



CROSS-COUNTRY TOUR REGULATIONS

*(Approved by the Council on 29 July 2021 and
effective from 1 September 2021)*

1. General Principles

- 1.1. The World Athletics Cross-Country Tour provides clearly understood differing levels of competition based on athlete budget & prize money and quality of organisation for worldwide international cross-country meetings, subject to fulfilment of the minimum requirements set out in these Regulations.
- 1.2. Regulations governing the World Athletics Cross-Country Tour shall be issued to the World Athletics Cross-Country Tour Meeting Organisers ('Organisers') and may be amended every year by World Athletics in agreement with the Area Associations.
- 1.3. Organisers agree to respect all Rules and Regulations and decisions taken by World Athletics.
- 1.4. The World Athletics Cross-Country Tour calendar can be found on the World Athletics website.
- 1.5. No Application shall be considered if it does not meet the minimum requirements set out in these Regulations.

PART I - GOLD LEVEL TOUR STATUS REQUIREMENTS

1. Applications

1.1. Formal Applications for a World Athletics Cross-Country Tour – Gold Level shall be submitted as follows:

1.1.1. On the Application Form;

1.1.2. Signed by both the Organiser and the host National Federation and submitted to World Athletics; and

1.1.3. By the deadline set by World Athletics.

2. Evaluation and Reporting

2.1. All World Athletics Cross-Country Tour – Gold Level Meetings **will be selected by World Athletics only**, and will undergo an annual evaluation, based on all aspects of their organisation including:

- Level of the Athletes competing.
- Athlete Budget, Prize Money and **overall event budget**.
- Services provided to the Athletes.
- Value added and prestige to the world cross country ecosystem and brand.
- Number of international participants.
- **Quality of the course**
- **Broadcast/live streaming coverage.**
- **Geographical spread of the Tour on each continental area.**
- Tradition.
- Respect of these Regulations.
- Respect of all other Rules and Regulations and Graphic Branding Guidelines.
- Respect of the financial commitments towards the Athletes.
- Conduct of anti-doping measures.
- Technical conduct of the competition.

2.2. The status will be reviewed according to procedures agreed by World Athletics and the number limited to ensure exclusivity.

2.3. A Technical Delegate (TD), will be appointed by World Athletics for each Gold level World Athletics Cross-Country Tour Meeting.

2.3.1. The role of the TD is to ensure the Meeting is run in accordance with World Athletics Rules and Regulations including these Regulations and will be ready to give assistance to the Organiser and the Organiser shall guarantee full cooperation to the TD.

2.3.2. Costs of travel and accommodation for the TD to be borne by the Meeting. The TD will be appointed with low cost of travel in mind.

2.3.3. Following each Meeting the designated TD will be required to complete a detailed Report Form concerning the staging of the Meeting to be returned to World Athletics no later than 10 days after the Meeting.

2.3.4. A copy of the TD's Report will also be given to the Organiser and the Area Association where the Meeting is held.

3. Minimum Requirements for Application

3.1. Minimum standards of organisation

The observation and respect of the applicable Rules and Regulations shall always be one of the minimum requirements. Should a Meeting not satisfy the minimum requirements, World Athletics retains the right not to deliver a Permit, to downgrade a Meeting and / or take further action under its Rules and Regulations.

3.2. Races

Organisers shall be required to stage at least a Senior Men's and a Senior Women's race.

U20, Schools & Masters races are optional but the total number of participants should exceed 1000

3.3. Athletes Budget at the World Athletics Cross-Country Tour Gold Meetings

- a. A minimum total athlete budget for travel, accommodation and prize money should be **\$15,000 USD**.
- b. Prize Money shall be paid within 60 days of receipt of the doping control clearance from the Athletics Integrity Unit and of the complete invoices, which must comply with the communicated legal, fiscal and procedural requirements of the Organiser.
- c. Payment of travel reimbursements will be made at the World Athletics Cross-Country Tour Meeting or within 2 weeks after the Meeting, provided the necessary paperwork has been given to the Organiser.
- d. Upon request from World Athletics, an Organiser has the obligation to provide within two weeks, proof of the payments made to the Athletes.
- e. Negotiations for Athletes to compete must be conducted only with authorised Athletes Representatives or with the Athlete directly.

