

## IAAF/Trinidad Alfonso World Half Marathon Championships 2018 • Biographical Start List • Men

## Men's Half Marathon

160 Entrants

17:30

Championship Record: 58:59 Zersenay Tadese ERI Udine 14 Oct 07

70+ART Countries

		Age	(Days)	Born	SB	PB
1	<b>KELLEZI Ilir</b> ALB	29y	258d	1988	-	72:08 -14
Mountain running international // Marathon pb: 2:35:11 -17. Half Mar pb: 73:57 -10. 10,000 pb: 33:29.09 -13. 20 WSG Half Mar 2011; 73 World Half Mar 2012 (2014-107); 6 Mediterranean Games 10,000 2013; 47 European Mountain Running Champs 2014 (2013-57, 2011-66, 2017-64); 78 World Mountain Running Champs 2016. 1 Albanian 10,000 2015. At EXC: 2008-80u23, 2010-96u23, 2012-80, 2014-68, 2015-72, 2016-73, 2017-76 Marathon (1): 3 Thessaloniki 2017						
2	<b>BENGRIBA Maámar</b> ALG	32y	149d	1985	63:46	63:46 -18
10,000 pb: 29:34.74 -16. 5000 pb: 13:59.63 -05. 7 French 10,000 2016 In 2018: 18 Marrakech Half Mar						
4	<b>GUERZIZ Abdelaziz</b> ALG	30y	351d	1987	63:09	63:09 -18
In 2018: 14 Marrakech Half Mar						
5	<b>LAAMECHE EI Hadi</b> ALG	27y	325d	1990		64:55 -16
Marathon pb: 2:16:12 -15. Coach-Lamri Abdelkrim Marathons (3): 5 Algiers 2015, 12 Düsseldorf 2016, dnf OLY 2016						
6	<b>TERFIA Farid</b> ALG	32y	69d	1986	63:00	63:00 -18
At WXC: 2015-93J // In 2018: 13 Marrakech Half Mar						
7	<b>BERNADO Toni</b> AND	51y	105d	1966	70:21	65:24 -05
Full name-Antoni Bernardo Planas In London 2012 became he first man to compete in five Olympic marathons Marathon pb: 2:14:25 -03. 10,000 pb: 29:47.74 -02. 5000 pb: 14:10.06 -05. 61 World Half Mar 2002 (96-102). At WXC: 98-125 long, 2000-114 long Marathons include: 241 WCP 93, 53 Berlin 95, 54 Paris 96, 87 OLY 96, 46 Berlin 97, 38 London 98, 27 Rotterdam 99, 31 Rotterdam 2000, 49 OLY 2000, 25 Rotterdam 2001, 17 Madrid 2001, 25 ECH 2002, 3 Barcelona 2003, 36 WCH 2003, 2 Barcelona 2004, 57 OLY 2004, 1 Vitoria 2005, 26 WCH 2005, 2 Vitoria 2006, 23 ECH 2006, 3 Barcelona 2007, 48 WCH 2007, 58 OLY 2008, 16 Barcelona 2010, 33 ECH 2010, 7 Barcelona 2011, 74 OLY 2012 In 2018: 65 Barcelona Half Mar He is the first athlete over 50 to compete at the IAAF World Half Marathon Championships						
8	<b>CARMONA PARADA Francesc Josep</b> AND	33y	141d	1984	76:30	76:30 -18
10	<b>BÁRZOLA Miguel Ángel</b> ARG	35y	314d	1982	66:37	63:44 -10
Marathon pb: 2:15:00 -11. 10,000 pb: 28:44.54 -08. 5000 pb: 13:42.55 -10. 2 South American 10,000 2009 (2011-7); 6 Pan-Am Games 10,000 2011 (11 5000). Half Mar pb: 63:44 -10. At WXC: 2009-96, 2010-45, 2011-47 Marathons (5): 12 Rotterdam 2011, 35 OLY 2012, 18 Valencia 2015, 2 Buenos Aires 2016, 27 Hamburg 2017 In 2018: 10 Elgóibar XC; 17 Seville XC; 5 San Sebastián XC; 5 Almería Half Mar						
11	<b>MASTROMARINO Mariano</b> ARG	35y	190d	1982	-	64:35 -16
2015 Pan-American Games marathon bronze // Marathon pb: 2:15:27 -16. 5000 pb: 14:02.93 -06. 3000SC pb: 8:36.75 -12. ht WJC 3000SC 2000; 3 South American 3000SC 2009/2011; 10 Pan-Am Games 3000SC 2011; 4 Ibero-American 3000SC 2012 Marathons (8): 7 Buenos Aires 2012, 22 Paris 2013, 3 Pan-Am Games 2015, 17 Valencia 2015, 12 Rotterdam 2016, 53 OLY 2016, dnf WCH 2017, 1 Mar del Plata 2017. Also paced Buenos Aires 2017						
12	<b>KOCK Alrric Leroy</b> ARU	37y	203d	1980	-	-
13	<b>BIRMINGHAM Collis</b> AUS	33y	86d	1984	-	60:56 -13 NR
Eighth at 2013 World Cross Country Championships // 10,000 pb: 27:29.73 -09. 5000 pb: 13:09.57 -12. 3000 pb: 7:35.45 -12. 1500 pb: 3:35.50 -10. ht OLY 5000 2008/2012; 6 IAAF Continental Cup 5000 2010; 6 COM 5000 2010 (9 10,000); 24 WCH 10,000 2013 (2009-dnf, 2011-ht); 10 WIC 3000 2014 (2016-ht); 12 COM 5000 2014; ht WCH 5000 2015. 1 Australian 5000 2009/2014; 1 Scottish 1500 2007/2008/2009. At WXC: 2003-83J, 2007-67, 2008-73, 2009-29, 2010-81, 2013-8. Helped paced Monza "Breaking2" Exhibition Marathon 2017. Coach-Nic Bideau						
14	<b>do CANTO Thomas</b> AUS	31y	298d	1986	-	65:00 -17
Won the 2016 Melbourne Marathon on his debut at the distance, then improved by six minutes in his second marathon in Fukuoka Marathon pb: 2:14:59 -17. 1 New South Wales State 10,000 2015; 1 Sydney Half Mar 2017. He runs his own podiatry practice (foot treatment) in North Sydney Marathons (2): 1 Melbourne 2016, 19 Fukuoka 2017						
15	<b>GEBRSELASSIE Dejen</b> AUS	25y	162d	1992		64:12 -17
10,000 pb: 29:51.89 -17. 5000 pb: 14:24.79 -17. 3 Gold Coast Half Mar 2017. Born-Sudan, to where his family had fled from Ethiopia. Family moved to Australia (Tasmania) when Dejen was 10. Coach-Sean Williams In 2018: 2 Hobart 10K						
16	<b>HERZOG Peter</b> AUT	30y	235d	1987	-	64:43 -17
Marathon pb: 2:17:37 -17. 1 Austrian XC 2018 Marathons (3): 18 Frankfurt 2016, 18 Vienna 2017, 27 Berlin 2017 In 2018: 1 Austrian XC						
17	<b>KETEMA Lemawork</b> AUT	32y	153d	1985	-	63:50 -14
Full name-Lemawork Ketema Weldearegaye Allegiance transferee from Ethiopia – has lived in Austria since June 11, 2013, acquired Austrian citizenship in February 2016 and cleared by IAAF to represent Austria from June 27, 2016 Marathon pb: 2:14:23 -15. 20 ECH Half Mar 2016. At EXC: 2017-62 Marathons (4): 1 Graz 2014, 2 Rio 2015, 18 Hamburg 2016, 4 Linz 2017						
18	<b>STEINHAMMER Christian</b> AUT	29y	153d	1988	-	65:31 -17
Marathon pb: 2:17:54 -17. 3000SC pb: 8:43.40 -14. 5000 pb: 14:01.66 -13. 6 under-23 ECH 2009. At EXC 2006-83J, 2008-48u23, 2009-31u23, 2012-55, 2013-33, 2014-37, 2016-52. 1 Austrian 5000 2013/2014 Marathon (1): 21 Frankfurt 2017						

