

IAAF WORLD INDOOR CHAMPIONSHIPS

Portland, USA

17-20 March 2016

ENTRY STANDARDS (as approved by IAAF Council in April 2015):

MEN		Event	WOMEN	
Indoor	Outdoor		Indoor	Outdoor
6.65	10.15 (100m)	60m	7.32	11.20 (100m)
46.70	45.10	400m	53.15	51.20
1:46.50	1:44.00	800m	2:02.50	1:58.50
3:39.50 / 3:55.00 (Mile)	3:33.00	1500m	4:13.00 / 4:30.00 (Mile)	4:03.00
7:50.00	7:40.00 / 13:10.00 (5000m)	3000m	9:00.00	8:36.00 / 14:56.00 (5000m)
7.72	13.45 (110mH)	60mH	8.14	12.85 (100mH)
No standard		4x400m Relay	No standard	
2.33		HJ	1.97	
5.77		PV	4.71	
8.18		LJ	6.75	
17.00		TJ	14.30	
20.50		SP	18.10	

ENTRY RULES:

- **Running Events** (except the Relays)
 - Each Member is entitled to enter up to three athletes in each event of the Championships, provided all have achieved the corresponding entry standard.
 - A maximum of two athletes from any Member Federation may compete in each event.
- **Field Events**
 - In the **High Jump** and **Pole Vault**, events shall be held as straight Finals with twelve athletes starting in each event. Entries will be determined by a combination of entry standards and ranking.
 - In the **Long Jump**, **Triple Jump** and **Shot Put**, events shall be held as straight Finals with sixteen athletes starting in each event. Entries will be determined by a combination of entry standards and ranking.
 - In all cases a maximum of two athletes from any one Member may compete in each event.
- **Combined Events**
 - Twelve athletes will be invited by the IAAF in the Heptathlon and in the Pentathlon as follows:
 - the winner of the 2015 Combined Events Challenge

- the five best athletes from the 2015 Outdoor Lists (as at 31 December 2015), limited to a maximum of one per country
 - the five best athletes from the 2016 Indoor Lists (as at 29 February 2016)
 - one athlete which may be invited at the discretion of the IAAF
 - In total no more than two male and two female athletes from any one Member will be invited. Upon refusals or cancellations, the invitations shall be extended to the next ranked athletes in the same lists respecting the above conditions.
- For the **Relays**, there is no entry standard and each Member Federation will be able to enter up to 6 athletes in each team.
- **Unqualified Athletes**
 - Members who have **no male and/or no female qualified athletes** (whether by Entry Standard or by Invitation) in any event may enter one unqualified male athlete OR one unqualified female athlete in a running event. In exceptional cases, and as agreed by the Technical Delegates, entry of unqualified athletes in Long Jump, Triple Jump or Shot Put may be accepted. Applications for such entries must be submitted to the IAAF (events@iaaf.org) no later than 29 February 2016.s
 - If the **host country** does not have a qualified athlete in an event, it may enter one athlete in this event regardless of any Entry Standard (except the Combined Events). For the Field Events, the entry is at the discretion of the Technical Delegates.
- **Age Requirements**
 - **Youth athletes** (any athlete aged 16 or 17 years on 31 December 2016, i.e. born in 1999 or 2000) cannot be entered in the **Men's Shot Put**.
 - **Athletes younger than 16 years** (on 31 December 2016, i.e. born in 2001 or later), CANNOT be entered in any event.

CONDITIONS FOR VALIDITY OF PERFORMANCES:

- Performances must be achieved during the **qualification period** of 1 January 2015 to 7 March 2016 (midnight Monaco time), except for the Combined Events (see above).
- Performances must be achieved during **competitions organised or authorised by the IAAF**, its Area Associations or its National Member Federations. Thus, results achieved at university or school competitions must be certified by the National Federation of the country in which the competition was organised.
- Performances must be achieved during an official competition organised in **conformity with IAAF Rules**.
- Performances achieved in **mixed competitions in track events** will not be accepted. Exceptionally, in accordance with IAAF Rule 147, performances achieved in events of 5000m may be accepted in circumstances where there were insufficient athletes of one or both genders competing to justify the conduct of separate races and there was no pacing or assistance given by an athlete(s) of one gender to an athlete(s) of the other gender under specific circumstances and conditions (see Rule 147).
- **Wind-assisted performances** will not be accepted.
- **Hand-timed performances** in 60m, 100m, 400m, 60m Hurdles, and 100m/110m Hurdles will not be accepted
- For the running events of 400m and over, performances achieved on **oversized tracks** will NOT be accepted