**  
8 FEB

Men's 60m, 800m,  
pole vault, shot put  
Women's 400m, 1500m,  
60m hurdles, long jump



**GLASGOW**  
15 FEB

Men's 60m, 800m,  
pole vault  
Women's 400m, 1500m,  
60m hurdles, high jump, long jump



**LIÉVIN**  
19 FEB

Men's 60m, 800m, 3000m,  
pole vault, triple jump  
Women's 1500m,  
60m hurdles, long jump



**MADRID**  
21 FEB

Men's 60m, 800m, 3000m,  
pole vault, triple jump, shot put  
Women's 400m, 1500m,  
60m hurdles

# WORLD ATHLETICS™ INDOOR TOUR

## Scoring disciplines at each meeting

### Men's 60m

Boston  
Dusseldorf  
Torun  
Glasgow  
Lievin  
Madrid

### Men's 800m

Boston  
Karlsruhe  
Dusseldorf  
Torun  
Glasgow  
Lievin  
Madrid

### Men's 3/5000m

Boston  
Karlsruhe  
Dusseldorf  
Lievin  
Madrid

### Men's pole vault

Karlsruhe  
Dusseldorf  
Torun  
Glasgow  
Lievin  
Madrid

### Men's triple jump

Boston  
Lievin  
Madrid

### Men's shot put

Dusseldorf  
Torun  
Madrid

### Women's 400m

Boston  
Karlsruhe  
Dusseldorf  
Torun  
Glasgow  
Madrid

### Women's 1500m

Boston  
Karlsruhe  
Dusseldorf  
Torun  
Glasgow  
Lievin  
Madrid

### Women's 60m hurdles

Boston  
Karlsruhe  
Dusseldorf  
Torun  
Glasgow  
Lievin  
Madrid

### Women's high jump

Boston  
Karlsruhe  
Glasgow

### Women's long jump

Karlsruhe  
Torun  
Glasgow  
Lievin

Note: the scoring disciplines in the World Athletics Indoor Tour rotate each year. This year's scoring disciplines will be next year's non-scoring disciplines.

# WORLD ATHLETICS™ INDOOR TOUR

## Scoring



WORLD RECORD 3 POINTS

- **Best three results** count towards point score.
- **Most points** at end of the series wins tour discipline.
- Tour series winners will receive **US\$20,000** and will automatically qualify for the **World Athletics Indoor Championships Nanjing 2020 by wild card**, subject to the approval of their national federation.