20	<b>IRABARUTA Olivier</b> BDI	27y	211d	1990	63:27	62:54 -16
Second in 2013 Francophone Games 10,000m // 10,000 pb: 27:55.92 -16. 5000 pb: 13:17.98 -16. 3000 pb: 7:50.98 -16. 1500 pb: 3:48.70 -16. 5 African Champs 5000 2012 (2010-13); 6 African Champs 10,000 2012; ht OLY 5000 2012; 2 Francophone Games 10,000 2013 (5 5000); 6 African Champs 5000 2014 (7 10,000); 10 African Games 10,000 2015; 27 OLY 10,000 2016 (ht 5000). At WXC: 2015-63, 2017-54. Based in Italy. He was the Burundian flag bearer at the opening ceremony in Rio 2016 In 2018: 13 Riyadh Half Mar						
21	<b>NAERT Koen</b> BEL	28y	202d	1989	65:19	63:29 -17
First European finisher at 2015 Berlin Marathon // Marathon pb: 2:10:16 -17. 10,000 pb: 28:32.29 -12. 5000 pb: 13:32.83 -14. 1500 pb: 3:42.99 -14. 7 under-23 ECH 10,000 2009; 11 ECH 10,000 2014. At EXC: 2008-35J, 2009-40u23, 2010-39u23, 2013-9 (team silver), 2015-28. 1 Belgian 5000 2015/2016 Marathons (5): 13 Hamburg 2015, 7 Berlin 2015, 22 OLY 2016, 8 Frankfurt 2016, 10 Rotterdam 2017 In 2018: 6 Egmond Aan Zee Half Mar; 2 Apeldoorn 8K; 1 Alphen Aan den Rijn 20K						
22	<b>AYALEW Aweke</b> BRN	25y	29d	1993	-	63:01 -14
Full name-Aweke Ayalew Yimer Allegiance transferee from Ethiopia – acquired Bahraini citizenship on February 13, 2013, cleared by IAAF to compete for Bahrain from February 12, 2014 10,000 pb: 29:14.55 -15. 5000 pb: 13:05.00 -13. 3000 pb: 7:49.09 -14. 1 Asian XC 2014; 50 World Half Mar 2014; 5 IAAF Continental Cup 3000 2014; 21 WCH 10,000 2015. At WXC: 2015-10, 2017-24 In 2018: 1 Le Mans XC; 8 Seville XC; 1 San Sebastián XC						
24	<b>CHEROBEN Abraham</b> BRN	25y	133d	1992	-	58:40 -17 AR
Full name-Abraham Naibei Cheroben Allegiance transferee from Kenya – began living in Bahrain on August 1, 2015, acquired Bahraini citizenship on August 19, 2015 and cleared by IAAF to compete for Bahrain from August 1, 2016 10,000 pb: 27:11.08 -17. 1 Berlin 25K 2014; 1 Valencia Half Mar 2014/2015; 10 OLY 10,000 2016; 1 Islamic Solidarity Games 10,000 2017; 12 WCH 10,000 2017. At WXC: 2017-dnf. His 58:40 Half Marathon in Copenhagen 2017 puts him third on the world all-time list (after Zernesay Tadese and the late Samuel Wainjiru). Coach-Juma Ndiwa In 2018: dnf Safi Half Mar						
26	<b>EL ABBASSI El Hassan</b> BRN	33y	344d	1984	63:01	60:52 -17
Allegiance transferee from Morocco – acquired Bahraini citizenship on August 13, 2013, cleared by IAAF to compete for Bahrain from August 12, 2014 Reigning Asian Games Champion & Asian Champion at 10,000m 10,000 pb: 27:25.02 -15. 5000 pb: 13:19.36 -16. 1 Marrakech Half Mar 2013; 1 Casablanca 10K 2013/2016; 1 Asian Games 10,000 2014; 1 Arab 10,000 2015; 1 Asian Champs 10,000 2015; 12 WCH 10,000 2015; 1 World Military Games 10,000 2015; 1 Gulf 10,000 2015; 26 OLY 10,000 2016. At WXC: 2015-15 Marathons (2): 56 Otsu 2017, 2 Lisbon 2017 In 2018: 2 Safi Half Mar; 10 Riyadh Half Mar						
27	<b>ROP Albert</b> BRN	25y	249d	1992	-	-
Full name-Albert Kibichii Rop Allegiance transferee from Kenya – acquired Bahraini citizenship in April 2013 and cleared by IAAF to represent Bahrain in international competition from April 1, 2014 5000 pb: 12:51.96 -13. 3000 pb: 7:32.02 -16. 1 Arab Champs 5000 2013 (2015-2); 4 IAAF Continental Cup 5000 2014; 3 Asian Games 5000 2014; 11 WCH 5000 2015 (2017-ht); 1 World Military Games 5000 2015; 2 Asian Indoor Champs 3000 2016; 1 Asian XC 2016; 7 OLY 5000 2016. At WXC: 2015-11, 2017-dnf. Holds Asian records at 5000m & indoor 3000m In 2018: 6 Düsseldorf 3000; 5 Liévin 3000						
28	<b>ESSELINK Evan</b> CAN	26y	24d	1992	64:08	64:08 -18
10,000 pb: 28:55.98 -15. 5000 pb: 13:59.04 -16. ht World Youth 3000 2009; 13 WSG 10,000 2017. At WXC: 2017-88. 1 Canadian 10,000 2017 In 2018: 35 Houston Half Mar						
29	<b>JIBRIL Sami</b> CAN	28y	136d	1989	65:06	64:30 -16
Marathon pb: 2:22:04 -17. 10,000 pb: 29:43.90 -14. At WC: 2017-80. 6 North/Central American & Caribbean XC 2017 Marathons (2): 18 Toronto 2015, 11 Toronto 2017 In 2018: 39 Houston Half Mar						
30	<b>LEVINS Cam</b> CAN	28y	361d	1989	65:00	65:00 -18
2014 Commonwealth Games bronze at 10,000m // 10,000 pb: 27:07.51 -15. 5000 pb: 13:15.19 -13. 1 North/Central American & Caribbean XC 2012; 11 OLY 10,000 2012 (14 5000); 3 COM 10,000 2014; 5 Pan-Am Games 5000 2015; 14 WCH 10,000 2015 (ht 5000); ht WIC 3000 2016. At WXC: 2011-55, 2013-41. 1 NCAA 5000/10,000 2012. 1 Canadian XC 2010/2011/2013 & 5000 2012/2013/2014. In 2012 he became the first ever student from Southern Utah University to win a US Collegiate title. Graduated in 2012 with a Bachelor of Science in Physical Education In 2018: 37 Houston Half Mar						
31	<b>MARTINSON Geoffrey</b> CAN	31y	363d	1986	63:38	63:38 -18
10,000 pb: 28:48.33 -17. 5000 pb: 13:43.45 -11. 1500 pb: 3:37.56 -11. 800 pb: 1:48.97 -09. sf World Youth 800 2003; sf WCH 1500 2011. 2 Canadian 1500 2010 (2011-3) In 2018: 33 Houston Half Mar						
32	<b>BETOUDJI Valentin</b> CHA	27y	38d	1991	-	-
5000 pb: 15:40.58 -15						
33	<b>ENCINA Leslie</b> CHI	36y	81d	1982	-	65:04 -07
Marathon pb: 2:17:46 -15. 10,000 pb: 28:49.88 -13. 5000 pb: 13:50.36 -13. 1500 pb: 3:45.0 -11. 9 Pan-Am Games 1500 2007 (2011-10); 4 South American 1500 2011; 4 South American 5000 2013 (2017-9); 6 South American 10,000 2013 (2011-11, 2015/2017-7); 8 Pan-Am Games 10,000 2015 Marathons (8): 3 Santiago de Chile 2007; 2 Buenos Aires 2014, 1 Vina Del Mar 2015, 25 Rotterdam 2016, 4 Lima 2016, 5 Temuco 2017, 49 WCH 2017, 5 Temuco 2017						
34	<b>YANEZ Enzo</b> CHI	32y	192d	1985	-	65:11 -17
Marathon pb: 2:17:35 -16. 3000SC pb: 8:42.9 -11. 3 South American 3000SC 2015 (2009-5, 2011-8); 9 Pan-Am Games 3000SC 2015. At WXC: 2006-108 long, 113 short Marathons (5): 4 Temuco 2016, 107 OLY 2016, 1 Temuco 2017, dnf WCH 2017, 23 New York 2017						
35	<b>LIU Jinrun</b> CHN	19y	354d	1998	-	68:04 -17
37	<b>XIE Chao</b> CHN	20y	75d	1998	-	69:31 -16
10,000 pb: 31:24.00 -17. ht World Youth 3000 2015. 1 Chinese junior 10,000 2017						
38	<b>ATSE-HERRERA Jonathan</b> CIV	30y	197d	1987	-	70:48 -17
10K pb: 32:19 -15						
40	<b>DIAS Sergio</b> CPV	33y	152d	1984	67:17	66:13 -17
10K pb: 29:16 -16. 1 Geneva Half Mar 2017 In 2018: 1 Las Palmas Half Mar						
41	<b>LIZANO Cesar</b> CRC	36y	17d	1982	-	65:51 -13
= // Marathon pb: 2:17:50 -11. 83 World Half Mar 2009 (2014-84) Marathons (11): 4 Philadelphia 2009, 19 Toronto 2010, 33 Rotterdam 2011, 11 Chicago 2011, 65 OLY 2012, 11 Houston 2013, 37 New York 2013, 19 Sacramento 2014, 26 London 2015, 12 Houston 2016, 32 Rotterdam 2016						

42	<b>FAK Danijel</b> CRO	<b>32y</b>	313d	1985	-	<b>68:39 -17</b>
5000 pb: 14:51.60 -17. 1 Croat indoor 3000 2017 In 2018: 8 Balkan indoor 3000						
43	<b>PAVELIĆ Antun Rudolf</b> CRO	<b>28y</b>	36d	1990	-	<b>68:51 -17</b>
10,000 pb: 30:56.2 -17. 1 Croat 10,000 2017. At EXC: 2014-67						
44	<b>HOMOLÁČ Jiří</b> CZE	<b>28y</b>	27d	1990	-	<b>63:50 -16</b>
Marathon pb: 2:16:55 -16. 10,000 pb: 29:59.76 -14. 22 WSG Half Mar 2013. At EXC: 2009-64J, 2012-22u23, 2016-61, 2017-70 Marathons (11): 20 Prague 2012, 12 Prague 2013, 26 Frankfurt 2013, 15 Prague 2014, 27 Berlin 2014, 15 Prague 2015, 40 Berlin 2015, 21 Hamburg 2016, dnf Prague 2016, 14 Vienna 2017, 26 Frankfurt 2017						
45	<b>FAURSCHOU Jesper</b> DEN	<b>34y</b>	266d	1983	-	<b>64:01 -14</b>
Marathon pb: 2:16:15 -11. 10,000 pb: 29:47.56 -09. 12 under-23 ECH 10,000 2005; 47 World Half Mar 2008 (2014-62, 2016-60). At WXC: 2008-127, 2017-90. At EXC: 2002-47J, 2008-55, 2009-50, 2010-48, 2011-39, 2012-56, 2013-57, 2014-62, 2015-38, 2017-63. 1 Danish 5000/10,000 2007. Father of two (twins). Coach-Karl-Åge Søltøft Marathons (14): 15 Berlin 2009, 29 ECH 2010; 16 London 2011, 32 WCH 2011, 20 London 2012, 41 OLY 2012, 35 Berlin 2013, 22 ECH 2014, 19 Hamburg 2015, 5 Odense 2015, 31 Hamburg 2016, 8 Odense 2016, 21 New York 2016, 4 Odense 2017 In 2018: 2 Danish indoor 3000						
47	<b>ULAD Abdi Hakin</b> DEN	<b>26y</b>	283d	1991	-	<b>62:24 -14</b>
Fifth at 2016 European Half Marathon Championships // Marathon pb: 2:14:03 -16. 10,000 pb: 28:39.14 -14. 5000 pb: 13:56.64 -13. 3 under-23 ECH 10,000 2013; 34 World Half Mar 2014 (2012-44); 15 ECH 10,000 2014; 5 ECH Half Mar 2016. At EXC: 2011-29u23, 2012-11u23, 2013-23u23, 2014-58, 2015-11, 2017-25. 1 Nordic XC 2012/2013. 1 Danish 5000 2015, 2016-12. Came to Denmark in 2002 at age 10 as a refugee from Somalia. Coach-Leo Madsen Marathons (4): 19 Frankfurt 2015, 11 Hamburg 2016, 35 OLY 2016, 35 WCH 2017 In 2018: 3 Kerkrade XC						
48	<b>JAMI Segundo</b> ECU	<b>31y</b>	316d	1986	-	<b>64:33 -13</b>
Full name-Segundo Oswaldo Jami // Marathon pb: 2:17:11 -15. 5000 pb: 14:39.76 -13. 7 South American 5000 2006 Marathons (6): 25 Boston 2014; 8 Zürich 2015, 11 Pan-Am Games 2015, 123 OLY 2016, 12 Prague 2017, 57 WCH 2017						
49	<b>PIEDRA Byron</b> ECU	<b>35y</b>	227d	1982	-	<b>62:35 -16</b>
Full name-Byron Efrén Piedra Aviles (Byron aka Bayron) Multiple South American titles, most recently at 10,000m in 2017 Marathon pb: 2:14:12 -16. 5000 pb: 13:23.72 -12, 3000 pb: 7:47.06 -10. 1500 pb: 3:37.88 -07. 800 pb: 1:46.55 -08. ht OLY 800 2004; 1 South American 5000 2005/2009 & 1500 2007/2009; 3 Pan-Am Games 1500 2007; ht WCH 1500 2007/2009; 1 Ibero-American 3000 2008 (2 1500); ht OLY 1500 2008; 2 WSG 5000 2009; ht WCH 5000 2009/2015; 3 IAAF Continental Cup 3000 2010; dnf WCH 10,000 2011; 2 Pan-Am Games 5000 2011 (dnf 10,000); dnf OLY 10,000 2012; 1 South American Games 10,000 2014; 1 South American 10,000 2015/2017; 6 Pan-Am Games 10,000 2015 (10 5000); 21 WCH 10,000 2017. At WXC: 2000-87J, 2004-63 short, 2015-54 Marathons (8): 1 Guayaquil 2007, 1 Guayaquil 2008, 71 Chicago 2014, 2 Torreón 2015, 54 WCH 2015, 18 OLY 2016, dnf Otsu 2017, dnf New York 2017						
50	<b>PILLAJO Adrián</b> ECU	<b>26y</b>	260d	1991	-	-
5000 pb: 15:15.95 -14. At WXC: 2015-92						
51	<b>VASCONEZ Christian</b> ECU	<b>28y</b>	106d	1989	-	<b>66:25 -17</b>
Marathon pb: 2:15:58 -17. 5000 pb: 14:56.85 -14. At WXC: 2015-93. 12 South American 5000 2017 Marathon (1): 16 Valencia 2017						
52	<b>AHMED Hussein</b> EGY	<b>38y</b>	120d	1979	<b>72:18</b>	<b>70:24 -17</b>
Marathon pb: 2:29:48 -17. 76 World Half Mar 2016. Member of British club Serpentine Marathons (9): 88 London 2009, 1765 London 2011, 1 Gloucester 2012, 130 London 2012, 358 London 2014, 137 London 2015, 117 London 2016, 86 Frankfurt 2016, 82 London 2017 In 2018: 64 London 'Big' Half Mar						
53	<b>ATTIATALLA Salem Mohamed</b> EGY	<b>24y</b>	174d	1993	-	-
(aka Salim Mohammed Salim) // 3000SC pb: 8:44.18 -17. ht World Youth 2000SC 2009; 7 Youth Olympic Games 2000SC 2010. At WXC: 2010-112J						
54	<b>AMLOSOM Nguse</b> ERI	<b>31y</b>	134d	1986	<b>60:41</b>	<b>59:39 -14</b>
Full name-Nguse Tesfaldet Amlosom (sometimes he competes as Tesfaldet, other times as Amlosom / Amlosem) 2014 African Champion at 10,000m 10,000 pb: 27:28.10 -12. 5000 pb: 13:30.22 -15. 4 World Military Games 10,000 2011; 19 African XC 2012; 15 OLY 10,000 2012; 8 WCH 10,000 2013; 5 World Half Mar 2014 (2016-13); 1 African Champs 10,000 2014; 3 IAAF Continental Cup 5000 2014; 13 WCH 10,000 2015 (2017-dnf); 1 Lisbon (Autumn) Half Mar 2015; 13 World Half Mar 2016. At WXC: 2013-61. Helped pace Monza "Breaking2" Exhibition Marathon in 2017 Bad fortune at the 2015 Eugene Diamond League, he crossed the line 8th in a personal best 27:26.53, but was disqualified for having stepped inside the kerb – so he needed to find another 10,000m later in the summer in order to satisfy the Eritrean selectors for the Beijing World Championships In 2018: 6 Valencia 10K						
55	<b>BERHANE Afewerki</b> ERI	<b>21y</b>	321d	1996	<b>63:42</b>	<b>61:17 -17</b>
Full name-Afewerki Berhane Hidru // 10,000 pb: 28:04.07 -15. 5000 pb: 13:28.39 -15. 3 African junior XC 2014; 4 WJC 10,000 2014; 6 African Games 10,000 2015. At WXC: 2015-13J, 2017-19 In 2018: 6 Eritrean XC; 3 Eritrean Half Mar						
56	<b>KIFLE Aron</b> ERI	<b>20y</b>	32d	1998	<b>61:08</b>	<b>61:08 -18</b>
Full name-Aron Kifle Teklu Fifth at 2017 World Cross Country Championships 10,000 pb: 27:09.92 -17. 5000 pb: 13:13.31 -17. 8 African Games 5000 2015; 2 WJC 10,000 2016 (5 5000); ht OLY 5000 2016; 7 WCH 5000 2017 (11 10,000). At WXC: 2015-19J, 2017-5 In 2018: 1 Eritrean Half Mar						
57	<b>MESEL Amanuel</b> ERI	<b>27y</b>	85d	1990	<b>63:34</b>	<b>60:10 -13</b>
2010 World Half Marathon team silver // Marathon pb: 2:08:17 -14. 5000 pb: 13:16.25 -11. 10,000 pb: 28:29.24 -06.11 African Games 5000 2007; 8 African Champs 5000 2010; 13 World Half Mar 2010; ht OLY 5000 2012. At WXC: 2007-16J, 2008-9J, 2011-24 Marathons (13): 6 Prague 2013, 2 Valencia 2013, dnf London 2014, 5 Valencia 2014, 4 Warsaw 2015, 9 WCH 2015, dnf Fukuoka 2015, dnf London 2016, 21 OLY 2016, 5 Fukuoka 2016, 8 London 2017, dnf WCH 2017, 5 Fukuoka 2017 In 2018: 2 Eritrean Half Mar						
58	<b>OSMAN Abrar</b> ERI	<b>24y</b>	82d	1994	-	<b>60:19 -17</b>
Full name-Abrar Osman Adem Seventh at 2016 World Half Marathon Championships (& team bronze) 10,000 pb: 27:41.69 -15. 3000 pb: 7:39.70 -13. 1 Youth Olympic Games 3000 2010; 3 World Youth 3000 2001; 2 WJC 5000 2012; ht OLY 5000 2012; 3 African Champs 5000 2014; 6 IAAF Continental Cup 3000 2014; 6 WCH 10,000 2015 (ht 5000); 4 African Games 5000 2014; 7 World Half Mar 2016; 10 OLY 5000 2016. At WXC: 2013-18, 2015-13. 9 African XC 2014						

