

**WORLD ATHLETICS INDOOR CHAMPIONSHIPS
NANJING, CHN - 19/21 MARCH 2021**

DAY 1 - Friday, Morning, 19 March			
09:35	60m Hep	M	
09:55	60m H Pen	W	
10:15	60m	W	R1
10:25	Long Jump Hep	M	
11:00	400m	M	R1
11:15	High Jump Pen	W	
11:45	400m	W	R1
11:55	Shot Put Hep	M	
12:28	Triple Jump	M	F 1-5
12:30	1500m	W	R1
13:00	800m	M	R1
13:15	Shot Put Pen	W	
13:30	3000m	M	R1
13:54	Triple Jump	M	F 6
DAY 1 - Friday, Afternoon, 19 March			
00:00	Opening Ceremony		
17:55	Triple Jump	M	MC
18:05	Long Jump Pen	W	
18:10	60m	W	SF
18:35	400m	W	SF
19:00	400m	M	SF
19:00	High Jump Hep	M	
19:20	Shot Put	W	F 1-5
19:25	Long Jump	M	F 1-5
19:50	800m Pen	W	F
20:15	3000m	W	F
20:35	Shot Put	W	F 6
20:45	Long Jump	M	F 6
20:55	60m	W	F
21:00	Pentathlon	W	MC

DAY 2 - Saturday, Morning, 20 March			
09:35	60m H Hep	M	
09:55	60m	M	R1
10:35	Pole Vault Hep	M	
10:40	Triple Jump	W	F 1-5
10:50	1500m	M	R1
11:15	3000m	W	MC
11:25	800m	W	R1
11:55	Triple Jump	W	F 6
12:05	Shot Put	W	MC
12:15	60m H	W	R1
12:55	Long Jump	M	MC
DAY 2 - Saturday, Afternoon, 20 March			
17:45	60m	W	MC
17:55	Triple Jump	W	MC
18:05	Pole Vault	W	F
18:10	60m H	W	SF
18:35	60m	M	SF
19:05	800m	M	F
19:10	High Jump	M	F
19:30	1000m Hep	M	F
19:50	400m	W	F
20:10	400m	M	F
20:30	1500m	W	F
20:45	800m	M	MC
20:51	Heptathlon	M	MC
21:05	60m H	W	F
21:10	400m	W	MC
21:20	60m	M	F
21:25	400m	M	MC
21:31	1500m	W	MC

DAY 3 - Sunday, Morning, 21 March			
10:05	60m H	M	R1
10:50	Long Jump	W	F 1-5
10:55	Shot Put	M	F 1-5
11:10	4 x 400m Relay	W	R1
11:35	4 x 400m Relay	M	R1
12:00	Shot Put	M	F 6
12:05	Pole Vault	W	MC
12:21	Long Jump	W	F 6
12:35	3000m	M	F
12:48	High Jump	M	MC
12:54	60m H	W	MC
DAY 3 - Sunday, Afternoon, 21 March			
16:40	60m	M	MC
16:46	Shot Put	M	MC
16:52	Long Jump	W	MC
17:05	60m H	M	SF
17:15	3000m	M	MC
17:25	Pole Vault	M	F
17:30	High Jump	W	F
18:00	800m	W	F
18:35	1500m	M	F
18:50	800m	W	MC
19:30	60m H	M	F
19:40	4 x 400m Relay	W	F
19:45	1500m	M	MC
19:55	4 x 400m Relay	M	F
20:00	High Jump	W	MC
20:06	Pole Vault	M	MC
20:12	60m H	M	MC
20:18	4 x 400m Relay	W	MC
20:25	4 x 400m Relay	M	MC