3.4. Medical and Anti-Doping

- a. The Organiser shall provide:
 - Adequate Medical and Emergency Services on site, including emergency assistance and ambulance service, and minor stitching.
 - Physiotherapy facilities at the venue and at the Athletes' hotel.
- b. The Organiser shall organise and cover the costs of doping controls and analyses as follows:
 - A minimum of 5 urine tests must be conducted at the event, of which at least 2 must be analysed for Erythropoiesis Stimulating Agents (ESA).
 - Samples shall be collected in strict accordance with World Athletics Anti-Doping Regulations (and exhibits) using qualified doping control personnel.
 - Samples shall be shipped to and analysed by a WADA-accredited laboratory.

- Additional tests may also be conducted where:
 - World Athletics decides to conduct pre-competition blood testing at its own expense. The Organiser shall assist the Athletics Integrity Unit should pre-competition blood tests take place at the Organiser's event (chaperones, hotel room for sample collection etc.); and/or
 - the Athletics Integrity Unit requests it.

The latest World Athletics Anti-Doping Rules are available to download from: <https://www.worldathletics.org/about-iaaf/documents/book-of-rules> (see Book D - Chapter 3.1)

3.5. Television / Live Streaming

- a. Where the possibility of live Television exists, Television production and services to broadcasters shall comply with the Television Production and Graphic Branding Guidelines.
- b. High Quality Live streaming is compulsory (to be transmitted on World Athletics' YouTube channel).

3.6. Logistics

The Meeting headquarters hotel and transport facilities to be provided by the Organiser must comply with the following minimum requirements:

- Hotel rating Minimum 3 star (***)
- Full board accommodation for invited athletes
- Athletes' transportation to/from hotel, stadium, airport, train station

4. **Entry/Start Lists, Results and World Ranking points**

4.1. Entry lists

Entry Lists should be sent to World Athletics (email: worldathleticsmeetingresults@worldathletics.org) two days before the Meeting and should include:

- Event (Men, Women, U20 Men and U20 Women)
- Athlete's Surname and Name
- Athlete's Country Code
- Athlete's Date / Year of Birth
- Athletes' IF Code (available on the Athletes' Profile Page <https://www.worldathletics.org/athletes>).

4.2. Start Lists

Should be sent the evening before the Meeting, following the Technical Meeting (if applicable) and should include bib number and Athlete's Surname and Name

4.3. Results

Results should ideally be posted live on the event website and sent to World Athletics (email: worldathleticsmeetingresults@worldathletics.org), no later than 60 minutes after the end of each race. The Organiser must also ensure that World Athletics is informed of any correction to the Results.

4.4. World Ranking Points

World Rankings points will be awarded for participation in the senior races according to GL Category. The top 80 finishers will receive direct performance scores (see Appendix 1 below).

5. **World Cross Country Tour Overall Prize Money**

- 5.1. World Athletics will offer Overall Prize Money (\$37,500 for the men and for the women) to the best 6 men and 6 women as per the following structure:

1 st	\$10 000
2 nd	\$8 000
3 rd	\$6 000
4 th	\$5 000
5 th	\$4 500
6 th	\$4 000

- 5.2. For the purpose of awarding the overall prize money, the athletes will be ranked according to their best 3 performance scores achieved in the period 1 September 2021 – 31 March 2022, of which at least 2 must come from World Cross Country Tour meetings (see Appendix 1 for performance score tables).
- 5.3. In case of a tie for the final standings, this shall be resolved in favour of the athlete with the highest single performance score. In case of further tie(s), the next highest performance score(s) will count.
- 5.4. Any athlete who is found to have infringed the Rules and Regulations will not receive any award. In this case, the prize money shall be paid to the next ranked athlete.

PART II - SILVER LEVEL TOUR STATUS REQUIREMENTS

1. Applications

1.1. Formal Applications for a World Athletics Cross-Country Tour - Silver Level shall be submitted as follows:

1.1.1. On the Application Form.

1.1.2. Signed by both the Organiser and the host National Federation and submitted to the relevant Area, with a copy to World Athletics.