61	<b>ALDANA Oscar Antonio</b> ESA	27y	155d	1990	-	-
10,000 pb: 32:44.98 -17. 3 Central American Games 5000/10,000 2017						
62	<b>BENABBOU Houssame Eddine</b> ESP	24y	303d	1993	63:55	63:55 -18
Full name-Houssame Eddine Benabbou Azizi // 10,000 pb: 29:26.09 -16. 1 Spanish Half Mar 2018. Born-Oujda, Morocco. Coach-Jesús Antonio Núñez In 2018: 1 Spanish Half Mar; 8 Spanish XC						
64	<b>LAMDASSEM Ayad</b> ESP	36y	164d	1981	63:09	61:22 -14
Full name-Ayad Lamdassem El Mouhcine Twice second at European Cross Country Championships Marathon pb: 2:09:28 -13. 10,000 pb: 27:45.58 -08. 5000 pb: 13:17.49 -06. 4 ECH 10,000 2010 (2012-6); 2 ECP 10,000 2012; 23 OLY 10,000 2012 (2008-24); 17 World Half Mar 2014 (2016-18). At WXC: 2000-114J (for Morocco), 2008-36 (for Spain), 2009-30, 2010-49, 2011-11. At EXC: 2008-4, 2009-5, 2010/2011-2, 2012-6, 2015-4, 2016-7, 2017-10. 1 Spanish 10,000 2007/2010 (1 XC 2007/2011/2018). Allegiance transferee from Morocco – cleared by IAAF to represent Spain from August 2007. Coach-Antonio Cánovas Marathons (6): 22 Otsu 2012, 9 London 2013, dnf WCH 2013, 8 Fukuoka 2013, 11 London 2017, dnf WCH 2017 In 2018: 4 Amorebieta XC; 4 Doha Half Mar; 12 Seville XC; 4 European Clubs Cup XC; 3 Cáceres XC; 1 Spanish XC						
65	<b>LEIVA Jaume</b> ESP	34y	237d	1983	64:15	63:35 -12
Full name-Jaume Leiva Beato // Marathon pb: 2:13:41 -13. 33 World Half Mar 2012. Born-Barcelona, coach-Domingo López Marathons (7): 11 Seville 2010, 13 Berlin 2010, 17 Rotterdam 2011, 15 Barcelona 2012, 5 Barcelona 2013, 13 Seville 2016, 14 Valencia 2016 In 2018: 3 Spanish Half Mar						
66	<b>PÉREZ Juan Antonio</b> ESP	29y	137d	1988	64:16	64:16 -18
Full name-Juan Antonio Pérez Moreno Three times second in European Cup 10,000s 10,000 pb: 28:25.66 -15. 5000 pb: 13:36.36 -17. 2 ECP 10,000 2015/2016/2017; 6 ECH 10,000 2016. At WXC: 2007-dnfJ. At EXC: 2007-72J, 2015-44, 2017-36. Born-Ciudad Real, coach-José Luis Mareca In 2018: 7 Valencia 10K; 4 Spanish Half Mar; 4 San Sebastián 10K; 2 Castellón XC; 3 Spanish XC						
68	<b>SANTIAGO Camilo Raul</b> ESP	35y	92d	1982	64:14	64:14 -18
Full name-Camilo Raul Santiago Jimenez // Marathon pb: 2:18:58 -16. 1 Bilbao Half Mar 2016. Born-Murcia, coach-Ángel Gómez Marathons (2): 19 Seville 2016, 21 Valencia 2016 In 2018: 2 Spanish Half Mar; 7 San Sebastián 10K; 9 Spanish XC						
69	<b>FOSTI Roman</b> EST	34y	291d	1983	-	64:42 -15
Marathon pb: 2:17:54 -14. 1500 pb: 3:46.18 -11. 800 pb: 1:49.07 -05. sf WJC 800 2002; ht EIC 1500 2011; 73 World Half Mar 2014; 31 ECH Half Mar 2016. At WXC: 2005 -132 short. 1 Estonian 800 2004/2009 (1 indoor 2011); 1 Estonian 1500 2002 (1 indoor 800 2011 & 1500 2005); 1 Estonian 5000/10,000/Half Mar 2014 (1 Half Mar 2015) Marathons (12): 27 Paris 2013, 6 Tallinn 2013, 13 Seville 2014, 18 ECH 2014, 10 Tiberias 2015, 20 WCH 2015, 9 Shanghai 2015, 61 OLY 2016, 4 Shanghai 2016, 20 Gold Coast 2017, 53 WCH 2017, 10 Toronto 2017 In 2018: 10 European Clubs Cup XC						
70	<b>GBRESILASE Leul</b> ETH	25y	184d	1992	61:39	59:18 -17
Leul Gebresilase Aleme (aka Gebresilasie, Gebreselassie, Gebreselassie, Gerbresilase) Marathon pb: 2:04:02 -18. 10,000 pb: 27:19.71 -16. 5000 pb: 13:13.88 -16. 2 African Games 5000 2015; 1 Catalan 5000 2015. 6 Ethiopian Olympic Trial 10,000 2016. Formerly represented Tokyo Kokusai University Marathon (1): 2 Dubai 2018 (in 2:04:02, the second-fastest marathon début on a standard course) In 2018: 2 Dubai Marathon (halves of 61:39 & 62:23)						
71	<b>GETAHUN Betesfa</b> ETH	19y	180d	1998	61:33	61:33 -18
Full name appears to be Betesfa Getahun Ayele // 5000 pb: 13:13.23 -17. At WXC: 2017-4J. He appears to be the same as Betesfa Ayele, who won the important Swedish Lidingsöppet 15K XC in 2015 & 2016 In 2018: 2 Ethiopian Half Mar (pb 61:33 at 2355m altitude in Sendafa, Ethiopia)						
72	<b>MOLLA Getaneh</b> ETH	24y	73d	1994	61:25	60:34 -17
Full name-Getaneh Tamire Molla, he also races as Getaneh Tamire 2015 African Games Champion at 5000m 5000 pb: 13:05.59 -16. 3000 pb: 7:52.97 -14. 1500 pb: 3:44.91 -16. 1 African Games 5000 2015; 6 African XC 2016; 4 African Champs 5000 2016. At WXC: 2017-18 (team gold). 1 Ethiopian 5000 2015/2016 & XC 2016/2017 In 2018: 1 Safi Half Mar (he slipped and fell on the timing mat at the finish); 1 Ethiopian Half Mar (61:25 at 2355m altitude in Sendafa); 1 Riyadh Half Mar (won 1,000,000 Saudi Riyals or \$US266,000)						
73	<b>TOLOSA Jiksa</b> ETH	19y	103d	1998	62:13	62:00 -17
Full name-Tadesse Jiksa Tolosa // 3000SC pb: 8:28.62 -16. 2 Ethiopian 3000SC 2015; 2 Catalan 3000SC 2016. 3 Bucharest Half Mar 2017; 6 Remich Half Mar 2017 In 2018: 4 Ethiopian Half Mar						
74	<b>YIMER Jemal</b> ETH	21y	193d	1996	59:00	59:00 -18
Full name-Jemal Yimer Mekonnen New Ethiopian #1 at 10,000m // 10,000 pb: 26:56.11 -17. 4 African Champs 10,000 2016; 5 WCH 10,000 2017. At WXC: 2017-4 (team gold). 1 Marseille to Cassis 20K 2017. Member of Amhara Prisons club. One of six children (3 brothers, 3 sisters). Coach-Habtemareyam Ayehu With his 59:00 in 2018, he's now third on the Ethiopian all-time list after Atsedu Tsegay (58:47) and Haile Gebrselassie (58:55) In 2018: 2 R'as Al Khaimah Half Mar (world début best 59:00)						
75	<b>BOUR Felix</b> FRA	23y	364d	1994	64:20	64:20 -17
10,000 pb: 29:09.22 -17. 5000 pb: 13:37.74 -17. 1500 pb: 3:47.74 -15. ht World Youth 3000 2011; 14 under-23 ECH 5000 2015; 16 ECP 10,000 20-17; 6 ETCh 5000 2017; 7 Francophone Games 5000 2017. At EXC: 2012-102J, 2014-31u23, 2015-23u23, 2016-22u23. Coach-Michel Poitel In 2018: 16 Barcelona Half Mar						
76	<b>CARVALHO Florian</b> FRA	29y	15d	1989	-	-
2012 European silver at 1500m // 20K pb: 58:40 -17. 5000 pb: 13:32.00 -17. 1500 pb: 3:33.47 -13. sf WJC 800 2006; 4 EJC 800 2007; 7 WJC 1500 2008; 2 ECH 1500 2012 (2014-ht, 2016-5); sf OLY 1500 2012 (2016-ht); 5 EIC 3000 2013 (2011-8, 2015-11); 11 WCH 1500 2013; 4 ETCh 1500 2014 (2011-8). 1 French 1500 2011/2012/2013. At EXC: 2007-2J, 2008-1J, 2009-4u23, 2010-2u23, 2014-4, 2015-6, 2016-30. 1 French 1500 2016. Grandfather was Portuguese. He loves chocolate and hates seafood. Coach-Gerard Sautret In 2018: 4 French XC						
77	<b>CHOQUERT Benjamin</b> FRA	31y	341d	1986	63:48	63:48 -18
10,000 pb: 29:09.28 -16. 5000 pb: 13:53.49 -17. 9 World Junior Mountain Running Champs 2005; 38 European Mountain Running Champs 2013. At EXC: 2005-59J, 2017 -34. 2 French 5000 2015/2017; 3 French 10,000 2016 In 2018: 3 Vittel 3000; 12 Barcelona Half Mar						

