

BIOGRAPHIES

Jozsef Sir (HUN)

Honorary Editorial Board



Jozsef Sir was born in Budapest on the 28th of April 1912. He obtained three university diplomas at the University of Budapest: Law, State Science and Physical Education, a four-year course. He is fluent in English, Spanish, French and German.

In 1928 he began his athletic career as a junior athlete; he was a Junior Champion in sprinting events and a member of the National Team for Hungary. In 1934 he became British Champion in the 100yds and in the Relay. He won two silver medals in the European Championships; his best times were 10.3 in the 100m and 21.1 in the 200m. He also won Universiade sprint titles four times.

In 1962 he was awarded the Veteran Pin and became a European Committee Council member which he served on from 1962 to 1983. From 1964 to 1984 he was also a

member of the I.A.A.F. Council and leader of the European Team for World Cup Competitions. When, in 1976, the I.A.A.F. Development Commission was established on his proposal, he was elected Chairman and maintained this office up to 1984. In 1985 he became the director of the I.A.A.F. Development Programme.

Jozsef Sir has published eleven books on training methodology and technique. He has been called sixteen times to be Technical Delegate at major Games and Championships, including the 1984 Olympic Games. He has frequently been course leader at officiating and coaching courses around the world.

Amadeo I. D. Francis (PUR)
Honorary Editorial Board



Special Assistant/Advisor on Economic Development to Governor of Puerto Rico.

Born on Oct. 22, 1931 in Frederiksted, St. Croix, U.S. Virgin Islands.

Extensive service in public and private sectors, including Director of Economic Research, Economic Development Administration of Puerto Rico, and Deputy Administrator in charge of Overseas Operations, same agency. Also Commissioner of Commerce, U.S. Virgin Islands.

Also served as chief executive officer of a major manufacturer of communications equipment, as corporate vice president with an investment company, and as president of his own consulting firm.

Graduate of Interamerican University of Puerto Rico (B.A., 1951); London School of Economics, University of London, M.Sc. (Econ.), 1955; School of Public Administration, University of Puerto Rico (M.P.A., 1958).

Competed in 400 meters, 110 meter hurdles and 400 meter hurdles. British Universities Champion, 1954. Participated in Central American and Caribbean Games (Guatemala, 1950 and Mexico, 1954), Olympic Games (Helsinki, 1952 and Melbourne, 1956), University Games (Dortmund, 1953), Panamerican Games (Mexico, 1955).

Served as President of Puerto Rico Amateur Athletic Federation, 1965-73. Was founding member of Central American and Caribbean Athletic Confederation and of Panamerican Athletic Commission, which he has presided since 1976. Elected to Council of IAAF in Montreal in 1976 as area member from North and Central America and the Caribbean; re-elected in 1981 and 1984.

Organised athletics competition at X Central American and Caribbean Games in San Juan, Puerto Rico, 1966, and I Central American and Caribbean University Games

in 1968. Served as member of Jury of Appeals at two USA-USSR meets and numerous area meets besides (since 1976) assignments to same as member of IAAF Council at World Cups, World Championships and Olympic Games. Has also served as IAAF representative at CAC Athletic Championships in 1977, 1979, 1981, 1983 and 1985; at CAC Games in 1978 and 1982 and at Panamerican Games in 1979 and 1983.

Founder and editor of PANATHLETE, the track and field magazine of the Americas.

Arne Ljungqvist (SWE)
Honorary Editorial Board



Arne Ljungqvist was born in Stockholm, April 23, 1931. He got his medical education at the Karolinska Institute in Stockholm where he graduated as M.D. in 1959. In 1964 he received a Ph.D. on a thesis on kidney diseases. He became professor of pathology at the Karolinska Institute in 1967. He acted as vice dean of the medical faculty of Karolinska Institute and chairman of its educational committee 1972-1977 and as prorector of the Karolinska Institute 1977-1983. Since 1981 professor Ljungqvist is head of the department of pathology at the Karolinska Hospital in Stockholm. He has published more than 100 scientific articles on pathology, particularly in the field of renal and cardiovascular diseases. He is member of the board of the Swedish Cancer Society and member of a large number of international medical scientific societies.

Ljungqvist started his sporting career at an early age and became several times Swedish Junior Champion in high jump, pole vault and javelin. In 1952 he became Swedish Champion in high jump and reached his personal best (2.01 m in scissors style). As international high jumper he won several international matches between Sweden and other countries. He represented Sweden at the Olympic Games in Helsinki, 1952 and was amongst the top three ranked

high jumpers in Europe in the years 1951-1952. He finished his active career in 1952 because of injury ("jumper's knee"; see article in this issue) and medical studies. Ljungqvist came back into sport in 1973 as president of the Swedish Amateur Athletic Federation until 1981. He became a member of the IAAF Council in 1976 and vice president in 1981. He has been chairman of the IAAF Medical Committee since 1980 and a

member of the scientific working group. Ljungqvist has also been a member of the council of the Swedish Sports Confederation since 1975 and chairman of its medical and doping committees as well as the Swedish sports research council. In 1977 Professor Ljungqvist was greatly honored when he was appointed chamberlain to His Majesty the King of Sweden, which post he still holds.

John B Holt (GBR)

Executive Editorial Board



General Secretary of the International Amateur Athletic Federation since 1976.

Born in Manchester on December 23, 1938 and married with two children.

Educated - Manchester Grammar School and Oxford University (Modern Languages - M.A.)

Before joining the IAAF taught Modern Languages and Sport at Tonbridge School in Kent.

As an athlete he represented Oxford University from 1958-1961 being University President in 1960. In 1959 he was a Silver Medallist (800 metres) and Bronze Medallist (4x400 m) in the World Student Games in Turin, where he first met Primo Nebiolo (President of the Turin Organising Committee). Two years later he captained the British Students' Athletic Team in Sofia.

He represented Great Britain in the 400 m and 800 m from 1959 to 1961, with best times of 48.2 and 1:49.2.

Hobbies include Piano and Organ playing and Running. He still competes for pleasure in Road races and has run 9 Marathons in the last 5 years with a Best performance of 2 hours 52.46 (London, 1984).

As General Secretary, has contributed to many IAAF publications, reports and Development books. Is very proud to be an Honorary Member of A.T.F.S., and to have been present to witness the astonishing double victories of Vaatainen and Viren in Helsinki, Munich and Montreal.