APPROVED AMENDMENTS TO THE 2020 EDITION OF COMPETITION AND TECHNICAL RULES

Council Meeting July 2021 Tokyo

(The final, edited version of these amendments will be included in the 2022 edition of the Competition and Technical Rules, to be in force as from 1 November 2021)

Legend:

- xxx (black print) = rule text
- $$$ (blue strikethrough) = deleted from rule text
- xxx (red bold) = added to rule text
- xxx (green print) = interpretation notes
- $$$ (green strikethrough) = deleted from interpretation notes
- xxx (green bold print) = added to interpretation notes
<table>
<thead>
<tr>
<th>Rule</th>
<th>Page</th>
<th>Current</th>
<th>Amended</th>
</tr>
</thead>
<tbody>
<tr>
<td>CR19.4</td>
<td>55</td>
<td>19.4 The Judges shall judge and record each trial and measure each valid trial of athletes in all Field Events. In the High Jump and Pole Vault, precise measurements should be made when the bar is raised, particularly if Records are being attempted. At least two Judges should keep a record of all trials, checking their recordings at the end of each round of trials. The appropriate Judge shall indicate the validity or non-validity of a trial by raising a white or red flag, as appropriate.</td>
<td>19.4 The Judges shall judge and record each trial and measure each valid trial of athletes in all Field Events. In the High Jump and Pole Vault, precise measurements should be made when the bar is raised, particularly if Records are being attempted. At least two Judges should keep a record of all trials, checking their recordings at the end of each round of trials. The appropriate Judge shall normally indicate the validity or non-validity of a trial by raising a white or red flag, as appropriate. Alternate visual indication may also be approved.</td>
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</table>

**World Records**

| CR31    | 73   | 31.14.4 No performance will be ratified where the athlete has infringed Rule 17.3 of the Technical Rules nor in the case an individual event where an athlete has recorded a false start as allowed under Rule 39.8.3 of the Technical Rules. | 31.14.4 No performance will be ratified where the athlete has infringed Rule 17.3 of the Technical Rules, except in cases covered in Rule 17.4.3 and 17.4.4 of the Technical Rules, nor in the case an individual event where an athlete has recorded a false start as allowed under Rule 39.8.3 of the Technical Rules. |

**Events for which World Records are Recognised**

| CR32    | 78   | Men Running, Combined and Race Walking Events: Fully Automatically Timed performances (F.A.T.) Hand Timed performances (H.T.) Transponder Timed performances (T.T.) Men Running, Combined and Race Walking Events: Fully Automatically Timed performances (F.A.T.) Hand Timed performances (H.T.) Transponder Timed performances (T.T.) Road Races: 5km; 10km; Half Marathon; Marathon; 100km; Road Relay (Marathon distance only); Race Walking (Road): 20km; 35km³, 50km. Jumping Events: High Jump; Pole Vault; Long Jump; Triple Jump. | Events for which World Records are Recognised Fully Automatically Timed performances (F.A.T.) Hand Timed performances (H.T.) Transponder Timed performances (T.T.) Men Running, Combined and Race Walking Events: Fully Automatically Timed performances (F.A.T.) Hand Timed performances (H.T.) Transponder Timed performances (T.T.) Road Races: 5km; 10km; Half Marathon; Marathon; 100km; Road Relay (Marathon distance only); Race Walking (Road): 20km; 35km³, 50km. Jumping Events: High Jump; Pole Vault; Long Jump; Triple Jump. |
Throwing Events:
- Shot Put; Discus Throw; Hammer Throw; Javelin Throw.

Women
Running, Combined and Race Walking Events:
F.A.T. only:
- 100m; 200m; 400m; 800m;
- 100m Hurdles; 400m Hurdles;
- 4 × 100m Relay; 4 × 200m Relay; 4 × 400m Relay;
- Heptathlon; Decathlon.

F.A.T. or H.T.:
- 1000m; 1500m; 1 Mile; 2000m; 3000m;
- 5000m; 10,000m; 1 Hour;
- 3000m Steeplechase;
- 4 × 800m Relay; Distance Medley Relay; 4 × 1500m Relay;
- Race Walking (Track): 10,000m; 20,000m; 35,000m; 50,000m*.