79	<b>GOASDOUE Yosi</b> FRA	27y	198d	1990	64:20	64:20 -18
10,000 pb: 29:33.98 -16. 5000 pb: 14:10.03 -13. 13 EJC 5000 2009. 5 French 10,000 2016b (2017-6) In 2018: 5 Nice 10K; 15 Barcelona Half Mar						
80	<b>MALATY Benjamin</b> FRA	31y	321d	1986	-	64:20 -11
Marathon pb: 2:12:00 -13. 10,000 pb: 28:54.99 -12. 5000 pb: 13:47.86 -10. 31 World Half Mar 2012. At WXC: 2005-123J, 2009-80. At EXC: 2006-65u23, 2007-21u23, 2008-5u23, 2011-11, 2013-34, 2017-47. 1 French XC 2012. Coach-Messaoud Settati. Born-Agen Marathons (8): 19 Paris 2012, 13 Paris 2013, 28 WCH 2013, 15 ECH 2014, 27 Frankfurt 2015, 14 Paris 2016, 15 Paris 2017, 11 Berlin 2017						
82	<b>AADAN Mohamud</b> GBR	28y	72d	1990	63:16	63:16 -18
10,000 pb: 29:08.94 -17. 5000 pb: 13:57.32 -16 16 English 'National' XC 2015; 2 English 5000 2016 (2015/2017-3); 12 UK 5000/10,000 2017. Member of Thames Valley Harriers. Coach-Paul Oppe In 2018: 5 Granollers Half Mar						
83	<b>CONNOR Ben</b> GBR	25y	157d	1992	61:12	61:12 -18
Team gold at 2016 European Cross Country Championships, then sixth individually in 2017 to cap a year of great advancement (after becoming a full time athlete in January last year) 10,000 pb: 28:23.58 -17. 5000 pb: 13:29.90 -17. 3000 pb: 7:54.01 -17. 10 ECP 10,000 2016. At WXC: 2011-67J. At EXC: 2010-23J, 2016-16, 2017-6. 1 English 'National' XC 2017; 8 'Great' North Half Mar 2016; 3 UK 5000 2017. His late father David Connor played football for the Nottingham Forest junior squad in the 1980s. Based-Manchester. Coach-Steve Vernon In 2018: 5 Edinburgh XC; 8 Barcelona Half Mar (pb down from 64:03 to 61:12)						
84	<b>STUDLEY Daniel</b> GBR	26y	82d	1992	64:23	64:23 -18
2015 English Champion at 10K // 10K pb: 29:40 -16. 5000 pb: 14:00.29 -15. 1500 pb: 3:43.64 -14. 2 British Universities 1500 2014; 2 English under-23 1500 2014; 16 UK 5000 2015; 1 Leeds 10K 2015 (= English Championships). Born-Bristol In 2018: 18 Barcelona Half Mar						
85	<b>TEWELDE Tsegai</b> GBR	28y	106d	1989	65:11	63:14 -17
Full name-Tsegai Tewelde Takleslasie Allegiance transferee from Eritrea – he has lived in Britain since 2008, acquired British citizenship on December 6, 2014 and cleared by IAAF to compete for Britain from March 3, 2016 Marathon pb: 2:12:23 -15. 10K pb: 29:07 -09. 5000 pb: 14:23.63 -09. 1500 pb: 3:42.10 -06. 5 WJC 1500 2006. At WXC: 2007-17J, 2008-19J (for Eritrea). 1 Scottish short course XC 2009; 1 Glasgow 'Great' Scottish 10K 2009; 4 'Great' Scottish Half Mar 2015. Coach-John MacKay. Stayed in Scotland after the 2008 World Cross Country Championships in Edinburgh Marathons (4): 12 London 2016 (brave 64:46 first half, then 67:37), dnf OLY 2016 (plantar fasciitis), dnf London 2017, 6 Beirut 2017 In 2018: 5 London 'Big' Half Mar						
86	<b>TRAYNOR Luke</b> GBR	24y	261d	1993	61:57	61:57 -18
10,000 pb: 29:08.52 -17. At EXC: 2012-38J, 2015-41u23. 3 Scottish 5000 2014. Was at the University of Tulsa, now based at Mammoth Lakes, California, and coached by Andrew Kastor In 2018: 8 Antrim XC; 9 Barcelona Half Mar						
87	<b>KHARAZISHVILI Daviti</b> GEO	25y	333d	1992	-	65:39 -16
Marathon pb: 2:16:17 -15. At EXC: 2012-92u23 Marathons (4): 34 Berlin 2015, 71 OLY 2016, 11 Prague 2017, 56 WCH 2017						
88	<b>ROGERS Arnold</b> GIB	27y	201d	1990	72:23	71:15 -16
He is a Lance Corporal in the Royal Gibraltar Regiment Army unit // Marathon pb: 2:43:51 -17 Marathons (3): 36 Malaga 2015, 35 Madrid 2015, 29 Malaga 2017 In 2018: 1 Gibraltar Half Mar						
89	<b>SAVIGNON Charles</b> GIB	42y	292d	1975	1:20:22	1:20:22 -18
90	<b>TURNOCK Maurice</b> GIB	43y	324d	1974	76:35	76:35 -18
In 2018: 2 Gibraltar Half Mar						
92	<b>CIOBANU Sergiu</b> IRL	34y	226d	1983	-	64:48 -12
(Sergiu pronounced like Sir-Jew) Twice winner of Cork Marathon // Marathon pb: 2:15:14 -15. 10,000 pb: 30:11.47 -10. 57 ECH Half Mar 2016; 50 World Half Mar 2016. At EXC: 2005-87, 2015-52. Allegiance transferee from Moldova – based in Ireland since 2006, gained Irish citizenship on January 23, 2015 and cleared by IAAF to represent Ireland from July 7, 2015. Coach-Jerry Kiernan Marathons (17): 3 Belfast 2009, 15 Dublin 2009, 1 Cork 2010; 12 Dublin 2010, 1 Cork 2011, 14 Dublin 2011, 13 Rotterdam 2012, 2 Cork 2012, 16 Dublin 2012, 47 WCH 2013, 3 Dublin 2013, 15 Hamburg 2014, 5 Dublin 2014, 24 Berlin 2015, 7 Dublin 2016, 12 Dublin 2017, 17 Valencia 2017						
93	<b>DOONEY Kevin</b> IRL	24y	260d	1993	64:57	64:57 -18
10,000 pb: 29:10.13 -14. 5000 pb: 13:59.06i -14. 24 WJC 10,000 2012. At EXC: 2010-67J, 2011-82J, 2013-38u23, 2014-18u23, 2016-69, 2017-51. 1 Irish 10,000 2017. Coach-Paul Harkins In 2018: 17 European Clubs Cup XC; 24 Barcelona Half Mar						
94	<b>POLLOCK Paul</b> IRL	31y	272d	1986	65:40	62:10 -14
Marathon pb: 2:15:30 -17. Half Mar pb: 62:10 -14. 10,000 pb: 28:32.18 -14. 5000 pb: 14:07.89 -14. 19 COM 10,000 2014; 14 World Half Mar 2016 (2012-34); 17 ECH Half Mar 2016. 1 Northern Ireland 1500 2005/2007 & XC 2011; 1 Irish XC 2017. At WXC: 2005-116J. At EXC: 2005-46J, 2008-57u23, 2011-25, 2013-26, 2014-23, 2015-45, 2016-36, 2017-48. Older brother Noel Pollock (3:44.56 1500m in 2005) is now Sports Medicine Doctor for UK Athletics. Coach-Andy Hobdell Marathons (6): 9 Dublin 2012, 13 London 2013, 21 WCH 2013, 30 Berlin 2015, 32 OLY 2016, 18 Oita 2017 In 2018: 28 Barcelona Half Mar						
95	<b>SCULLION Stephen</b> GBR	29y	134d	1988	63:17	63:17 -18
Twice Northern Ireland Champion at 5000m // Marathon pb: 2:18:04 -17. 3000 pb: 7:58.11i -13, 8:09.41 -13. 1500 pb: 3:43.60 -10. 5000 pb: 13:58.55 -13. ht EIC 3000 2013. 1 Northern Ireland 5000 2009/2010 (1 1500 2009). At WXC: 2006-82J. At EXC: 2009-27u23, 2013-63; 112 World Mountain Running Champs 2012 Marathons (2); 12 Belfast 2012, 26 London 2017 (2:18:04 gun, 2:17:59 chip) In 2018: 29 Houston Half Mar						
96	<b>SEAWARD Kevin</b> IRL	32y	172d	1985	65:08	65:08 -15
2002 Irish Junior Champion at 5000m // Marathon pb: 2:14:52 -15. 10,000 pb: 30:29.30 -11. 5000 pb: 14:19.05 -15. 42 World Half Mar 2016; 34 ECH Half Mar 2016. At EXC: 2012-107J. 1 Northern Ireland junior 5000 2002 Marathons (6): 3 Manchester 2014, 28 ECH 2014, 21 Berlin 2015, 16 OLY 2016, 22 London 2017, 19 Berlin 2017 In 2018: 7 Telford 10K						
97	<b>PÉTURSSON Arnar</b> ISL	27y	12d	1991	-	68:02 -16
Marathon pb: 2:28:17 -17. 3000SC pb: 9:43.59 -13. 1 Small States of Europe Games 3000SC 2015; 67 World Half Mar 2016 (2014-98). 1 Reykjavik Marathon 2011/2017 (2016-2). 1 Icelandic indoor 3000 2017. Former basketball player In 2018: 6 Leverkusen 10K						