1.1.3. By the deadline set by the Area.

2. Evaluation and Reporting

2.1. All World Athletics Cross-Country Tour - Silver level meetings will be nominated through the Areas only, and will undergo an annual evaluation, based on all aspects of their organisation including:

- Level of the Athletes competing.
- Athlete Budget, Prize Money and overall event budget.
- Services provided to the Athletes.
- Value added and prestige to the world cross country ecosystem and brand.
- Number of international participants.
- Quality of the course.
- Broadcast/live streaming coverage.
- Geographical spread on the Tour on each continental area.
- Tradition.
- Respect of these Regulations.
- Respect of all other Rules and Regulations and Graphic Branding Guidelines.
- Respect of the financial commitments towards the Athletes.
- Conduct of anti-doping measures.
- Technical conduct of the competition.

2.2. The status can be reviewed according to procedures agreed by the Area and World Athletics.

2.3. A Technical Delegate (TD), will be appointed by the Area Association for each Silver level World Athletics Cross-Country Tour Meeting

2.3.1. The role of the TD is to ensure the Meeting is run in accordance with World Athletics Rules and Regulations including these Regulations and will be ready to give assistance to the Organiser and the Organiser shall guarantee full cooperation to the TD.

2.3.2. Costs of travel and accommodation for the TD to be borne by the Meeting. The TD will be appointed with low cost of travel in mind.

2.3.3. Following each Meeting the designated TD will be required to complete a detailed Report Form concerning the staging of the Meeting to be returned to the Area, with a copy to World Athletics, no later than 10 days after the Meeting.

2.3.4. A copy of the TD's Report will also be given to the Organiser.

3. Minimum Requirements for Application

3.1. Minimum standards of organisation

The observation and respect of the applicable Rules and Regulations shall always be one of the minimum requirements. Should a Meeting not satisfy the minimum requirements, the Area Association and World Athletics retain the right not to deliver a Permit, to downgrade a Meeting and / or take further action under its Rules and Regulations.

3.2. Races

Organisers shall be required to stage at least a Senior Men's and a Senior Women's race.

U20, Schools & Masters races are optional but the total number of participants should exceed 700.

3.3. Athlete Budget at the World Athletics Cross-Country Tour Silver Meetings

- a. A minimum total athlete budget for travel, accommodation and prize money should be **\$8,000 USD**.
- b. Prize Money shall be paid within 60 days of receipt of the doping control clearance from the Athletics Integrity Unit and of the complete invoices, which must comply with the communicated legal, fiscal and procedural requirements of the Organiser.
- c. Payment of travel reimbursements will be made at the World Athletics Cross-Country Tour Meeting or within 2 weeks after the Meeting, provided the necessary paperwork has been given to the Organiser.
- d. Negotiations for Athletes to compete must be conducted only with authorised Athletes Representatives or with the Athlete directly.

3.4. Medical and Anti-Doping

- a. The Organiser shall provide:
 - Adequate Medical and Emergency Services on site, including emergency assistance and ambulance service, and minor stitching.
 - Physiotherapy facilities at the stadium and at the Athletes' hotel.
- b. The Organiser shall organise and cover the costs of doping controls and analyses as follows:
 - A minimum of 4 urine tests must be conducted at the event, of which at least 2 must be analysed for Erythropoiesis Stimulating Agents (ESA).
 - Samples shall be collected in strict accordance with World Athletics Anti-Doping Regulations (and exhibits) using qualified doping control personnel.
 - Samples shall be shipped to and analysed by a WADA-accredited laboratory.
 - Additional tests may also be conducted where:
 - World Athletics decides to conduct pre-competition blood testing at its own expense. The Organiser shall assist the Athletics Integrity Unit should pre-competition blood tests take place at the Organiser's event (chaperones, hotel room for sample collection etc.); and/or
 - the Athletics Integrity Unit requests it.

The latest World Athletics Anti-Doping Rules are available to download from: <https://www.worldathletics.org/about-iaaf/documents/book-of-rules>

See Book D – Chapter 3.1)

3.5. Live Streaming

Live streaming of a reasonable quality is expected.

