Looking forward to the year ahead in athletics

An exciting year of athletics may be drawing to a close, but another packed programme is on the horizon for 2020. There will be four World Athletics Series events next year, starting with the World Athletics Indoor Championships Nanjing 2020 on 13-15 March, followed two weeks later by the World Athletics Half Marathon Championships Gdynia 2020 on 29 March.

The World Athletics Race Walking Team Championships Minsk 2020 will be held on 2-3 May and the World Athletics U20 Championships Nairobi 2020 will take place on 7-12 July.

The big focus of the year, though, will be the Tokyo 2020 Olympic Games. And of course, throughout the year the world's leading athletes will compete in various annual series such as the Diamond League, the newly formed World Athletics Continental Tour, Label road races, the World Athletics Indoor Tour, the World Challenge Combined Events, the World Challenge Race Walking and Cross Country Permit meetings.

Factoring in various area championships across a range of age groups and surfaces, 2020 is set to be a busy and enthralling year for the sport.

World Athletics headline news

Muhammad and Kipchoge named World Athletes of the Year

Eliud Kipchoge and Dalilah Muhammad have been named the male and female World Athletes of the Year at the World Athletics Awards 2019, held at the Grimaldi Forum in Monaco on 23 November.

Kipchoge, the winner of the award last year, added to his phenomenal marathon CV in 2019. In April he captured his fourth victory at the London Marathon with a 2:02:37 course record, the third fastest performance of all time. The 35-year-old Kenyan followed up in October by blasting through the distance's two-hour barrier with a 1:59:40.2 performance at the Ineos159 Challenge in Vienna.

Muhammad, 29, broke the world record in the 400m hurdles twice this year, first with a 52.20 performance at the US

Featured news

Belgrade and Yangzhou to host 2022 World Athletics Series competitions, RusAF reinstatement process suspended

Serbia will stage its first ever World Athletics Series event after its capital, Belgrade, was confirmed as the host city of the 2022 World Athletics Indoor Championships at the World Athletics Council Meeting in Monaco.

World Athletics Continental Tour to launch in 2020

World Athletics has announced details of the 2020 World Athletics Continental Tour, a series of the world's best one-day meetings outside the Diamond League.

Competition decisions made at 220th World Athletics Council Meeting

In its final meeting of the year, the World Athletics Council approved the format of the Continental Tour, a new series of the world's best one-day meetings outside the Diamond League.
Championships in July to eclipse a mark which had stood since 2003. Muhammad broke it again at the World Athletics Championships Doha 2019, clocking 52.16 in one of the championships' most eagerly-awaited finals to claim the world title for the first time. Muhammad also won world gold in the 4x400m relay and won five of her seven races.

**Full story**

**Diamond League announces disciplines selected for 2020 season**

The top three most popular disciplines in the Diamond League are the 100m, long jump and high jump, followed by pole vault, the 200m and 400m, according to the latest research carried out by the Diamond League.
Pending ratification
- performances achieved in 2019

- Men's indoor 4x400m: 3:01.51 University of Houston (USA) Clemson 9 Feb 2019
- Men's 5km: 13:29 Edward Cheserek (KEN) Carlsbad 7 Apr 2019
- U20 women's 100m: 10.75 Sha'Carri Richardson (USA) Austin 8 Jun 2019
- U20 women's 200m: 22.17 Sha'Carri Richardson (USA) Austin 8 Jun 2019
- U20 men's 4x100m: 38.62 USA (Arian Smith, Justin Ofotan, Marcellus Moore, Matthew Boling) San Jose 20 Jul 2019
- U20 women's 4x400m: 3:24.04 USA (Alexis Holmes, Kimberly Harris, Ziyah Hilman, Kayla Davis) San Jose 21 Jul 2019
- U20 men's 4x400m: 2:59.30 USA (Frederick Lewis, Matthew Boling, Matthew Moorer, Justin Robinson) San Jose 21 Jul 2019
- mixed 4x400m: 3:12.42 USA (Tyrell Richard, Jessica Beard, Jasmine Blocker, Obi Igbokwe) Doha 28 Sep 2019
- mixed 4x400m: 3:09.34 USA (Wilbert London, Allyson Felix, Courtney Okolo, Michael Cherry) Doha 29 Sep 2019
- U20 women's high jump: 2.02m and 2.04m Yaroslava Mahuchikh (UKR) Doha 30 Sep 2019
- women's 400m hurdles: 52.16 Dalilah Muhammad (USA) Doha 4 Oct 2019
- women's marathon: 2:14:04 Brigid Kosgei (KEN) Chicago 13 Oct 2019
- men's 5km: 13:22 Robert Keter (KEN) Lille 9 Nov 2019
- men's 10km: 26:38 Joshua Cheptegei (UGA) Valencia 1 Dec 2019

Recently rejected
- performances achieved in earlier years

- U20 women's 100m hurdles: 12.84 Tia Jones (USA) Clovis 25 Jun 2016 (No track measurement information)
- U20 women's indoor 60m hurdles: 7.98 Tara Davis (USA) College Station 9 Mar 2018 (No confirmation that doping control procedures were compliant)
- men's indoor 400m: 44.52 Michael Norman (USA) College Station 10 Mar 2018 (No confirmation that doping control procedures were compliant)
- men's indoor 4x400m: 3:01.39 Texas A&M University (Ilolo Izu, Robert Grant, Devin Dixon, Mylik Kerley) College Station 10 Mar 2018 (No confirmation that doping control procedures were compliant)
- U20 women's indoor 400m: 50.36 Sydney McLaughlin (USA) College Station 10 Mar 2018 (No confirmation that doping control procedures were compliant)
- U20 women's 400m hurdles: 52.75 Sydney McLaughlin (USA) Knoxville 13 May 2018 (No false start detection)
- women's 5km (women only): 15:48 Sarah Pagano (USA) Albany 2 Jun 2018 (No complete file or doping control information received)

Obituaries

Four-time Olympic gold medallist Harrison Dillard
Triple Olympic champion Peter Snell
1964 Olympic 80m hurdles champion Karin Balzer
Italian athletics coach Elio Locatelli

And finally...

If you haven’t done so already, check out the Be Active section on the new World Athletics website for articles including:
- A dozen books to kick-start your athletics library
- Mountain high: 12 stunning mountain routes to run or walk
- Running in Ethiopia in the footsteps of greats
- The pre-race playlist - Noah Lyles
To contribute to the World Athletics website or newsletter, please contact editor@worldathletics.org