98	<b>ALMAYA Haimro</b> ISR	27y	289d	1990	64:55	64:55 -18
<p>(He has also appeared under the names Himro Alame and Aimeru Almeya)            Israeli record holder at 10,000m            10,000 pb: 28:09.42 -15. 5000 pb: 13:52.76 -15. 1500 pb: 3:47.73 -16. 17 ECH 10,000 2014 (2016-dnf); 16 ECP 10,000 2015. 1 Israeli 1500 2014, 5000 2013/2014/2015 &amp; 10,000 2014. Emigrated from Ethiopia in 2004            Marathon (1): 22 Rotterdam 2017            In 2018: 2 Tiberias Half Mar</p>						
99	<b>AMARE Girmaw</b> ISR	30y	149d	1987	-	65:14 -17
<p>Marathon pb: 2:15:31 -18. 10,000 pb: 28:10.32 -15. 5000 pb: 13:50.27 -14. 21 World Student Games Half Mar 2013; 18 ECH 10,000 2014 (2016-dq). 1 Israeli 10,000 &amp; Half Mar 2015. Emigrated from Ethiopia in 2006            Marathons (3): 2 Tiberias 2017, 62 WCH 2017, 1 Tiberias 2018            In 2018: 1 Tiberias Marathon</p>						
100	<b>GETAHUN Yimer</b> ISR	25y	268d	1992	-	66:16 -15
<p>10,000 pb: 29:32.80 -16. 5000 pb: 14:31.44 -16. 1500 pb: 3:42.40 -13. 800 pb: 1:51.08 -13. ht World Youth 1500 2009; 7 under-23 ECH 1500 2013; 43 ECH Half Mar 2016. At WXC: 2010-99J, 2011-81J. At EXC: 2013-74u23, 2017-67. 1 Israeli 1500 2013/2016. Emigrated from Ethiopia in 2001</p>						
101	<b>TEFERI Maru</b> ISR	26y	35d	1992	-	65:25 -17
<p>Marathon pb: 2:17:55 -17 (2:18:35 -18). 10,000 pb: 29:19.91 -15. 5000 pb: 14:02.09 -15. 17 under-23 ECH 10,000 2013; 56 ECH Half Mar 2016. Emigrated from Ethiopia in 2006            Marathons (7): 47 Berlin 2015, 23 Rotterdam 2016, 73 OLY 2016, 4 Tel Aviv 2017, 18 Paris 2017, dnf WCH 2017, 2 Tiberias 2018            In 2018: 2 Tiberias Marathon</p>						
102	<b>DINI Lorenzo</b> ITA	23y	173d	1994	-	64:20 -17
<p>2013 European Junior silver at 10,000m; his twin Samuele won silver at 10,000m at the same Championships            10,000 pb: 29:21.39 -17. 5000 pb: 13:42.37 -17. 9 World Youth 1500 2011; 3 European Youth Olympic Festival 3000 2011; 15 WJC 5000 2012; 2 EJC 10,000 2013. At WXC: 2013-32J. At EXC: 2012-13J, 2013-5J, 2015-6u23, 2016-12u23, 2017-17. Coach-Saverio Marconi            In 2018: 10 San Vittore Olona XC; 6 Italian XC</p>						
103	<b>GHEBREHIWET FANIEL Eyob</b> ITA	25y	117d	1992	62:50	62:50 -18
<p>Won 2017 Venice Marathon with a personal best by three minutes (after the lead pack in that race took a wrong turn just after halfway)            Marathon pb: 2:12:16 -17. 10,000 pb: 29:04.55 -17. 3 Italian 10,000 2017. Eritrean origin, became Italian citizen in October 2015. Coach-Ruggero Pertile (4 WCH Marathon 2015)            Marathons (3): 3 Florence 2016, 1 Venice 2017, 4 Verona 2017            In 2018: 10 S.Giorgio Legnano XC; 10 Doha Half Mar; 1 Santa Margherita Ligure Half Mar; 4 Paris Half Mar</p>						
104	<b>SMOUR Ahmad</b> JOR	25y	71d	1993	-	66:43 -16
<p>Full name-Ahmad Fathi Smour (aka Samour, Sammour) // At WXC: 2017-97. dq Asian Indoor Games 3000 2017. Won 2017 Amman "Dead Sea Half Mar in 66:32, but notably downhill</p>						
105	<b>MURAYAMA Kenta</b> JPN	25y	29d	1993	61:42	60:50 -14
<p>His twin brother Kota Murayama is also an international distance runner (Half Mar pb: 62:00 -18). Their goal is to compete together for Japan at the marathon at the 2020 Tokyo Olympics            Marathon pb: 2:16:58 -16 (2:17:43 -18). 10,000 pb: 27:39.95 -15. 5000 pb: 13:34.53 -14. 6 WJC 10,000 2012; 10 WSG 10,000 2013; 56 World Half Mar 2014; 22 WCH 10,000 2015. 1 Japanese Collegiate 5000 2011. Was at Komazawa University where he and his twin contributed to four successive National University Ekiden victories. Now they compete for the Asahi Kasei Corporation (producers of chemical products)            Marathons (2): 30 Tokyo 2016, 21 Otsu 2018            In 2018: Helped Asahi Kasei win at the Japanese Corporate Ekiden Championship (he won the fifth stage); 3 Marugame Half Mar; 21 Otsu Marathon</p>						
106	<b>MURAYAMA Kota</b> JPN	25y	29d	1993	62:00	62:00 -18
<p>His twin brother Kenta Murayama is also an international distance runner (Half Mar pb: 60:50 -14). Their goal is to compete together for Japan at the marathon at the 2020 Tokyo Olympics            10,000 pb: 27:29.69 -15. 5000 pb: 13:19.62 -15. 2 Asian junior 5000 2012; 11 WJC 5000 2012; 5 Asian Games 5000 2014; ht WCH 5000 2015; 30 OLY 10,000 2016 (ht 5000). 1 Japanese 5000 2015 (2014-3). Was at Komazawa University where he and his twin contributed to four successive National University Ekiden victories. Now they compete for the Asahi Kasei Corporation (producers of chemical products). Coach-Takeshi Sou            In 2018: 2 Yamaguchi Half Mar; paced Tokyo Marathon</p>						
107	<b>OSAKO Suguru</b> JPN	26y	305d	1991	-	61:13 -17
<p>Japanese record holder at 3000m &amp; 5000m // Marathon pb: 2:07:19 -17. 10,000 pb: 27:38.31 -13. 5000 pb: 13:08.40 -15 (13:48.41i -18). 3000 pb: 7:40.09 -14. 1 WSG 10,000 2011; 21 WCH 10,000 2013; ht WCH 5000 2015; 17 OLY 10,000 2016 (ht 5000). At WXC: 2010-32J. 1 Japanese 10,000 2012/2013/2016/2017 (1 5000 2016). A member of the "Oregon Project" (Coach-Alberto Salazar)            Marathons (2): 3 Boston 2017, 3 Fukuoka 2017            In 2018: 9 Seattle 5000; 1 Japanese XC</p>						
108	<b>SONODA Hayato</b> JPN	28y	353d	1989	64:08	63:00 -16
<p>Marathon pb: 2:09:34 -18. 10,000 pb: 28:53.14 -16. 5000 pb: 14:05.64 -16. Competes for Kurosaki Harima Cera Corporation (they provide various business services)            Marathons (10): 46 Otsu 2014, 24 Fukuoka 2014, 1 Kumamoto 2015, 13 Fukuoka 2015, 1 Austin 2016, 37 Otsu 2016, 4 Fukuoka 2016, 7 Otsu 2017, 11 Fukuoka 2017, 2 Oita 2018            In 2018: 2 Oita Marathon; 8 Tamana Half Mar</p>						
109	<b>UEKADO Daisuke</b> JPN	24y	103d	1993	64:20	63:28 -16
<p>Marathon pb: 2:09:27 -17. 10,000 pb: 28:48.22 -13. 5000 pb: 14:11.35 -17. He competes for Otsuka Pharmaceutical            Marathons (3): 1 Kyoto 2016, 10 Otsu 2017, 6 Fukuoka 2017            In 2018: 50 Marugame Half Mar</p>						
110	<b>BAYTUKANOV Amir</b> KAZ	28y	146d	1989	-	70:41 -17
<p>Marathon pb: 2:28:36 -17. 2 Almaty Marathon 2017; 7 Kazan 2017</p>						
111	<b>GUSSAROV Aleksey</b> KAZ	23y	34d	1995	-	-
<p>1500 pb: 3:53.14 -17. 8 Asian Champs 1500 2017</p>						
112	<b>KOSINOV Artyom</b> KAZ	31y	236d	1986	-	68:51 -11
<p>Kazakh steeplechase record holder, broken three times in 2012 prior to the Olympics            3000SC pb: 8:24.13 -12. 1500 pb: 3:42.80 -12. 9 WSG 1500 2009 (12 5000); 8 Asian Games 1500 2010; 2 Asian Champs 3000SC 2011; 4 Asian Indoor Champs 3000 2012; ht OLY 3000SC 2012. At WXC: 2006-107 short</p>						
113	<b>KRASSILOV Mihail</b> KAZ	28y	19d	1990	-	64:21 -12
<p>100th in the 2016 Olympic Marathon // Marathon pb: 2:16:08 -12. 66 World Half Mar 2010; 28 WSG Half Mar 2013. 8 World Military 10,000 10,000 (14 5000). Was at Kazakh Academy of Sport and Tourism            Marathons (5): 18 Amsterdam 2012, 50 WCH 2013, 10 Vienna 2015, dnf WCH 2015, 100 OLY 2016            In 2018: 1 Kazakh indoor 3000</p>						