3.6. Logistics

The Meeting headquarters hotel and transport facilities to be provided by the Organiser must comply with the following minimum requirements:

- Hotel rating Minimum 3 star (***)
- Athletes' transportation to/from hotel, stadium, airport, train station

4. **Entry/Start Lists, Results and World Ranking points**

4.1. Entry lists

Entry Lists should be sent to the respective Area Association and to World Athletics (email: worldathleticsmeetingresults@worldathletics.org) two days before the Meeting and should include:

- Event (Men, Women, U20 Men and U20 Women)
- Athlete's Surname and Name
- Athlete's Country Code
- Athlete's Date / Year of Birth
- Athletes' IF Code (available on the Athletes' Profile Page <https://www.worldathletics.org/athletes>).

4.2. Start Lists

Should be sent the evening before the Meeting, following the Technical Meeting (if applicable) and should include:

- Bib number
- Athlete's Surname and Name

4.3. Results

Results should ideally be posted live on the event website and sent to World Athletics (email: worldathleticsmeetingresults@worldathletics.org), and to the Area Association, no later than 60 minutes after the end of each race. The Organiser must also ensure that the Area Association and World Athletics are informed of any correction to the Results.

4.4. World Ranking Points

World Rankings points will be awarded for participation in the senior races according to A Category. The top 80 finishers will receive direct performance scores (see Appendix 1).

5. World Cross Country Tour Overall Prize Money

- 5.1. World Athletics will offer Overall Prize Money (\$37,500 for the men and for the women) to the best 6 men and 6 women as per the following structure:

1 st	\$10 000
2 nd	\$8 000
3 rd	\$6 000
4 th	\$5 000
5 th	\$4 500
6 th	\$4 000

- 5.2. For the purpose of awarding the overall prize money, the athletes will be ranked according to their best 3 performance scores achieved in the period 1 September 2021 – 31 March 2022, of which at least 2 must come from World Cross Country Tour meetings (see Appendix 1 for performance score tables).
- 5.3. In case of a tie for the final standings, this shall be resolved in favour of the athlete with the highest single performance score. In case of further tie(s), the next highest performance score(s) will count.
- 5.4. Any athlete who is found to have infringed the Rules and Regulations will not receive any award. In this case, the prize money shall be paid to the next ranked athlete.

PART III - BRONZE LEVEL TOUR STATUS REQUIREMENTS

1. Applications

1.1. Formal Applications for a World Athletics Cross-Country Tour Permit - Bronze Level shall be submitted as follows:

1.1.1. On the Application Form.

1.1.2. Signed by both the Organiser and the host National Federation and submitted to the relevant Area, with a copy to World Athletics.

1.1.3. By the deadline set by the Area.

2. Evaluation and Reporting

2.1. All World Athletics Cross-Country Tour - Bronze level meetings will be nominated through the Areas only, and will undergo an annual evaluation, based on all aspects of their organisation including:

- Level of the Athletes competing.
- Services provided to the Athletes.
- Number of participants.
- Quality of the course.
- Tradition.
- Respect of these Regulations.
- Conduct of anti-doping measures.
- Technical conduct of the competition.

2.2. The status can be reviewed according to procedures agreed by the Area and World Athletics.

3. Minimum Requirements for Application

3.1. Minimum standards of organisation

The observation and respect of the applicable Rules and Regulations shall always be one of the minimum requirements. Should a Meeting not satisfy the minimum requirements, the Area / World Athletics retains the right not to deliver a Permit, to downgrade a Meeting and / or take further action under its Rules and Regulations.

3.2. Races

Organisers shall be required to stage at least a Senior Men's and a Senior Women's race.

U20, Schools & Masters races are optional but the total number of participants should exceed 500.

3.3. Athlete Participation

For each Senior Race, Organisers are encouraged to secure the participation of athletes from at least **two different countries (other than the host country)**.

Negotiations for Athletes to compete must be conducted only with authorised Athletes Representatives or with the Athlete directly.

3.4. Medical and Anti-Doping

- a. The Organiser shall provide:
 - Adequate Medical and Emergency Services on site, including emergency assistance and ambulance service, and minor stitching.
 - Physiotherapy facilities at the stadium and at the Athletes' hotel.
- b. The Organiser shall organise and cover the costs of doping controls and analyses as follows:
 - A minimum of 3 urine tests must be conducted at the event, of which at least 2 must be analysed for Erythropoiesis Stimulating Agents (ESA).
 - Samples shall be collected in strict accordance with World Athletics Anti-Doping Regulations (and exhibits) using qualified doping control personnel.
 - Samples shall be shipped to and analysed by a WADA-accredited laboratory.
 - Additional tests may also be conducted where:
 - World Athletics decides to conduct pre-competition blood testing at its own expense. The Organiser shall assist the Athletics Integrity Unit should pre-competition blood tests take place at the Organiser's event (chaperones, hotel room for sample collection etc.); and/or
 - the Athletics Integrity Unit requests it.