F.A.T. or H.T. or T.T.:
- Road Races: 5km; 10km; Half Marathon; Marathon; 100km; Road Relay (Marathon distance only);
- Race Walking (Road): 20km; 35km², 50km.

Note (i): Except Race Walking competitions, World Athletics shall keep two World Records for women in Road Races: a World Record for performance achieved in mixed gender (“Mixed”) races and a World Record for performance achieved in single gender (“Women only”) races.

Note (ii): A women only road race can be staged by having separate women’s and men’s start times. The time differential should be chosen to prevent any possibility of assistance, pacing or interference, especially on courses involving more than one lap of the same section of the course.

*Initial record to be recognised after 1 January 2019. The performance shall be better than 4:20:00.
*Initial record to be recognised after 1 January 2023. The performance shall be better than xxx for men and xxx for women.

The 30,000m record for men shall be deleted from the list upon ratification of the initial record for 35,000m.

<table>
<thead>
<tr>
<th>TR11</th>
<th>Validity of Performances</th>
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<tbody>
<tr>
<td>TR11.3</td>
<td>109</td>
</tr>
<tr>
<td>11.1</td>
<td>No performance accomplished by an athlete will be valid unless it is accomplished during an official competition organised in conformity with the Rules.</td>
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<tr>
<td>11.2</td>
<td>Performances in events normally conducted in the stadium, made outside traditional athletics facilities (such as those held in town squares, other</td>
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</table>

Throwing Events:
- Shot Put; Discus Throw; Hammer Throw; Javelin Throw.

Women
Running, Combined and Race Walking Events:
F.A.T. only:
- 100m; 200m; 400m; 800m;
- 100m Hurdles; 400m Hurdles;
- 4 × 100m Relay; 4 × 200m Relay; 4 × 400m Relay;
- Heptathlon; Decathlon.

F.A.T. or H.T.:
- 1000m; 1500m; 1 Mile; 2000m; 3000m;
- 5000m; 10,000m; 1 Hour;
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- 4 × 800m Relay; Distance Medley Relay; 4 × 1500m Relay;
- Race Walking (Track): 10,000m; 20,000m; 35,000m; 50,000m*.

F.A.T. or H.T. or T.T.:
- Road Races: 5km; 10km; Half Marathon; Marathon; 100km; Road Relay (Marathon distance only);
- Race Walking (Road): 20km; 35km², 50km.

Note (i): Except Race Walking competitions, World Athletics shall keep two World Records for women in Road Races: a World Record for performance achieved in mixed gender (“Mixed”) races and a World Record for performance achieved in single gender (“Women only”) races.

Note (ii): A women only road race can be staged by having separate women’s and men’s start times. The time differential should be chosen to prevent any possibility of assistance, pacing or interference, especially on courses involving more than one lap of the same section of the course.

*Initial record to be recognised after 1 January 2019. The performance shall be better than 4:20:00.
*Initial record to be recognised after 1 January 2023. The performance shall be better than 2:22:00 for men and 2:38:00 for women.

The 30,000m record for men shall be deleted from the list upon ratification of the initial record for 35,000m.

*The initial records will be the best performances that comply with WA CR 31 as at 1 January 2022. The performances shall be equal or better than 2:43:38 for men and 3:07:20 for women only & 2:59:54 for mixed race.
sporting facilities, beaches, etc.) or on temporary facilities built within a stadium shall be valid and recognized for all purposes, if they are made subject to all of the following conditions:

11.2.1 the relevant governing body as provided in Rules 2 to 3 of the Competition Rules has issued a permit for the event;
11.2.2 a qualified panel of National Technical Officials are appointed to and officiate at the event;
11.2.3 where applicable, equipment and implements in conformity with the Rules are used; and
11.2.4 the event is conducted in a competition area or facility in conformity with the Rules and in respect of which a survey has been made in accordance with Rule 10 of the Technical Rules before the event and, where possible, on the day of the event.

Note: The current standard forms required to be used for reporting on the conformity of the competition area or facility are available from the World Athletics Office, or may be downloaded from the World Athletics website.

When a competition described in Rule 11.2 of the Technical Rules is held over more than one day, the survey should be made on the day of the first event. In either case if the surveyor can be satisfied that there will be no movement of alteration to the facilities being surveyed, the survey may be completed up to two days prior to the day of the first event.