114	<b>LEYMENOV Andrey KAZ</b>	31y	283d	1986	-	64:22 -12
Marathon pb: 2:20:00 -14. 10,000 pb: 30:30.51 -11. 5000 pb: 14:42.99 -12. ht World Youth 3000 2003 Marathons (3): 4 Moscow 2014, 14 Rome 2016, 5 Kunming 2016						
115	<b>BARSOTON Leonard KEN</b>	23y	154d	1994	-	59:28 -17
Full name-Leonard Kiplimo Barsoton 2017 World Cross Country Championships silver 10,000 pb: 27:20.74 -14. 5000 pb: 13:16.25 -15. 2 African Games 10,000 2015. At WXC: 2013-2J, 2015-5, 2017-2; 1 African XC 2014; 2 Japanese Corporate 10,000 2014 (2016-3) (representing Team Nissin Shokuhin, a Japanese company that makes instant noodles). 1 Kenyan XC 2017						
116	<b>KAMWOROR Geoffrey KEN</b>	25y	121d	1992	-	58:54 -13
DEFENDING & TWO-TIME IAAF WORLD HALF MARATHON CHAMPION Full name-Geoffrey Kipsang Kamworor Twice World Cross Country Champion, twice World Half Marathon Champion Marathon pb: 2:06:12 -12. 10,000 pb: 26:57.77 -17. 5000 pb: 12:59.98 -16. At WXC: 2011-1J, 2015-1, 2017-1 (closed an 11-second gap on the last lap to catch Joshua Cheptegei UGA). 1 World Half Mar 2014/2016; 2 WCH 10,000 2015 (2017-6); 11 OLY 10,000 2016. 1 Kenyan 5000 2012/2015 & XC 2016 Marathons (7): 3 Berlin 2012, 4 Rotterdam 2013, 3 Berlin 2013, 6 Tokyo 2014, 4 Berlin 2014, 2 New York 2015; 1 New York 2017. Also paced Berlin 2011. His favourite colour is yellow. Member of Kenyan Police club At the 2016 World Half Marathon Championships in Cardiff, he fell over at start and lost 10-15 seconds, but was back with the leaders within three minutes In 2018: 1 Kenyan Police XC; 1 Kenyan XC						
117	<b>KIPYEGO Barselius KEN</b>	24y	244d	1993	61:36	59:14 -17
10K pb: 27:46 -15. Marathon pb: 2:13:06 -17. 1 Usti nad Labem Half Mar 2016/2-17 Marathon (1): 7 Ljubljana 2017. Also paced at Prague 2016, Tokyo 2017, London 2017 & Dubai 2018 In 2018: paced Dubai Marathon (61:36 to halfway, then 1:12:56 to 25K)						
118	<b>OLOITIPTIP Alex KEN</b>	27y	94d	1990	60:49	58:51 -17
Full name-Alex Oloitiptip Korio (aka Leonard Oloitiptip) Has placed second and third at the important Copenhagen Half Marathon 10K pb: 27:52 -10. 5000 pb: 13:08.59 -12. 1 Kenyan Armed Forces XC 2013; 2 Kenyan 5000 2013; 2 Copenhagen Half Mar 2015 (2016-10, 2017-3). Paced 2017 Milan Marathon, then helped pace the Monza "Breaking2" Exhibition Marathon in 2017 Half Marathon wins at Azkoitia 2014 & Granollers 2016 In 2018: 8 Houston Half Mar; 5 Riyadh Half Mar						
119	<b>OKOMBO Jorum KEN</b>	20y	104d	1997	59:36	58:48 -17
Full name-Jorum Lumbasi Okombo (in Kenya he is better known as Jorum or Jerome Lumbasi) 10K pb: 27:50 -17. 10,000 pb: 29:16.7 -17. 1 Eldoret Half Mar 2016/2017; 2 'Great' Ethiopian 10K 2016; 2 Copenhagen Half Mar 2017 in 58:48, =9th world all-time; 5 New Delhi Half Mar 2017 In 2018: 4 R'as Al Khaimah Half Mar; 2 Riyadh Half Mar (won \$US53,000)						
120	<b>SERJOGINS Dmitrijs LAT</b>	25y	29d	1993		
Marathon pb: 2:24:17 -17. 10K pb: 30:30 -17. 5000 pb: 14:23.80 -16. 1500 pb: 3:50.87 -14. At EXC: 2010-90J, 2013-67u23, 2014-dnfu23. 1 Latvian indoor 1500 2014 Marathons (2): 3 Valletta 2017; 1 Valmiera 2017 In 2014: 1 Latvian indoor 1500 (2 3000); 6 Riga 3000; 13 Tartu 1500; 1 Latvian 3000 (2 1500)						
121	<b>VISKERS Janis LAT</b>	28y	359d	1989	-	66:46 -17
Marathon pb: 2:18:15 -17. 5000 pb: 14:29.99 -13. 63 World Half Mar 2016; 55 ECH Half Mar 2016; 8 WSG Half Mar 2017 (2013-15). At EXC: 2010-72u23, 2011-56u23, 2012-73, 2013-54. 1 Latvian indoor 3000 2013; 1 Latvian 3000 2013; 1 Latvian 5000/Half Mar 2015 Marathons (4): 14 Vienna 2014, 41 Frankfurt 2015, 8 Riga 2016, 22 Valencia 2017						
122	<b>HREZI Mohamed LBA</b>	26y	147d	1991	62:11	62:11 -18 NR
Full name-Mohamed Fuad Hrezi Allegiance transferee from USA – has held dual citizenship with Libya since birth and never represented the USA, and formally cleared by IAAF to compete for Libya from June 30, 2016 10,000 pb: 28:51.88 -14. 5000 pb: 13:42.80 -17. Born-Connecticut. his parents his parents, Fuad Hrezi and Hanadi Esokni, who were both born in Tripoli, Libya. Studied accounting at Iowa State University. He was the Libyan flag bearer at the opening ceremony in Rio Marathons (4): 30 Chicago 2015, 62 Los Angeles 2016 (US Olympic Trial), 7 Ottawa 2016, 76 OLY 2016 In 2018: 17 Houston Half Mar; 2 Seattle 5000						
124	<b>BRASEVICIUS Ignas LTU</b>	33y	183d	1984	-	67:38 -17
Marathon pb: 2:18:56 -16. 21 World Youth 10,000 Walk 2001 Marathons (5): 21 Warsaw 2015, 42 Frankfurt 2015, 25 Berlin 2016, 12 Hannover 2016, 51 WCH 2017 In 2017: 24 Prague Half Mar						
125	<b>DOPOLSKAS Valdas LTU</b>	25y	327d	1992		67:09 -15
Half Mar pb: 67:09 -15 (67:26 -16). Marathon pb: 2:16:35 -15. 5000 pb: 14:34.62 -14. At EXC: 2014-48u23. 1 Lithuanian 5000 2014 Marathons (4): 6 Poznan 2014, 22 Frankfurt 2015, 110 OLY 2016, 4 Poznan 2017						
126	<b>IAO Kuan Un MAC</b>	38y	9d	1980	-	72:34 -17 NR
Macanese record holder at 1500m & Half Marathon // 1500 pb: 4:07.18 -13. 3 East Asian Games 10,000 2005; 81 World Half Mar 2016						
127	<b>MOHAMED Shifaz MDV</b>	31y	219d	1986	-	74:48 -17
Marathon pb: 2:40:47 -17. 800 pb: 1:59.18 -10. 1500 pb: 4:12.99 -13. ht COM 800/1500 2010; ht WCH 800 2011						
128	<b>BARRIOS Juan Luis MEX</b>	34y	273d	1983	63:00	60:46 -15
Twice Pan-American Games Champion at 5000m. Seventh & top non-African in 2008 Olympic 5000m, then eighth at London 2012 Marathon pb: 2:10:55 -18. 10,000 pb: 27:28.82 -12. 5000 pb: 13:09.81 -11. 3000 pb: 7:37.64 -06. 1500 pb: 3:37.71 -07. 8 WJC 1500 2002; 1 Central American & Caribbean Champs 1500 2003 & 5000 2005; 5 Pan-Am Games 1500 2003; 1 Central American & Caribbean Games 1500/5000 2006; 2 Pan-Am Games 1500/5000 2007; 14 WCH 5000 2007 (sf 1500); 7 OLY 5000 2008 (2012-8); 18 WCH 10,000 2009 (2013-dnf); 1 Pan-Am Games 5000 2011/2015; 1 Central American & Caribbean Champs 5000 2013; 1 Ibero-American 3000 2014; 1 Central American & Caribbean Games 5000/10,000 2014; 2 Pan-Am Games 10,000 2015. At WXC: 2001-47J, 2002-22J, 2005-57 short, 2006-62 short, 2010-61 Marathons (6): 3 Torreón 2012, 12 New York 2012, 22 Fukuoka 2013, 12 New York 2015, 4 Mexico City 2017, 21 Tokyo 2018 In 2018: 1 Veracruz Half Mar; 21 Tokyo Marathon						
129	<b>TORRES Jesús MEX</b>	36y	89d	1981	65:16	64:43 -17
Mar pb: 2:14:26 -04. 5000 pb: 13:48.50 -10. 10,000 pb: 29:24.11 -08. 3 Mexico City 2004; 7 Torreón 2004 (2005-dnf). At WXC: 2005 -48 short In 2018: 5 Guadalupe Half Mar						

130	<b>BAT-OCHIR Ser-Od</b> MGL	36y	168d	1981	-	62:10 -16	NR
Mongolia record holder at Marathon, Half Marathon, 10,000m & 5000m. Carried the Mongolian flag at the Opening Ceremony for London 2012 Marathon pb: 2:08:50 -14 (2:15:17 -18). 5000 pb: 14:18.53 -11. 10,000 pb: 29:43.79 -09. 96 World Half Mar 2002; 9 Asian Champs 10,000 2009 (12 5000); 6 Asian Champs 10,000 2011 (9 5000) Marathons (57): 19 Hong Kong 2003, 63 WCH 2003, 12 Hong Kong 2004, 75 OLY 2004, 61 WCH 2005, 27 Beijing 2006, 17 Asian Games 2006, 6 Zhengzhou 2007, 55 WCH 2007, 14 Beijing 2007, 9 Shanghai 2007, 5 Hong Kong 2008, 1 "Good Luck" Beijing 2008, 52 OLY 2008, 6 Hofu 2008, 29 WCH 2009, 7 Hofu 2009, 3 Hong Kong 2010, 6 Zhengzhou 2010, 1 Brighton 2010, 1 Ulan Bator 2010, 10 Berlin 2010, 1 Hofu 2010, 8 London 2011, 19 WCH 2011, 6 Beijing 2011, 1 Hofu 2011, 2 Beppu-Oita 2012, 4 Brighton 2012, 51 OLY 2012, 18 Oita 2013, 15 Hong Kong 2013, 35 WCH 2013, 2 Osaka 2013, 4 Oita 2014, 2 Nagano 2014, 1 Ulan Bator 2014, 4 Asian Games 2014, 6 Osaka 2014, 3 Fukuoka 2014 (pb 2:08:50 in his sixth marathon of the year and on a tough course), 3 Otsu 2015, 6 Hamburg 2015, 38 WCH 2015, 3 Osaka 2015, 9 Fukuoka 2015, 92 Otsu 2016, 2 Nagano 2016, 1 Kaohsiung 2016, 1 Ulan Bator 2016; 12 Gold Coast 2016, 91 OLY 2016, 4 Osaka 2016, 2 Nagano 2017, 48 WCH 2017, 16 Fukuoka 2017, 36 Tokyo 2018 In 2018: 36 Tokyo Marathon							
131	<b>DEBONO Charlton</b> MLT	33y	224d	1984	-	69:11 -17	
5000 pb: 14:57.88 -17. 80 World Half Mar 2016; 4 Small European States Games 5000 2017. Coach-Mario Bonello In 2016: 1 Sliema Half Mar							
132	<b>FOLCHERI Sonny</b> MON	30y	97d	1987	-	-	
Monégasque record holder at marathon // Marathon pb: 2:56:52 -17. At EXC: 2016-dnf, 2017-dnf Marathons include 411 Amsterdam 2016; 188 Vienna 2017 He is the first Monégasque athlete to compete at the World Half Marathon Championships							
133	<b>RAINHOLD Thomas</b> NAM	27y	45d	1991	-	64:30 -17	
1 Namibian 5000/10,000 2017							
134	<b>AYALA Derlis</b> PAR	28y	76d	1990	-	65:10 -06	NR
Full name-Derlis Ramon Ayala Sanchez Paraguayan record holder at 10,000m, Half Marathon & Marathon Marathon pb: 2:16:23 -16. 10,000 pb: 29:48.27 -15. 5000 pb: 14:23.83 -17. ht World Youth 3000 2007; ht WJC 1500 2008; 3 Pan-Am junior 3000SC 2009; 11 South American 5000 2017 Marathons (7): 21 Valencia 2015, 19 Rotterdam 2016, 135 OLY 2016, 2 Asunción 2016, 13 Valencia 2016, 2 Temuco 2017, 25 WCH 2017							
135	<b>CANCHANYA Willy</b> PER	26y	269d	1991	-	62:18 -16	
Marathon pb: 2:14:24 -15. 10,000 pb: 29:53.53 -16. 5000 pb: 13:54.66 -16. 2 South American junior 5000 2009 Marathons (4): 9 Toronto 2015, 37 Rotterdam 2016, 5 Los Angeles 2017, 5 Mexico City 2017							
136	<b>CASTRO Jean-Pierre</b> PER	27y	91d	1990	-	64:19 -16	
Marathon pb: 2:15:13 -16. 10,000 pb: 29:52.50 -14. 5000 pb: 14:30.74 -17 Marathons (3): 5 Daegu 2016, 11 Daegu 2017, dnf WCH 2017 In 2018: 10 Pan-American XC							
137	<b>OSTOS Luis</b> PER	25y	104d	1992	-	63:56 -17	
Full name-José Luis Ostos Cruz Peruvian record holder at 5000m & 10,000m 10,000 pb: 27:53.58 -17. 5000 pb: 13:39.08 -16 4 South American under-23 10,000 2014; 3 South American 10,000 2015; 5 Pan-Am Games 10,000 2015; 21 OLY 10,000 2016. WOn 2016 Lima Half Mar in 62:07, but course was short							
138	<b>PACHECO Christian</b> PER	24y	302d	1993	-	63:40 -15	
Full name-Christian Pacheco Mendoza His older brother Raúl Manuel Pacheco is the Peruvian marathon record holder (2:11:01) and also competes in the Rio Olympics Marathon pb: 2:12:16 -16. 85 World Half Mar 2014 Marathons (4): 8 Rotterdam 2016, 52 OLY 2016, 2 Huancayo 2016, 1 Huancayo 2017 In 2018: 3 Pan-American XC							
139	<b>SOARE Nicolae Alexandru</b> ROU	26y	211d	1991	-	64:07 -14	
Twice World Student Games silver at 10,000m // Marathon pb: 2:18:52 -16. 10,000 pb: 29:12.76 -17. 5000 pb: 14:03.12 -17. 14 WJC 10,000 2010. At EXC: 2010-35J, 2011 -51u23, 2012-62u23, 2014-56, 2017-46. 2 under-23 ECH 10,000 2013 (8 5000); 2 WSG 10,000 2015 (11 Half Mar); 48 World Half Mar 2016 (2014-63); 2 WSG 10,000 2017 (4 5000) 1 Romanian 10,000 2011/2012/2015/2016/2017 (1 5000 2011/212/2014/2017, 1 Half Mar 2013/2015/2017) Marathons (3): 56 Frankfurt 2015, 33 Hamburg 2016, 126 OLY 2016							
140	<b>FRANS Melikhaya</b> RSA	28y	81d	1990	-	61:58 -17	
Marathon pb: 2:15:41 -17. 10K pb: 28:55 -16. 5000 pb: 14:46.98 -16. 4 South African Half Mar 2017. Set a South African record at 30K (1:30:54) in 2017 Marathon (1): 10 Cape Town 2017 In 2018: 1 Jeffreys Bay 15K; 1 Port Elizabeth 15K (Jan 13); 1 Port Elizabeth (Jan 27); 1 Port Elizabeth 15K (Mar 10)							
141	<b>GELANT Elroy</b> RSA	31y	211d	1986	-	61:10 -14	
South African record holder at 5000m // 10,000 pb: 27:41.30 -13 (29:28.67 -18). 5000 pb: 13:04.88 -16 (14:20.91 -18). 3000 pb: 7:39.55i -14, 7:41.38 -15. 1500 pb: 3:37.97 -15. 800 pb: 1:47.74 -08. 3 WSG 5000 2009; 12 WCH 5000 2013 (2011-ht); 7 WIC 3000 2014 (2012-12); 13 World Half Mar 2014; 2 African Champs 5000 2016 (2014-9); 13 OLY 5000 2016. At WXC: 2013-20, 2017-44. 1 South African 10,000 2011 & XC 2012. Coach-Jean Verster In 2018: 1 Potchefstroom 5000/10,000							
142	<b>MASHELE Lesiba</b> RSA	27y	162d	1990	-	61:48 -17	
Full name-Lesiba Precious Mashela // 10,000 pb: 29:06.38 -15. At WXC: 2015-39, 2017-57. 16 African XC 2016 In 2018: 2 South African Trial 10K XC							
143	<b>MOKOKA Stephen</b> RSA	32y	357d	1985	-	60:40 -15	
More than 20 South African titles across three surfaces // Half Mar pb: 2:07:40 -15 (2:32:02 -18), 10,000 pb: 27:40.73 -12 (29:34.56 -18). 5000 pb: 13:11.44 -15 (14:16.09 -18). 1500 pb: 3:38.55 -10. 9 WSG 10,000 2005; 8 World Half Mar 2009/2012 (2008-67, 2014-12, 2016-10); 2 WSG 10,000 2011 (2007-3); 13 WCH 10,000 2011 (2013/2017-20); 1 WSG 10,000 2013 (2 4000); 6 African Games 5000 2015; 1 African Champs 10,000 2016 (2012-8); 18 OLY 10,000 2016. At WXC: 2008-74, 2009-32, 2010-22, 2015-29. 1 South African 1500 2010, 5000 2013/2015/2016, 10,000 2009/2010/2011/2012/2013/2015/2016/2017/2018, 10K 2009/2010/2015, 12K 2010/2015, Half Mar 2008/2009/2011/2012/2013, XC 2014. Lives-Pretoria, student of Sports Management at Tshwane University of Technology. Coach-Michael Seme. 50kg/1.57 tall Marathons (13): 4 Seoul 2010, 3 Pretoria 2011, 2 Shanghai 2011, 49 OLY 2012, 4 Shanghai 2012, 1 Shanghai 2013/2014, 2 Shanghai 2015, 1 Shanghai 2016, 36 Tokyo 2017, 1 Shanghai 2017; 1 Pretoria, Tuks 2018, 7 Pretoria Deloitte 2018. Also helped pace Ostu (Lake Biwa) 2010 & Beijing 2011 In 2018: 1 Bronkhorstspuit 32K; 1 Pretoria Tuks Marathon; 1 Pretoria 5000 (3 10,000); 7 Pretoria Deloitte Marathon; 1 South African 10,000							
144	<b>NGXAZOZO Mbongeni</b> RSA	38y	50d	1980	-	66:47	61:47 -09
Ngxazozo pronounced "Na-zo-zo" // Marathon pb: 2:17:19 -12. 10,000 pb: 28:53.67 -09. 5000 pb: 13:50.49 -07. 36 World Half Mar 2009 (2016-37). At WXC: 2007-81 Marathons (3): 2 Hillcrest 2009, 4 Mossel Bay 2012, 2 Mossel Bay 2016 In 2016: 3 South African XC							