The latest World Athletics Anti-Doping Rules are available to download from <https://www.worldathletics.org/about-iaaf/documents/book-of-rules> (See Book D – Chapter 3.1).

3.5. Live Streaming

Live streaming is expected.

3.6. Logistics

The Meeting headquarters hotel and transport facilities to be provided by the Organiser must comply with the following minimum requirements:

- Hotel rating Minimum 3 star (***)
- Athletes' transportation to/from hotel, stadium, airport, train station

4. **Entry/Start Lists, Results and World Ranking points**

4.1. Entry/Start lists

Entry/Start Lists should be sent to the respective Area Association and to World Athletics (email: worldathleticsmeetingresults@worldathletics.org) two days before the Meeting and should include:

- Event (Men, Women, U20 Men and U20 Women)
- Athlete's Surname and Name
- Athlete's Country Code
- Athlete's Date / Year of Birth
- Athletes' IF Code (available on the Athletes' Profile Page <https://www.worldathletics.org/athletes>).

4.2. Results

Results should ideally be posted live on the event website and sent to World Athletics (email: worldathleticsmeetingresults@worldathletics.org), and to the Area Association,

no later than 60 minutes after the end of each race. The Organiser must also ensure that the Area Association and World Athletics are informed of any correction to the Results.

4.3. World Ranking Points

World Rankings points will be awarded for participation in the senior races according to B Category. The top 40 finishers will receive direct performance scores (see Appendix 1).

5. **World Cross Country Tour Overall Prize Money**

- 5.1. World Athletics will offer Overall Prize Money (\$37,500 for the men and for the women) to the best 6 men and 6 women as per the following structure:

1 st	\$10 000
2 nd	\$8 000
3 rd	\$6 000
4 th	\$5 000
5 th	\$4 500
6 th	\$4 000

- 5.2. For the purpose of awarding the overall prize money, the athletes will be ranked according to their best 3 performance scores achieved in the period 1 September 2021 – 31 March 2022, of which at least 2 must come from World Cross Country Tour meetings (see Appendix 1 for performance score tables).
- 5.3. In case of a tie for the final standings, this shall be resolved in favour of the athlete with the highest single performance score. In case of further tie(s), the next highest performance score(s) will count.
- 5.4. Any athlete who is found to have infringed the Rules and Regulations will not receive any award. In this case, the prize money shall be paid to the next ranked athlete.

Appendix 1 – Performance Scores for the various Categories and placings

	GW	GL	A	B
	<ul style="list-style-type: none"> World Athletics Cross Country Championships (WXC) 	<ul style="list-style-type: none"> XC Tour Gold Area XC Champs 	<ul style="list-style-type: none"> XC Tour Silver 	<ul style="list-style-type: none"> XC Tour Bronze WXC-U20 National XC Champs Other International XC Competitions (e.g. Pan-Am XC Cup, CAC XC Champs, FISU XC Champs, Balkan XC Champs, etc.)
Place	Perf.Sc	Perf.Sc	Perf.Sc	Perf.Sc
1	1400	1280	1240	1150
2	1375	1260	1220	1130
3	1350	1240	1200	1110
4	1325	1220	1180	1090
5	1300	1200	1160	1070
6	1275	1185	1145	1050
7	1250	1170	1130	1035
8	1225	1155	1120	1020
9	1200	1140	1110	1005
10	1190	1130	1100	990
11	1185	1120	1090	980
12	1180	1110	1080	970
13	1175	1100	1070	960
14	1170	1090	1060	950
15	1165	1085	1055	940
16	1160	1080	1050	930
17	1155	1075	1045	920
18	1150	1070	1040	910
19	1145	1065	1035	900
20	1140	1060	1030	890
21	1135	1055	1025	885
22	1130	1050	1020	880
23	1125	1045	1015	875
24	1120	1040	1010	870
25	1115	1035	1005	865
26	1110	1030	1000	860
27	1105	1025	995	855
28	1100	1020	990	850
29	1095	1015	985	845
30	1090	1010	980	840
31	1085	1005	975	835
32	1080	1000	970	830
33	1077	995	965	825
34	1074	990	960	820
35	1071	985	955	815
36	1068	980	950	810
37	1065	975	945	805