11.3 Performances made in accordance with these Rules in Qualification Rounds, in deciding ties in High Jump and Pole Vault, in any event or part of an event which is subsequently decreed void under the provisions of Rule 18.7 of the Competition Rules, or Rules 8.4.2, 17.2 or 25.20 of the Technical Rules, in Race Walking events in which Rule 54.7.3 of the Technical Rules is applied and the athlete is not disqualified or in individual events in Combined Events competitions, regardless of whether or not the athlete completes the whole Combined Events competition, will normally be regarded as valid for purposes such as statistics, records, rankings and the achievement of entry standards.

When a result is achieved on a complying facility with no advantage gained and all related rules observed, the fact that it happened at a covered competition site does not prevent a result being listed among the outdoor equivalent distances and used for any

Note: The current standard forms required to be used for reporting on the conformity of the competition area or facility are available from the World Athletics Office, or may be downloaded from the World Athletics website.

When a result is achieved on a complying facility with no advantage gained and all related rules observed, the fact that it happened at a covered competition site does not prevent a result being listed among the outdoor equivalent distances and used for any
statistical purpose (performances e.g. on covered 400m tracks and straights). The current practice that results made in indoor tracks shorter than 200m count towards the indoor 200m does not change.

11.4 Performances made in accordance with these Rules in Qualification Rounds, in deciding ties in High Jump and Pole Vault, in any event or part of an event which is subsequently decreed void under the provisions of Rule 18.7 of the Competition Rules, or Rules 8.4.2, 17.2 or 25.20 of the Technical Rules, in Race Walking events in which Rule 54.7.3 of the Technical Rules is applied and the athlete is not disqualified or in individual events in Combined Events competitions, regardless of whether or not the athlete completes the whole Combined Events competition, will normally be regarded as valid for purposes such as statistics, records, rankings and the achievement of entry standards.

<table>
<thead>
<tr>
<th>TR17</th>
<th>The Race</th>
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<tbody>
<tr>
<td>TR17.2</td>
<td>122</td>
</tr>
</tbody>
</table>

**Obstruction**

17.2 If an athlete is jostled or obstructed during an event so as to impede their progress, then:

17.2.1 if the jostling or obstruction is considered unintentional or is caused otherwise than by an athlete, the Referee may, if they are of the opinion that an athlete (or their team) was seriously affected, in accordance with Rule 18.7 of the Competition Rules or Rule 8.4 of the Technical Rules, order that the race (for one, some or all of the athletes) be re-held or allow the affected athlete (or team) to compete in a subsequent round of the event;

17.2.2 if another athlete is found by the Referee to be responsible for the jostling or obstruction, such athlete (or their team) shall be liable to disqualification from that event. The Referee may, if they are of the opinion that an athlete (or their team) was seriously affected, in accordance with Rule 18.7 of the Competition Rules or Rule 8.4 of the Technical Rules, order that the race (for one, some or all of the athletes) be re-held excluding any disqualified athlete (or team) or allow any affected athlete (or team) (other than any disqualified athlete or team) to compete in a subsequent round of the event.

Note: In cases considered serious enough, Rule 18.5 of the Competition Rules and Rule 7.2 of the Technical Rules may also be applied. In both cases Rules 17.2.1 and 17.2.2 of the Technical Rules, such athlete (or team) should normally have completed the event with bona fide effort.

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**Obstruction**

17.2 If an athlete is jostled or obstructed during an event so as to impede their progress, then:

17.2.1 if the jostling or obstruction is considered unintentional or is caused otherwise than by an athlete, the Referee may, if they are of the opinion that an athlete (or their team) was seriously affected, in accordance with Rule 18.7 of the Competition Rules or Rule 8.4 of the Technical Rules, order that the race (for one, some or all of the athletes) be re-held or allow the affected athlete (or team) to compete in a subsequent round of the event;

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Note: In cases considered serious enough, Rule 18.5 of the Competition Rules and Rule 7.2 of the Technical Rules may also be applied. In both cases Rules 17.2.1 and 17.2.2 of the Technical Rules, such athlete (or team) should normally have completed the event with bona fide effort.

Jostling should be understood as physical contact with another athlete or athletes that results in an unfair advantage or causes injury or harm to them or, consequently, to another athlete or athletes.