145	<b>GAKURU David</b> RWA	20/21y	1997	-	
At WXC: 2017-62					
146	<b>HAKIZIMANA John</b> BDI	21y	145d	1996	66:20 -17
6 African junior 10,000 2015					
147	<b>HITIMANA Noel</b> RWA	21/22y		1996	67:26 -17
149	<b>SOH Rui Yong</b> SGP	26y	230d	1991	68:38 67:21 -15
Singaporean record holder at half marathon // Marathon pb: 2:24:55 -16. 66 World Half Mar 2016 (2012-72, 2014-93). He is a business administration graduate from the University of Oregon Marathons include: 1 South East Asian Games 2015/2017, 32 Chicago 2016, 14 Singapore 2017					
150	<b>KAMARA Mustapha Eskimo</b> SLE	20y	262d	1997	-
1 Sierre Leone Marathomn 2016 (Makeni)					
151	<b>PUHAR Rok</b> SLO	25y	190d	1992	65:47 -17
Marathon pb: 2:17:49 -17. 10,000 pb: 31:00.18 -14. 5000 pb: 14:22.37 -14. At EXC: 2010-97J, 2011-62J, 2012-7-u23, 2013-66u23, 2014-54u23, 2015-60, 2016-69. 1 Slovenian 10,000 2014 Marathons (3): 14 Hamburg 2017, 68 WCH 2017, 3 Reggio Emilia 2017					
152	<b>ROBLE Abdi Daud</b> SOM	27y	155d	1990	67:22 -17
10 Baghdad Half Mar 2017					
153	<b>WANDERS Julien</b> SUI	22y	5d	1996	60:09 60:09 -18 NR
New Swiss record holder at Half Marathon // 10,000 pb: 28:06.17 -17. 5000 pb: 13:37.48 -17. 18 WJC 5000 2014; 14 EJC 5000 2015. At WXC: 2015-36J. At EXC: 2013 -54J, 2014-16J, 2015-12J. 1 Swiss 5000 2016/2017. He spends six months each year living and training in Kenya – "I have long admired the way the Africans run. It is an example to follow." In 2017 helped pace Monza "Breaking2" Exhibition Marathon in 2017. Coach-Marco Jaeger Won Houilles 10K on December 31, 2017, defeating top Ethiopians Jemal Yimer & Yasin Haji In 2018: 2 Barcelona Half Mar (60:09, a European under-23 record)					
154	<b>SAHAJDA Tibor</b> SVK	27y	96d	1990	66:26 -14
Marathon pb: 2:18:44 -14. At EXC: 2017-59 Marathon (1): 9 Košice 2017					
155	<b>EKVALL Mikael</b> SWE	28y	279d	1989	62:29 -14 NR
Swedish record holder at half marathon // Marathon pb: 2:13:16 -16. 10,000 pb: 28:31.65 -15. 5000 pb: 13:51.70 -14. 15 WJC 10,000 2008; 6 under-23 ECH 10,000 2009; 40 World Half Mar 2014; 16 ECH 10,000 2014; 6 ETCh 5000 2015 (2014-9); 14 ECH Half Mar 2016. At EXC: 2008-48J, 2010-38u23, 2011-27u23, 2014-26, 2017-30. 1 SWE v FIN 10,000 2013; 1 Swedish XC 2013 Marathons (3): 11 Frankfurt 2015, 14 Berlin 2016, 32 WCH 2017 In 2018: 4 Swedish indoor 3000					
157	<b>SHAMSIDINOV Mehrubon</b> TJK	22y	128d	1995	
At WXC: 2017-136					
158	<b>DURDIYEV Shakirjan</b> TKM	25y	today	1993	72:00 72:00 -18
10 Asian Indoor Games 3000 2017					
159	<b>ALICI Yusuf</b> TUR	26y	129d	1991	65:13 65:13 -18
(Alici pronounced "Aller-gee") // 20 WSG Half Mar 2017. At EXC: 2007-29J, 2008-26J, 2009-58J, 2010-86J. 1 European Junior Mountain Running Champs 2009 In 2018: 14 Adana Half Mar; 8 Trabzon Half Mar					
160	<b>KÖMÜR Nuri</b> TUR	24y	256d	1993	65:19 65:19 -18
Marathon pb: 2:27:30 -17. 1 European Junior Mountain Running Championships 2011 (8.5Km with an overall 865m climb). After which he remarked "Forget about running, it was really hard even to walk." At EXC: 2011-105J Marathon (1): 8 Mersin 2017 In 2018: 9 Trabzon Half Mar					
161	<b>ÖZBILEN Kaan Kigen</b> TUR	32y	68d	1986	62:44 59:58 -11
New European Cross Country Champion Allegiance transferee from Kenya – full original name-Mike Kipruto Kigen. Has lived in Turkey since March 23, 2015, gained Turkish citizenship on June 24, 2015 and cleared by IAAF to represent Turkey from June 24, 2016 Marathon pb: 2:06:10 -16. 10,000 pb: 27:03.49 -12. 3000 pb: 7:35.87 -06. 2 African Champs 5000/10,000 2006; 2 WCP 5000 2006; 2 ECH Half Mar 2016. At WXC: 2006-5 long (team gold), 2016-10, 2017-1. 1 Kenyan 5000 2006; 2 "Great" North Run 2014 (right behind Mo Farah). Wife-Violet Chebet, their daughter Shantel born June 29, 2009 Marathons (10): 8 Dubai 2013, 11 Chicago 2013, 7 Paris 2014, 2 Frankfurt 2014, 4 Paris 2015, 3 Amsterdam 2015, 3 Seoul 2016, 17 OLY 2016, 14 WCH 2017, 9 Istanbul 2017. Also paced London 2013 His 2:06:10 from the 2016 Seoul Marathon never stood as a European record, as it was set before he was eligible to represent Turkey (and now it's been bettered by Sondre Nordstad Moen's 2:05:48 in Fukuoka 2017) In 2018: 2 Edinburgh XC; 8 Riyadh Half Mar					
162	<b>TAŞDEMİR Aykut</b> TUR	27y	63d	1991	65:13 65:13 -18
5000 pb: 14:17.11 -14. 22 WSG Half Mar 2015 (2017-25). At EXC: 2011-80u23, 2012-57u23, 2013-65u23 In 2018: 11 Adana Half Mar; 7 Trabzon Half Mar					
163	<b>CHEMONGES Felix</b> UGA	22y	165d	1995	63:40 -15
10,000 pb: 29:18.9 -16. 5000 pb: 14:16.52 -17. 2 Kampala Half Mar 2017					
164	<b>KIBET Moses</b> UGA	27y	1d	1991	64:38 60:44 -17
Eighth at 2015 World Cross Country Championships // 10,000 pb: 28:05.71 -14. 5000 pb: 13:15.18 -11. ht WJC 1500 2008. 1 Commonwealth Youth Games 5000 2008; ht WCH 5000 2009; 4 WJC 5000 2010; ht WCH 5000 2011; 6 African XC 2014; 29 World Half Mar 2014; 11 COM 10,000 2014 (15 5000); dnf WCH 10,000 2015. At WXC: 2009-3J, 2010-5J, 2011-22, 2015-8 Marathons (3): 11 Warsaw 2016, 4 Chuncheon 2016, 8 Chencheon 2017 In 2018: 59 Marugame Half Mar; 21 Lisbon Half Mar					
165	<b>KURONG Moses</b> UGA	23y	260d	1994	60:10 59:50 -17 NR
Full name-Moses Martin Kurong Ugandan Half Marathon record holder (Geoffrey Kusuro is quicker with 59:43 in 2015, but that was on a downhill course) 10,000 pb: 27:22.33 -17. 5000 pb: 13:29.20 -16. 5 WJC 10,000 2012 (7 5000); 4 World Junior Mountain Running Champs 2012; 1 African junior 10,000 2013 (3 5000); 22 OLY 10,000 2016; 18 WCH 10,000 2017. At WXC: 2013-39J. 11 African XC 2016. Member of the Uganda Police Force club. Coach-Benjamin Njia In 2017: 9 Istanbul Half Mar; 6 Hengelo 10,000; 1 Ugandan 5000					