	GW	GL	A	B
	<ul style="list-style-type: none"> World Athletics Cross Country Championships (WXC) 	<ul style="list-style-type: none"> XC Tour Gold Area XC Champs 	<ul style="list-style-type: none"> XC Tour Silver 	<ul style="list-style-type: none"> XC Tour Bronze WXC-U20 National XC Champs Other International XC Competitions (e.g. Pan-Am XC Cup, CAC XC Champs, FISU XC Champs, Balkan XC Champs, etc.)
38	1062	970	940	800
39	1059	965	935	795
40	1056	960	930	790
41	1053	957	927	
42	1050	954	924	
43	1047	951	921	
44	1044	948	918	
45	1041	945	915	
46	1038	942	912	
47	1035	939	909	
48	1032	936	906	
49	1029	933	903	
50	1026	930	900	
51	1024	928	898	
52	1022	926	896	
53	1020	924	894	
54	1018	922	892	
55	1016	920	890	
56	1014	918	888	
57	1012	916	886	
58	1010	914	884	
59	1008	912	882	
60	1006	910	880	
61	1004	908	879	
62	1002	906	878	
63	1000	904	877	
64	998	902	876	
65	996	900	875	
66	994	898	874	
67	992	896	873	
68	990	894	872	
69	988	892	871	
70	986	890	870	
71	984	888	869	
72	982	886	868	
73	980	884	867	
74	978	882	866	
75	976	880	865	
76	974	878	864	
77	972	876	863	

	GW	GL	A	B
	<ul style="list-style-type: none"> World Athletics Cross Country Championships (WXC) 	<ul style="list-style-type: none"> XC Tour Gold Area XC Champs 	<ul style="list-style-type: none"> XC Tour Silver 	<ul style="list-style-type: none"> XC Tour Bronze WXC-U20 National XC Champs Other International XC Competitions (e.g. Pan-Am XC Cup, CAC XC Champs, FISU XC Champs, Balkan XC Champs, etc.)
78	970	874	862	
79	968	872	861	
80	966	870	860	
81	964			
82	962			
83	960			
84	958			
85	956			
86	954			
87	953			
88	952			
89	951			
90	950			
91	949			
92	948			
93	947			
94	946			
95	945			
96	944			
97	943			
98	942			
99	941			
100	940			
101	939			
102	938			
103	937			
104	936			
105	935			
106	934			
107	933			
108	932			
109	931			
110	930			
111	929			
112	928			
113	927			
114	926			
115	925			
116	924			
117	923			

GW	GL	A	B
<ul style="list-style-type: none"> • World Athletics Cross Country Championships (WXC) 	<ul style="list-style-type: none"> • XC Tour Gold • Area XC Champs 	<ul style="list-style-type: none"> • XC Tour Silver 	<ul style="list-style-type: none"> • XC Tour Bronze • WXC-U20 • National XC Champs • Other International XC Competitions (e.g. Pan-Am XC Cup, CAC XC Champs, FISU XC Champs, Balkan XC Champs, etc.)

118	922
119	921
120	920
121	919
122	918
123	917
124	916
125	915
126	914
127	913
128	912
129	911
130	910
131	909
132	908
133	907
134	906
135	905
136	904
137	903
138	902
139	901
140	900
141	899
142	898
143	897
144	896
145	895
146	894
147	893
148	892
149	891
150	890
151	889
152	888
153	887
154	886
155	885
156	884
157	883

	GW	GL	A	B
	<ul style="list-style-type: none"> World Athletics Cross Country Championships (WXC) 	<ul style="list-style-type: none"> XC Tour Gold Area XC Champs 	<ul style="list-style-type: none"> XC Tour Silver 	<ul style="list-style-type: none"> XC Tour Bronze WXC-U20 National XC Champs Other International XC Competitions (e.g. Pan-Am XC Cup, CAC XC Champs, FISU XC Champs, Balkan XC Champs, etc.)
158	882			
159	881			
160	880			