<b>166</b>	<b>MUSOBO Fred UGA</b>	<b>21y</b>	223d	1996	<b>--</b>	<b>63:31 -16</b>
10,000 pb: 29:10.56 -17. 5000 pb: 13:43.83 -17. At WXC: 2015-9J. 3 World Mountain Running Champs 2017						
<b>167</b>	<b>MUTAI Alex UGA</b>	<b>22y</b>	40d	1996	<b>-</b>	<b>64:43 -17</b>
5000 pb: 14:48.2 -16						
<b>168</b>	<b>ROMANENKO Roman UKR</b>	<b>30y</b>	53d	1988	<b>68:03</b>	<b>63:22 -17</b>
Marathon pb: 2:13:08 -15. 10,000 pb: 28:28.54 -12. 19 ECH 10,000 2012; 62 ECH Half Mar 2016; 9 ECP 10,000 2017. 1 Ukrainian Half Mar 2017. At EXC: 2010-29u23, 2013-36, 2016-51 Marathons (3): 1 Bila Tserkva 2014, 4 Bila Tserkva 2015, 11 Vienna 2016 In 2018: 23 Riyadh Half Mar						
<b>169</b>	<b>ZAMORA Ernesto Andres URU</b>	<b>34y</b>	345d	1983	<b>-</b>	<b>65:09 -14</b>
20th in 2017 World Championship Marathon, with a personal best // Marathon pb: 2:16:00 -17 (2:16:26 -18). 10,000 pb: 29:42.15 -17. 58 World 20K 2006; 64 World Half Mar 2008 (2007-64); 7 Ibero-American 5000 2014; 12 World Military Games 5000 2015; 5 South American 10,000 2017 Marathons (5): 16 Seville 2016, 50 OLY 2016, 9 Seville 2017, 20 WCH 2017, 15 Seville 2018 In 2018: 15 Seville Marathon						
<b>170</b>	<b>CHELANGA Samuel USA</b>	<b>33y</b>	29d	1985	<b>60:37</b>	<b>60:37 -18</b>
Full name-Samuel Kiprono Chelanga Allegiance transferee from Kenya – acquired US citizenship on August 14, 2015 and cleared by IAAF to represent the USA from March 2, 2016 Marathon pb: 2:15:02 -17. 10,000 pb: 27:08.39 -10. 5000 pb: 13:04.35i -14, 13:09.67 -12. At WXC: 2017-11. 1 US 12K 2015 & 10M 2015/2016; 1 NCAA XC 2009/20101, 10,000 2010 & 5000 2011; 6 US 10,000 2016; 1 US Clubs XC 2016. Came to US in 2006 on a scholarship arranged by Paul Tergat. Was at Liberty University in Lynchburg, Virginia. Wife-Marybeth, their son Micah (4). His older brother Joshua Chelanga was fourth at the 1999 World Cross Country Championships and was second at the 2002 Commonwealth Games Marathon. Samuel says:“Being an American has opened so many doors for me.” Coach-Brad Hudson Marathons (2): dnf Los Angeles 2016 (US Olympic Trial), 15 Chicago 2017. Also helped paced Monza “Breaking2” Exhibition Marathon in 2017 In 2018: 6 Houston Half Mar; 2 US 15K						
<b>171</b>	<b>ESTRADA Diego USA</b>	<b>28y</b>	102d	1989	<b>61:46</b>	<b>60:51 -15</b>
Allegiance transferee from Mexico – became a permanent resident of the United States in 2000 and gained US citizenship on November 18, 2011, but opted to compete for Mexico at London 2012 and Moscow 2013. He then decided to represent the US and was cleared by IAAF to do so from May 15, 2014 Marathon pb: 2:13:56 -16. 10,000 pb: 27:30.53 -15. 5000 pb: 13:15.33 -13. 21 OLY 10,000 2012; ht WCH 5000 2013. 2 NCAA indoor 5000 2013; 3 NCAA 5000 2013; 1 US 5K 2014; 1 US Half Mar 2015. Was at Northern Arizona University Marathons (3): dnf Los Angeles 2016 (US Olympic Trial), 8 Chicago 2016, 16 Chicago 2017 In 2018: 14 Houston Half Mar						
<b>172</b>	<b>KORIR Leonard USA</b>	<b>31y</b>	104d	1986	<b>-</b>	<b>59:52 -17</b>
Allegiance transferee from Kenya – acquired US citizenship on May 3, 2016 having been resident in the USA since October 2014. Cleared by IAAF to compete for the USA from May 23, 2016 10,000 pb: 27:20.18 -17. 5000 pb: 13:15.45 -13. 14 OLY 10,000 2016; 13 WCH 10,000 2017. At WXC: 2017-20. 1 NCAA indoor 5000 2011; 1 NCAA 10,000 2011; 1 New York Half Mar 2011; 1 US XC / 10K / 15K 2017 (2 10M / 20K). Was a student of Political Science at Iona College, New Rochelle. In 2015 joined the US Army’s World Class Athlete programme, which combines soldiering with competition. Based at Fort Carson in Colorado Springs. His younger sister Vallery Korir is a 34:27.04 10,000m runner He says his sporting hero is Michael Jordan (former basketball player, Olympic Champion in 1984 & 1992) In 2018: 1 Edinburgh XC; 1 US XC; 1 US 15K						
<b>173</b>	<b>LAGAT Bernard USA</b>	<b>43y</b>	102d	1974	<b>62:00</b>	<b>62:00 -18</b>
2007 World Champion at 1500m & 5000m. 2000 Olympic 1500m bronze & 2004 silver for Kenya, now representing the USA 10,000 pb: 27:49.35 -16. 5000 pb: 12:53.60 -11. 3000 pb: 7:29.00 -10. Mile pb: 3:47.28 -01. 1 WSG 1500 99; 2 WCH 1500 2001; 1 African Champs 1500 2002; 1 WCP 1500 2002; 2 WIC 1500 2003; 1 WIC 3000 2004/2010/2012 (2001-6, 2014-2); 2 OLY 1500 2004 (2000-3, 2008-sf); 1 WCH 1500/5000 2007; 2 WCH 5000 2009 (3 1500); 1 IAAF Continental Cup 3000/5000 2010 (3 3000 2014); 2 WCH 5000 2011; 4 OLY 5000 2012 (2008-9, 2016-5); 6 WCH 5000 2013. 1 US 1500/5000 2006/2008/2011 (1 5000 2007/2013/2014). Was at Washington State University where he obtained degrees in both Management Information Systems and Decision Science. Paced Monza “Breaking2” Exhibition Marathon in 2017. Says his last ever track race was the 3000m in Berlin on September 3, 2016 In 2018: 15 Houston Half Mar						
<b>174</b>	<b>WARD Jared USA</b>	<b>29y</b>	195d	1988	<b>62:10</b>	<b>61:42 -15</b>
Sixth in Rio Olympic Marathon, in a personal best // Marathon pb: 2:11:30 -16. 10,000 pb: 28:36.15 -14. 5000 pb: 13:34.74 -14. 26 World Half Mar 2016. 4 NCAA indoor 3000/5000 2014; 1 US 20K & 25K 2015. Based-Provo, Utah. He has a master’s degree in statistics from Brigham Young University, Utah. He wrote a thesis on optimal pacing strategy for the marathon, then ran halves of 66:31 & 66:29 in the 2016 US Olympic Trials where he was third Marathons (7): 19 Chicago 2013, 2 Minneapolis to St. Paul 2014, 3 Los Angeles 2015, 3 US Olympic Trial 2016 (Los Angeles), 6 OLY 2016, 10 Boston 2017, 12 New York 2017 In 2018: 16 Houston Half Mar						
<b>175</b>	<b>ORTA Luis Alberto VEN</b>	<b>29y</b>	68d	1989	<b>63:35</b>	<b>63:35 -18 NR</b>
Full name-Luis Alberto Orta Millan // Marathon pb: 2:18:53 -16. 10,000 pb: 29:01.53 -16. 5000 pb: 13:49.00 -17. 3000SC: 8:42.22 -13. 12 WJC 3000SC 2008. 2 Central American & Caribbean Champs 5000 2011; 12 Pan-Am Games 5000 2011; 5 South American 3000SC 2013; 81 World Half Mar 2014. At WXC: 2007-80J. Was at The University of Kentucky Marathons (9): 2 Missoula 2014, dnf Central American & Caribbean Games 2014, 25 Rotterdam 2015, dnf Pan-Am Games 2015, 25 Rotterdam 2015, 25 Valencia 2015, 26 Rotterdam 2016, 105 OLY 2016, 67 WCH 2017 In 2018: 30 Houston Half Mar						
<b>176</b>	<b>MUGOMERI Jacob ZIM</b>	<b>25y</b>	280d	1992	<b>-</b>	<b>66:33 -14</b>
15 African Champs 10,000 2016. At WXC: 2015-82						
<b>177</b>	<b>BUL Ukuk Uthoo ART</b>	<b>25y</b>	82d	1993	<b>-</b>	<b>-</b>
7 Asian Indoor Games 3000 2017. Fled South Sudan in 2007						
<b>178</b>	<b>AMOTUN LOKORO Paulo ART</b>	<b>26y</b>	82d	1992	<b>-</b>	<b>-</b>
In 2006 he fled to Kenya from the conflict in South Sudan. He began training with the Tegla Loroupe Foundation in Kenya in 2015, after his talent was noticed while in the Kakuma Refugee Camp. Coach-Tegla Loroupe 1500 pb: 4:03.96 -16. ht OLY 1500 2016; 7 World Relays 4x800 2017						

WORLD ALL-TIME LIST

1.....	58:23.....	Zersenay Tadese ERI.....	2010
2.....	58:33.....	Samuel Wanjiru KEN.....	2007
3.....	58:40.....	Abraham Cheroben BRN.....	2017
4.....	58:41.....	Bernard Koech KEN.....	2013
5.....	58:42.....	Bedan Karoki KEN.....	2018
6.....	58:44a.....	Solomon Yego KEN.....	2016
7.....	58:46.....	Mathew Kisorio KEN.....	2011
8.....	58:47.....	Atsedu Tsegay ETH.....	2012
=9..	58:48.....	Sammy Kitwara KEN.....	2011
.....	58:48.....	Jorum Okombo KEN.....	2017

2018 WORLD LIST

1.....	58:42.....	Bedan Karoki KEN
2.....	59:00.....	Jemal Yimer ETH
3.....	59:06.....	Alex Kibt KEN
=4..	59:36.....	Jorum Okombo KEN
.....	59:36.....	Morris Munene KEN
6.....	59:37.....	James Rungar KEN
7.....	59:40.....	Wilfred Kimitei KEN
8.....	59:41.....	Leonard Langat KEN
9.....	59:44.....	Mule Wasihun ETH
10..	59:47.....	Galen Rupp USA